

# NEW GROUP 16-24YRS



## WHEN

**Thursdays 6pm - 8pm**

**Starts 1st November 2018**

Do you have times when you find your thought processes unhelpful or difficult?

Would you like a supportive non-judgemental atmosphere to chill in?

Would you like to be part of a group who values you for the unique person you are?

Are you bored of the social things already available to you?

Would you like to be part of shaping & developing a new resource for Southampton?

Anxious thoughts, obsessive thoughts, weird, wild or wacky thoughts and anything else that can be thought are all welcome here. If you answered yes to 1 or more of those questions then Creative Options new young peoples gathering is here for you.

We are aiming to provide a supportive, sociable environment, a place where you can just be, relax, take ownership, feel important and access activities at a subsidised cost.

We strive to be member led, so will initially be choosing a name, logo and finding out what people would like to have available on Thursdays.

## WHERE

**Board in the City  
Private Hire Room**

**Onslow Road Southampton**



LOTTERY FUNDED



**COST  
£2 PER WEEK**

**REFRESHMENTS  
INCLUDED**

**CAFÉ ENTRY  
INCLUDED**

**MONTHLY SAT  
BRUNCH**

**ACCESS OTHER  
SUBSIDISED  
ACTIVITIES:**

**SWIMMING  
PHOTOGRAPHY  
ARCHERY  
HORSE RIDING  
TAI CHI  
CHOIR  
ART GROUP  
CANOEING  
COOKERY**

**FOR MORE INFO  
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