



**ALLOTMENT PROJECT**

Community Roots' provides supported volunteering, training and work experience opportunities to people who have experienced homelessness, mental health, alcohol or substance misuse issues.



Meet new people

Opportunities for training, apprenticeships and employment.

Learn new practical skills, and develop existing ones

Outdoor cooking....and eating!



Find out about allotment growing and maintenance



Get some fresh air and exercise

Have fun!!

Nurture hidden talents

Fancy joining in?  
Have a chat with your support worker and they can refer you to the project.



 **Questions??**  
Contact:  
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