

SVS Directory of Local Voluntary/Community Organisations

23rd Itchen North Scout Group

Tracey Felstead
39 Midlands Estate
West End
Southampton
Hampshire SO30 3AD

Tel 023 8047 6176
Fax
E-Mail: tracey.felstead@sky.com
Website:
Operational Times

3rd Itchen North (Bitterne) Scout Group

Keith Marsh
26 Yeovil Chase
Harefield
Southampton
Hampshire SO18 5PA

Tel 02380 490511
Fax
E-Mail: keith@harefieldmarsheswanadoo.co.uk
Website:
Operational Times

The purpose of scouting is to promote the development of young people in achieving their potential - full physical, intellectual, social and spiritual - as individuals, as responsible citizens and as members of their local national and international communities.

424 (Southampton) Squadron Air Training Corps

Commanding Officer
c/o Southampton Hall of Aviation
Albert Road South
Itchen
Southampton
Hampshire SO14 3FR

Tel 023 8022 9707
Fax
E-Mail:
Website: www.fly.to/424sqn
Operational Times
Parade evenings Tuesday & Thursday 7.30 to 9.30pm.

Young Aviation minded people age 13 to 18yrs. Flying, Gliding, Radio, Radar, Air Traffic Control, Simulators, Adventure Training , Sport, Dote Award Scheme.

Abbeyfield U.K. Southampton

Pat Keener
Abbeyfield House
15 Cobbett Road
Bitterne Park
Southampton
Hampshire SO18 1HJ

Tel 023 8058 6317
Fax
E-Mail: abbeyfeild.co.uk
Website: www.abbeyfield.com
Operational Times

Provision of Housing with Care for Independently minded but frail older people. Over 65's who are lonely in their present homes and are not confident enough to continue to live on their own. We provide supported sheltered housing for anyone over the age of 50.

SVS Directory of Local Voluntary/Community Organisations

Above Bar Church

Chris Tuck
Above Bar Street
Southampton
Hampshire SO14 7FE

Tel 023 8022 8275
Fax
E-Mail: office@abovebarchurch.org.uk
Website:
Operational Times

To proclaim the Good News of christ across the City of Southampton and beyond.

A-buzz Parent Forum

Francesca Lambert
31 Foundry Lane
Freemantle
Southampton
Hampshire SO15 3FX

Tel 023 8023 0464
Fax
E-Mail: chair@sotonabuzz.org
Website:
Operational Times

The parent forum aims to be a voice to inform service providers of the needs of disabled children and their families.

It will facilitate two-way communication between parent carers and services used by disabled children, young people and their families in Southampton City. The forum will work to provide feedback on services, offer constructive challenge to current services and input into decision making and planning for future service provision.

Access To Communication

Kirpal Vedwan
Fairways House
Mount Pleasant Industrial Estate
Newtown
Southampton
Hampshire SO14 0SP

Tel 023 8024 1300
Fax 023 8024 1311
E-Mail:
Website:
Operational Times

Access to Communication is Southampton's multi-agency three year project. The main aim is to facilitate effective linguistic cultural communication between individuals and public sector organisations within Southampton.

SVS Directory of Local Voluntary/Community Organisations

Action for Blind People

Jeff Page
Unit 3G Stanley Court
Telford Road
Salisbury
Wilts
Hampshire SP2 7GH

Tel 01722 345450
Fax 01722 416609
E-Mail: jeff.page@actionforblindpeople.org.uk
Website: <http://www.actionforblindpeople.org.uk>
Operational Times

Action for Children

Lindsay Harkett
South Division Horsham Office
158 Crawley Road
Rofey
Horsham
West Sussex RH12 4EU

Tel 01403 225900
Fax
E-Mail: lindsay.harkett@actionforchildren.org.uk
Website: www.actionforchildren.org.uk
Operational Times

To protect the rights and welfare of young people. Provide mentors for young people aged 5 - 17. Provide independent visitors for young people in a secure unit. Provide support to parents whose children are matched to an NCH Mentor.

Advance Housing and Support

Kerry Newton
3 Witan Way
Witney
Oxfordshire OX28 6FE

Tel
Fax
E-Mail: kerry@advanceuk.org
Website: www.advanceuk.org
Operational Times

Our Mission & strategy is to ensure people with a learning disability or Mental Health problem are able to realise their individual potential. Also to provide Housing and/or support services to meet the needs of Individuals and more specifically to provide: Good Quality Housing in all residential settings; support services designed to meet the specific needs of each individual and access to local community facilities and services.

SVS Directory of Local Voluntary/Community Organisations

Age Concern - Hampshire

Mr Chris Perry

Tel 01962 868545

Fax 01962 842358

1 St Cross Road

E-Mail: mail@ageconcernhampshire.org.uk

Winchester

Website:

Hampshire SO23 9JA

Operational Times

Information office open Monday - Friday 10.00 - 4.00

To promote the welfare of the aged in any manner which is now or hereafter may be deemed by law to be charitable within the County of Hampshire. Services and Support in respect of direct help (mainly day care centres), public education and social advocacy - including campaigns, innovation and research, partnership and co-operation - stimulation of & maintenance.

Age Concern - Padwell Road Day Care Centre

Marion Vicente

Tel 023 8022 7166

Fax 023 8022 7166

11 - 21 Padwell Road

E-Mail: padwelldc@padwellageconcern.org
angehome.co.uk

Southampton

Website:

Hampshire SO14 6QX

Operational Times

9.30am - 3.30pm

The centre has 110 places per week. All client are referred via social services. 3 days a week are desionated to meet the needs of mental health and 2 days are mixed abilities. Occupational therapy technicians work at the centre. Support for person centered care. A wide range of activities/bathing/hairedressing/chiroprpy services available.

Age Concern - Southampton

Anne Carty

Tel 023 8036 8636

Unit 1 Ground Floor

Fax 023 8036 8615

1 Saxon Gate

E-Mail: info@ageconcernsouthampton.org.uk

Back Of The Walls

Website:

Southampton

Operational Times

Hampshire SO14 3HA

To promote the relief of elderly people in and around Southampton and help make later life a fulfilling and enjoyable experience. Advice & Information, Visiting/Befriending Scheme, Gardening Services. Agent for Insurance Services. Second Hand Goods Shops. Free computer learning, asian elders centre

SVS Directory of Local Voluntary/Community Organisations

Age Concern - Southampton Drop-in-Centre Asian Elders

Arzoo Igbal
Third Age Centre
11 Cranbury Terrace
Southampton
Hampshire SO14 0LH

Tel 023 8057 7770
Fax
E-Mail:
Website:
Operational Times

For Asians over 55. Provides outings, social gatherings, activity sessions, health talks and advice surgeries, arts and crafts, interpreters and access to literature in mother tongue.

Al-Anon Southampton Group

Joan
c/o Options Clinic, Rear Annexe
147 Shirley Road
Southampton
Hampshire SO15 3FH

Tel 023 8076 9413
Fax
E-Mail:
Website:
Operational Times
Meetings are held on Sunday evenings.

Al-Anon is a network of self- help groups for anyone whose life has been affected by someone else's drinking. First name only and everything is held in confidence. The meetings last about one and a half hours and there is no charge although, as we are a self-supporting organisation, groups do hold a voluntary collection to cover their own expenses and their commitment to Al-Anon as a whole.

All In The Same Boat

Colin Jones
16
Betteridge Drive
Rownhams
Southampton
Hampshire SO16 8LE

Tel 023 81780730
Fax 023 8073 5100
E-Mail: angelajonez@talktalk.net
Website:
Operational Times

Providing motivational experience for UK at risk young people 12 to 25 yearS.

All Saints Womens Group

Eileen Stickland
249 Mansel road west
Southampton
Hampshire SO16 9LP

Tel 023 80776108
Fax
E-Mail:
Website:
Operational Times
Meetings held 1st Thursday of every month at Church Hall, Sedbergh Road, Millbrook 7.30 - 10pm.

Informal meetings, talks, film shows and outings.

SVS Directory of Local Voluntary/Community Organisations

Alpha Training Consultants Limited

Clive Brewster
16-18 Upper Banister Street
Southampton
Hampshire SO15 2EF

Tel 023 8033 9335
Fax 023 8033 9340
E-Mail:
Website:
Operational Times

An OCR and City & Guilds accredited Training and assessment Centre, approved by Hampshire TEC, providing FREE training in Administration to Levels I and II. Also introductions to local companies offering job vacancies to individuals who are over 25 years of age and have been unemployed for more than 6 months. Training in Wordpower/Numberpower can also be provided.

Alzheimer's Society

Ms Lynda Taylor
Glen Lee
Wavell Road
Bitterne
Southampton
Hampshire SO18 4SB

Tel 023 8047 4657
Fax 023 8047 4657
E-Mail:
Website:
Operational Times
9 a.m. to 5 p.m. 24 Hour Answerphone

To provide advice, information and support to people with dementia & their carers; to raise awareness about the disease; offer training; to campaign for improved care & services & to liase with other voluntary and statutory bodies. Support groups for carers of those with dementia: Social Events, Regular Newsletter, Helpline, Information Leaflets.

Amalgamated Asian Association

Mr H Abul
3 Hameldon Close
Millbrook
Southampton
Hampshire SO16 4QL

Tel
Fax
E-Mail:
Website:
Operational Times

Amnesty International Southampton Group

Frances Darch
2 Wilton Cottages
Fletchwood Road
Totton
Southampton
Hampshire SO40 7DX

Tel 023 8086 0368

Fax

E-Mail:

Website:

Operational Times

Monthly meetings are held at St Matthews Hall, St Mary's Road, Southampton every second Monday at 7.30pm.

Group of volunteers campaigning against human rights violations around the world. Fundraising activities, public meetings and social events are organised alongside our regular group activities of letter writing, campaigning and outreach work on themes and issues both current and long term. Speakers, materials and information available.

Amputee and Carer Support in Southampton

Nicola Storer

28 Doveshill Crescent
Redhill
Bournemouth
Dorset BH10 5BT

Tel 023 8079 6039

Fax 023 8079 8558

E-Mail: nicola.storer@suht.swest.nhs.uk

Website: <http://www.>

Operational Times

Art Asia Trust Limited

Vinod Desai
Suite 3
Fairways House
Mount Pleasant Road
Southampton
Hampshire SO14 0QB

Tel 023 8022 6212

Fax 023 8022 0491

E-Mail: admin@artasia.org.uk

Website: www.artasia.org.uk

Operational Times

10.00am - 1.00pm and 2.00pm - 5.00pm

To promote and develop high-quality performance of South Asians Arts, music and dance, enhanced by educational activities to promote a rich and satisfying experience for all.

Arthritis Care

Jane Dodge

22 Twyford Avenue

Southampton
Hampshire SO15 5NP

Tel

Fax

E-Mail:

Website:

Operational Times

Meets on the 1st Monday of each month 7.30pm - 9pm at Sembal House.

To provide monthly social activities/outings for people suffering from arthritis.

SVS Directory of Local Voluntary/Community Organisations

Artswork

Virginia Howorth-Golt
Unit 26, Bargate Shopping Centre
East Bargate

Tel 023 332491
Fax 023 8063 2949
E-Mail: info@artswork.org.uk
Website: www.artswork.org.uk

Southampton
Hampshire SO14 1HF

Operational Times
Mon - Fri, 9.00am - 5.00pm

To make a strategic impact on the level and quality of creative opportunities for young people, especially young people at risk.

ASBAH (Association for Spina Bifida & Hydrocephalus)

Mrs Jo Francis
South East Regional Office
209 Crescent Road

Tel 020 8449 0475
Fax 020 8440 6168
E-Mail: jof@asbah.org
Website:

New Barnet
Hertfordshire EN4 8SB

Operational Times

To offer advice an information and support to those affected by the conditions of Spina Bifida and Hydrocephacus to ensure that they are able to enjoy the best possible quality of life.

Ashby Youth Centre

Ray Pickett

Tel 023 8070 2360

Stratton Road
Shirley
Southampton
Hampshire SO15 5QZ

Fax
E-Mail:
Website:

Operational Times
The centre is open between 6.45 - 9.15pm Monday,
Wednesday and Friday nights.

The Ashby is a purpose built Youth Centre offering information, support and social activities to young people aged 11-25.

Ashby Youth Centre (Southampton City Youth Service)

Martin Watts

Tel 023 8070 2360

Stratton Road Kent Street
Northam
Southampton
Hampshire SO15 5QZ

Fax
E-Mail:
Website:

Operational Times
The centre is open between 6.45 - 9.15pm Monday,
Wednesday and Friday nights.

The Ashby is a purpose built Youth Centre offering information, support and social activities to young people aged 11-25.

SVS Directory of Local Voluntary/Community Organisations

Aspire Community Enterprises (Southampton) Limited

Conroy Williams
Unit 22, Longbridge Industrial Park
Floating Bridge Road
Southampton
Hampshire SO14 3FL

Tel 023 8033 0366
Fax 023 8033 0366
E-Mail: enquiries@aspirecommunity.co.uk
Website:
Operational Times

To provide training & employment to persons that have experienced homelessness.

Association of Wrens - Southampton Branch

Sandra McCall
5 Itchen Avenue
Bishopstoke
Eastleigh
Hampshire

Tel 023 8069 3797
Fax
E-Mail:
Website:
Operational Times
Meet fortnightly on Tuesdays coffee mornings and Thursday evenings. Alternately at British Red Cross Centre, Henstead Road, Southampton.

Serving and ex-members of WRNS or RN welcome.

Aula De Espanol En Hampshire

Marife Mayayo
12 Holly Gardens
West End
Southampton
Hampshire SO30 3RW

Tel 023 80 470887
Fax
E-Mail: marifeturpin@mac.com
Website:
Operational Times

Promote the Spanish language and culture among the children and families of Hampshire.

Avenue Centre

Cliff Bembridge
Avenue St Andrews United Reformed Church
The Avenue
Southampton
Hampshire SO17 1XQ

Tel
Fax
E-Mail:
Website:
Operational Times
The centre opens from 12:30pm - 2:30pm Monday's, Wednesday's and Friday's.

Provides support for single parents / couples with pre school children living in inadequate housing or suffering from other social deprivation.

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Awaaz FM Community Radio

Ali Beg
Third Age Centre
11 Cranbury Terrace

Southampton
Hampshire SO14 OLH

Tel
Fax
E-Mail: info@awaazfm.com
Website: <http://www.>

Operational Times

To serve and educate the minority ethnic people, especially of Afghan, Kashmiri and Pakistani origin.

Azania Womens Forum

Mrs Boma Simon-Hart

17 Cunningham Gardens
Bursledon
Southampton
Hampshire SO31 8JD

Tel
Fax
E-Mail:
Website:
Operational Times

Women Self Help Group

Babyloss

Tel
Fax
E-Mail:
Website:
Operational Times
24 website only

To provide support and information to anyone affected by the death of a baby during pregnancy, birth or shortly afterwards. To support the work of other organisations with similar aims.

BAECE - British Association For Early Childhood Education

David Hart

5 Barton Lane

Barton On Sea
Hampshire BH25 7QP

Tel 01425 612337
Fax 01425 612337
E-Mail:
Website:
Operational Times

Education and the well being for children from birth to 8yrs.

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Bangladesh Jubo Shongo - Southampton

Shere Sottar
19 Violet Road
Bassett
Southampton
Hampshire SO16 3HA

Tel 07990 824961
Fax
E-Mail:
Website:
Operational Times

Helping Bangladeshi Community to mix in with other community organisations and having to be in the focus of mainstream of Southampton Community's. Educating our community for Basics in need.

Bangladesh Welfare Association

53 St Marys Road
Southampton
Hampshire

Tel
Fax
E-Mail:
Website:
Operational Times

As per Constitution.

Barnardo's Children's Rights Service (Southampton)

Jeanie Lynch
52 Seagarth Lane
Southampton
Hampshire SO16 6RL

Tel
Fax
E-Mail:
Website: www.barnardos.org.uk/childrensrights/southampton
Operational Times
Monday - Friday, 9.00am - 5.00pm

Giving children back their future. Provide advocacy. Promote participation and run events on participation.

Baseline - Youth Inclusion Project

Gabriel Boland
135 St. Mary Street
Southampton
Hampshire SO14 1NX

Tel 023 8021 1404
Fax 023 8023 8032
E-Mail:
Website: www.crimeconcern.org.uk
Operational Times
9am-5pm Monday to Friday

Crime Concern: Looking for safer communities

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Bassett, Highfield & Swaythling Community Action Forum

Jenny Arnold
Oak Cottage
Highfield Lane
Highfield
Southampton
Hampshire SO17 1NQ

Tel 023 8055 8647
Fax
E-Mail:
Website:
Operational Times
Contactable most days

Act as a focus for consultation with residents and groups in the forum area. Consider any matters relevant to the community in the Bassett/Highfield area.

Beaumont Society

Danielle Daniels
PO Box 11
Swanmore
Southampton
Hampshire SO32 2ZU

Tel 01489 893451
Fax 01489 893451
E-Mail: ddan282739@aol.com
Website: www.beaumontsociety.org.uk
Operational Times

Provides information, support and help-line 'phones to cross-dressers, transsexuals and their wives/partners/family. Regular monthly magazine and information on all meetings and other events in the southern home counties. Beaumont Society National Information Line - 01582 732936 Web Site - <http://www.Beaumontsociety.org.com> Information specifically for the wives/female partners of TVs/TSS - Phone 0208 274 9243 E-Mail - Wobsuk@aol.com Dorset Area Organiser 0771 887 9969 E-Mail - Plea@plea.screaming.net

Benninton Training Services Limited

Mrs Angie Geary
Southampton Programme Centre
The Bennington Centre
149a High Street
Southampton
Hampshire SO14 2BT

Tel 023 8023 0838
Fax 023 8023 3727
E-Mail: bennington.soton@email.com
Website:
Operational Times

The centre provides advice, information & resources to the unemployed in their job search. Bennington Training also provides commercial training job search & consultancy.

Bevois Social Club (James Street Sheltered Housing)

Tina Collette
138 James Street
Southampton
Hampshire SO14 1PQ

Tel 023 8091 5181
Fax
E-Mail:
Website:
Operational Times

To promote social activities for the over 55's in the Golden Grove area.

SVS Directory of Local Voluntary/Community Organisations

Bevois Town Community Pre-School

Matthew Dean
Care of Bevois Town Primary School
Cedar Road
Southampton
Hampshire SO14 6RU

Tel 023 80331883
Fax
E-Mail:
Website:
Operational Times

To enhance the development and education of children under school age.

Bitterne Community Pre-School

Chair
Bitterne C of E Infant School
Peartree Avenue
Bitterne
Southampton
Hampshire SO19 7BX

Tel
Fax
E-Mail:
Website:
Operational Times

A pre-school providing pre-school education for children aged 2 years nine months to 5 years old.

Bitterne Manor Community Association

Tel
Fax
E-Mail:
Website:
Operational Times
Open meetings quarterly.

Provides information through quarterly newsletters. Premises available for hire for committee meetings, parties. Further information contact Chairman.

Bitterne Park Residents Association

Malcolm Pain
2 Nursery Road
Bitterne Park
Southampton
Hampshire SO18 1NS

Tel 023 8055 7972
Fax
E-Mail:
Website:
Operational Times

The object of the Association is for the benefit and the promoting and safeguarding of the interests of the members. The association is non political. We seek to enhance services for all members of our community with a particular emphasis on youth and older persons.

SVS Directory of Local Voluntary/Community Organisations

Black and Ethnic Tenants Association

Mrs C Browne
c/o Tenants Resource Centre
Ground Floor, Southbrook Rise
4-8 Millbrook Road East
Southampton
Hampshire SO15 1YG

Tel 023 8083 3185
Fax 023 8083 3023
E-Mail:
Website:
Operational Times

To uphold equal opportunities within housing. Encourage employment of ethnic minority housing staff. Supporting projects such as Presentation Housing, Witness Support Project, James Wiltshire Trust.

Black Heritage - Southampton Association

Bev Dowdell
53 Northumberland Road
Newtown
Southampton
Hampshire SO14 0EJ

Tel 023 8061 8805
Fax 023 8036 6488
E-Mail: viv@blackheritage.fsnet.co.uk
Website: www.blackheritage.fsnet.co.uk
Operational Times
Over 55 Lunch Club - Tues. 11-3, Drop-in - Wed. 11-3 & Thurs. 1-3pm. Centre Opens:- Tuesday, Wednesday 9.30-4.30 & Thursday 1-4.30pm.

To identify African Caribbean older people who are isolated in the community - offering support. Enhance awareness of services and facilities that are available to enable clients to maintain their full potential. To act as a resource centre providing information and advice.

Blue Badge Network

Manager
198 Wolverhampton Street
Dudley
West Midlands DY1 1DZ

Tel 01384 257 001
Fax 01384 257 001
E-Mail: headoffice@bluebadgenetwork.org
Website: www.bluebadgenetwork.org
Operational Times
Mon-Fri (9.30 am to 4 pm)

This National Charity keeps Blue Badge Holders (formerly Orange Badge) informed, through quarterly newsletters of Legislation, Information ETC; Parking Badge and Disability Issues

SVS Directory of Local Voluntary/Community Organisations

Books For Children Group - Southampton

Ann Clewlow
Tel 023 221707
Fax
E-Mail:
Website:
Operational Times

Provides information on children's books and related matters through newsletters and magazines. Arranges visits to schools by children's authors, illustrators and poets. Aims to encourage children to develop a love of reading.

Boys Brigade

Mr David Baker
45 Northlands Road
Romsey
Hampshire SO15 5SA
Tel
Fax
E-Mail: david_sandra@btinternet.com
Website:
Operational Times
Groups meet at various churches throughout the City and surrounding areas.

The advancement of Christ's kingdom among boys and the promotion of habits of obedience, reverence, discipline, self-respect and all that tends towards true christian manliness. Youth Groups: 5 to 7 years, 8 to 11 years, 12 to 18 years in various churches in Southampton.

Breathe Easy - Southampton

Dennis Appleby
171 South East Road
Sholing
Southampton
Hampshire SO19 8LQ
Tel 023 8042 1554
Fax
E-Mail: desappy63@sky.com
Website:
Operational Times

Mission statement.

Brendoncare Club Hampshire

Laura Bailey
The Old Malthouse
Victoria Road
Winchester
Hampshire SO23 7DU
Tel 01962 877772
Fax
E-Mail: KSeale@brendoncare.org.uk
Website:
Operational Times

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British Limbless Ex-Servicemen's Association (Southampton, Winchester & District Branch)

Stephen Coltman

Tel 01202 764168

86 East Avenue

Fax

E-Mail: coltman478@talktalk.net

Bournemouth

Website:

Dorset BH3 7DD

Operational Times

Meetings held second Monday in every month (except July, August and December) at Totton and Eling Community Centre, Totton at 10.00am.

Provides advice on all aspects of war disability pensions to limbless Ex-Servicemen and women, help with grants for "physical hardship" where approved, social events.

British Lung Foundation

Hannah Tucker

Tel 020 7688 5575

73-75 Goswello Road

Fax

E-Mail: hannah.tucker@blf-uk.org

Website: <http://www.>

London EC14 7ER

Operational Times

Patient Health Charity which has a Southampton based Self-Help Group

Brookvale Adolescent Service

Elaine O'Donoghue

Tel

Fax

30 Brookvale Road

E-Mail:

Portswood

Website:

Southampton

Operational Times

Hampshire SO17 1QR

To meet the mental health needs of young people, their carers and those professionals involved with them.

BTC Rowing Club

Malcom Hume

Tel 023 8046 4166

9 Burnham Chase

Fax

E-Mail: m.hulme@tiscali.co.uk

Bitterne

Website:

Southampton

Operational Times

Hampshire SO18 5DG

To promote interest in, and provide facilities for amateur rowing. Providing rowing facilities in Southampton for all age groups from 10 year upwards.

SVS Directory of Local Voluntary/Community Organisations

BTCV (British Trust for Conservation Volunteers)

Rachel Moroney
Rangers Depot, Manor Farm Country Park
Pylands Lane
Bursledon
Southampton
Hampshire SO31 1BH

Tel 023 8042593
Fax
E-Mail: hampshire@btcv.org.uk
Website: www.btcv.org.uk/
Operational Times

Advice & support to a network of over 160 community & school-based conservation groups. Free tools loaned to affiliated groups and advice re funding. Help also to people wishing to establish new projects/groups.

Training under the 'Pond Warden' scheme is provided free of charge plus a programme of training in practical conservation, habitat management, surveying, risk assessment and leadership skills. INSET training for schools. Links to 'Green Gym' health promotion activities being established at present.

Burma Star Association (Southampton Branch)

A J Griffiths
5 Springford Close
Aldermoor
Southampton
Hampshire SO16 5JD

Tel 023 8036 2508
Fax
E-Mail:
Website:
Operational Times
Meetings every Wednesday from 11.00 am. At the Ex-Serviceman's club, Archers Road Southampton for social gathering.

Burma Star Association welcomes all holders of The Burma Star Medal or Pacific Star, with "Burma" clasp. Includes all services men and women. Quarterly newsletter and social events throughout the year.

Cancer Care Society

Jane Scarth House
39 The Hundred
Romsey
Hampshire SO51 8GG

Tel 01794 830374
Fax
E-Mail:
Website:
Operational Times

We offer free, confidential counselling, emotional support and practical help to anyone whose life has been touched by cancer. We run centres; warm, welcoming environments which offer free one-to-one counselling, complementary therapies, be-friending & an information library. Head Office 11 The Corn Market, Romsey SO51 8GB Telephone 01794 830300 Fax 01794 518133 E-Mail info@cancercaresuc.demon.co.uk

SVS Directory of Local Voluntary/Community Organisations

Carers Together

Anne Meader/Pilar Callaby
Carers Together Southampton Office
Unity 12 9-19 Rose Road

Tel 023 8020 2623
Fax
E-Mail: pilar.callaby@carerstogogether.org.uk
Website: <http://www.Operational Times>

Southampton
Hampshire SO14 6TE

The charity's objects ("the objects") are to relieve the stresses experienced by carers, as defined the The Carers (Recognition and Services) Act 1995, of people with physical, mental or sensory impairment of illness.

Carers Together In Hampshire

Wendy Stratford
Unity 12 9-19 Rose Road

Tel 01794 519495
Fax 01794 519895
E-Mail: admin@carerstogogether.org.uk
Website:

Southampton
Hampshire SO14 6TE

Operational Times
Now have a freephone number available from 9 am to 11 pm (08000 323456)

The overall aim of Carers Together is to empower and enable carers of all ages, regardless of who they care for, and to co-operate, co-ordinate, represent and express their needs. To involve carers in the consultation, planning, development and implementation of services by public, private and voluntary organisations.

Carr - Gomm Society Limited

Ms Anne Williams
York House, Worthy Road

Tel 023 8051 6542
Fax 023 8067 8375
E-Mail:
Website:

Winchester
Hampshire SO23 7AG

Operational Times

Supported Housing organisation

SVS Directory of Local Voluntary/Community Organisations

Catch 22

Angela Mouland

Tel 023 80476021

Fax

33 Selborne Avenue

E-Mail: Angela.mouland@catch-22.org.uk

Harefield

Website:

Southampton

Operational Times

Hampshire SO18 5DZ

Our vision is for under supported young people to lead secure and fulfilled lives. Supporting young people who are on referral orders when completing their community placements.

Central Counselling and Training Service

Maureen Ashley

Tel 023 8023 7230

New Community Church

Fax

Central Hall

E-Mail: counselling@newcommunity.org.uk

St Mary Street

Website: www.ccts-southampton.org

Southampton

Operational Times

Hampshire SO14 1NF

Provides professional counselling; the values, aims and methods of which are consistent with Biblical teaching. Provides professionally accredited counselling training in partnership with Henley College. To provide counselling and training support to the community regardless of financial status or religious beliefs.

Channel Isles & District Tenants and Residents Association

Paul Hennessey

Tel 023 8039 1131

Fax

23 Guernsey Close

E-Mail: paulhen1@sky.com

Lordshill

Website:

Southampton

Operational Times

Hampshire SO16 9PY

You have the power! Use it or lose it!

Chapter 1 Housing Association

Debera Clock

Tel 023 8023 2450

Miriam House

Fax

132 Hill Lane

E-Mail:

Shirley

Website:

Southampton

Operational Times

Hampshire SO15 5DD

Kingsley House is a housing support project providing housing to 14 single males aged 16-30 years and 8 single parent / pregnant women. A key working system is in operation in order to develop residents independent living skills and or parenting skills.

SVS Directory of Local Voluntary/Community Organisations

Chinese Association of Southampton

Andy Lai
Parish Office
135 St Marys Street
Southampton
Hampshire SO14 1NX

Tel 023 8023 7576
Fax
E-Mail:
Website:
Operational Times

The group will work with the Southampton and surrounding areas to provide benefits to the community. This will be by uniting and representing the interests of the Chinese community; working to improve the quality of life for Chinese through overcoming isolation and through accessing statutory and voluntary services.

Choices 4 Families

Mrs Elaine Rackett
Flat 1, Canberra Towers
Kingsclere Avenue
Weston
Southampton
Hampshire SO19 9JT

Tel 023 8068 5436
Fax 023 8068 5436
E-Mail:
Website:
Operational Times
Meetings are held weekly (term-time only) at a cost of £1.30 per session at the Chamberlayne Leisure Centre, Weston Lane, Weston, Southampton.

We are a support group for families that have children aged 0-16 years. We offer help, support, advice & guidance to the whole family on a wide range of issues & problems.

Choices Advocacy

Charles Hodgson
Croxley House
63 Millbrook Road East
Southampton
Hampshire SO15 1HN

Tel 023 8033 7735
Fax 023 8033 7736
E-Mail: admin@choices-advocacy.org.uk
Website: www.choices-advocacy.org.uk
Operational Times
Mon - Fri, 9.00am - 5.00pm

Choices Advocacy provides trained volunteers who act as independent advocates for those who find it difficult to speak for themselves. Choices provides advocacy to those adults with learning difficulties across South West Hampshire

SVS Directory of Local Voluntary/Community Organisations

CIS (Childrens Information Service)

Lin Clark
68 Commercial Road
Southampton
Hampshire SO15 1GD

Tel 0800 169 8833
Fax
E-Mail: cis@southampton.gov.uk
Website: www.southamptonchildcare.org.uk
Operational Times

CIS is a free service offering information & advice on childcare and services for children in Southampton. We hold details on childcare provision in the city and information on a wide range of subjects affecting children and parents. Information includes childminders, nurseries, pre schools, parent & toddler groups, play schemes, out of school clubs, leisure activities clubs & societies, benefits & finance and support groups.

CIS'ters (Childhood Incest Survivors)

Gillian Finch
PO Box 119
Eastleigh
Hampshire SO50 9ZF

Tel 023 8033 8080
Fax
E-Mail: admin@CIS'ters.org.uk
Website:
Operational Times

Outgrowing the pain, breaking free and healing from childhood experience of being a victim of sexual abuse.

Citizens Advice Bureau - Southampton

Mr Robert Smith
3 Kings Park Road
Southampton
Hampshire SO15 2AT

Tel 023 8022 3659
Fax 023 8023 7284
E-Mail: whatch@sotoncab.org.uk
rsmith@sotoncab.org.uk
Website: www.adviceguide.org.uk
Operational Times
Monday - Thursday, 9.30am - 12.00pm Thursday evening, 4.00pm - 7.00pm Friday - APPOINTMENT ONLY

Provides free, confidential, impartial and independent advice for the citizens of Southampton.

SVS Directory of Local Voluntary/Community Organisations

City Centre Catholic Care

Anne Monaghan
St Joseph's & St Edmond's Parish
14 Rockstone Place

Tel 023 8033 3589
Fax 023 8063 5153
E-Mail: cccc@catholic.co.uk

Website:

Southampton
Hampshire SO15 2EQ

Operational Times

Organises services for elderly people including Sunday Meals on Wheels, Monday Social Club, Wednesday Luncheon Club. ALL WELCOME

City Life Church

Paul Woodman
George Williams House
Cranbury Place

Tel 023 8023 4000
Fax
E-Mail: paulw@citylife.org.uk

Website:

Southampton
Hampshire SO14 0LG

Operational Times

City Life Education & Action for Refugees (CLEAR)

Martin De-Le Haye
George Williams House
Cranbury Place

Tel 023 8022 2271
Fax
E-Mail: mdlh@btinternet.com
Website: www.clearproject.org.uk

Operational Times

Southampton
Hampshire SO14 0LG

Mon - Fri 9am - 5pm For telephone callers Tues,
Thur 7 Fri 9.30am - 3.30pm for public

City Life Education & Action for Refugees (CLEAR) is an initiative by City Life Church in response to the needs of asylum seekers and refugees.

SVS Directory of Local Voluntary/Community Organisations

City Limits Employment

Lydia Wilton

Tel 023 80917585

Fax 023 8070 2857

340b Shirley Road
Shirley

E-Mail: claire.mason@southampton.gov.uk

Website:

Southampton
Hampshire SO15 3HJ

Operational Times

Located opposite side of Atherley Bingo Hall near County Locksmiths - they are on first floor and there is a car park situated behind the offices.

Aims to assist people with physical disabilities, mild to moderate learning difficulties, mental health difficulties and young people leaving care to gain and retain employment and/or training. Provides support to employees and employers to manage issues concerning disability, disadvantage and employment.

City Limits Employment

Christine Crockford

Tel 023 8051 2238

Fax

340B Shirley Road
Shirley

E-Mail: christine.crockford@southampton.gov.uk

Website:

Southampton
Hampshire SO15 3HJ

Operational Times

City of Southampton Swimming Club

George Adamson

Tel 023 8073 8616

Fax

56 Lewis Silkin Way
Lordshill

E-Mail:

Website: <http://www.cossc.org>

Southampton
Hampshire SO16 8FP

Operational Times

Contact Club Secretary for details or come to the Quays on a Thursday evening at 18.30

Provides training for people wishing to undertake competitive swimming and waterpolo. All levels including swimmers with disability. Costs depend on ability and group placed in. Learn to Swim, for young people age 3 upwards, by qualified instructors. Special sessions for Disabled Persons.

SVS Directory of Local Voluntary/Community Organisations

City Reach Youth Project

Nikki Powell
4 Peach Road
Coxford
Southampton
Hampshire SO16 5GA

Tel 0845 415 8423
Fax
E-Mail: Nikki.Powell@bondpearce.com
Website: cityreach@ukonline.co.uk
Operational Times
evening (club nights)

City reach provides activities and support to young people aged 10 to 20 years, living in the inner city areas of St Mary's, Kingsland, Maryfield, Holyrood, & Golden Grove.

Coalporters Amateur Rowing Club

Northam Rd
Northam
Southampton
Hampshire SO14 OQE

Tel 023 8063 6521
Fax
E-Mail:
Website:
Operational Times

To encourage and provide facilities for all members of the community to row and race at regattas.

Cobbett Road Library Toddlers Group

Teresa Lovell
38 Vespasian Road
Bitterne Manor
Southampton
Hampshire SO18 1AZ

Tel 023 8023 0144
Fax
E-Mail:
Website:
Operational Times
Friday, 10.00am - 11.45am

Communicare In Southampton

Eveline Adams
Shirley Baptist Church
Church Street
Shirley
Southampton
Hampshire SO15 5LG

Tel 023 8039 9962
Fax
E-Mail: communicare@shirleybaptist.org
Website: www.shirleybaptist.org
Operational Times
Calls on our answering machine are dealt with the same day Monday to Friday.

Provides practical and supportive care as a neighbour/friend to any disadvantaged person regardless of ethnic origin or creed in the Shirley district. We do not evangelize through this service.

Communication Support Groups - The Stroke Association

Mrs Suzie Maidment
Roman Landing
St Mary's Place

Tel
Fax
E-Mail:
Website:

Southampton
Hampshire SO14 1AU

Operational Times

Weekly groups meeting Tuesdays/Thursdays with fortnightly groups for young Stroke sufferers (under 60 yrs).

Providing support for Dysphasic Stroke sufferers and their families through groups and volunteers. We give help in social communication skills and the effects of Stroke in general.

Community Play Link

Anna Work

Tel 023 8033 5362

Fax 023 8033 5380

164 Northam Road

E-Mail: cplaylink@btconnect.com

Northam Estate

Website:

Southampton

Operational Times

Hampshire SO14 0QF

Toy Library resource store at Northam is open on Tuesdays 9.15 - 1pm.

A voluntary sector umbrella organisation for development and support to Toy libraries and Parent/Carer and Toddler Groups in Southampton. To affiliate to CPL as a Parent/Carer and Toddler Group currently costs £7.50 per year. CPL encourages volunteers to help with its aims and objectives.

Community Support Project

Katrina Amos
Bedford House
Amoy Street

Tel 023 8023 7733

Fax

E-Mail:

Website: www.rethink.org/

Southampton

Operational Times

Hampshire SO15 2DR

Provides a home support service to people who have serious mental health problems and are living in the community. We aim to support people in developing the skills and confidence needed to enable them to become independent of the project.

SVS Directory of Local Voluntary/Community Organisations

Confederation of African Caribbean Organisations

Tony Broome
African-Caribbean Centre
Trinity Road
St. Mary's
Southampton
Hampshire SO14 0BE

Tel 023 8023 8991
Fax
E-Mail: coreen.forbes@southampton.gov.uk
Website:
Operational Times

Enhance the lives of Caribbean people and their descendants in social, education activities in Southampton.

Contact the Elderly

Suzan Hyland
15 Henrietta Street
Covent Garden
London WC2E 8QG

Tel 020 7240 0630
Fax
E-Mail:
Website:
Operational Times

Contact the Elderly is a national charity founded in 1965 which helps relieve loneliness by arranging small group outings one Sunday afternoon a month. Volunteers with cars collect the same one or two members and the group of 6 to 8 elderly guests and volunteers meet for tea in a private house. They visit a different home each month and over the months relationships and friendships develop. We focus on those over 70 who are isolated either because they cannot get out alone or have no friends, relatives or visitors nearby. We also welcome members who would benefit from the warmth of companionship and conversation but may not feel at ease in a club, or lack confidence to use community transport.

Contraception and Sexual Health Service

Level B
Royal South Hants Hospital
Southampton
Hampshire SO14 0YG

Tel 023 80388 901
Fax
E-Mail:
Website: www.southamptonhealth.nhs.uk
Operational Times
12.30pm - 2.00pm

We provide a self referral, non appointment service for all methods of contraception advice and prescription. This also includes free pregnancy testing, referral for terminations, counselling for sexual difficulties, advice and treatment for some STD's. All services are free and confidential.

SVS Directory of Local Voluntary/Community Organisations

Coxford & District Youth Project

Susanne Fletcher
c/o 43 Warren Avenue
Shirley
Southampton
Hampshire SO16 6AH

Tel 023 8077 1524
Fax
E-Mail: scfletc@aol.com
Website:
Operational Times

Street based youth work supporting young people 11-24. Our work takes place in the Coxford, Shirley Warren and Alder Moor area.

Cranstoun Drug Services

Louise Cameron
Unit 1 Delme Court, Maytree Rd,
Fareham
Hampshire PO16 0HX

Tel 023 8063 1527
Fax 023 8022 4428
E-Mail: lcameron@cranstoun.org.uk
Website:
Operational Times

Specialist Drug Treatment Agency

Crime Concern - Mediation & Reparation Service

Volunteer Co-ordinator
c/o Wessex Youth Offending Team
33 Selbourne Road
Harefield
Southampton
Hampshire SO18 5DZ

Tel 023 8038 2300
Fax
E-Mail:
Website:
Operational Times

To work with local partners to prevent crime and create safer communities.

Crimestoppers

Simon Theobalds
St. Bernard's
Shawford
Winchester
Hampshire SO21 2AA

Tel
Fax
E-Mail:
Website:
Operational Times

Providing intelligence to the Police to solve crime, promoting safer communities and better life styles.

SVS Directory of Local Voluntary/Community Organisations

Cruse Bereavement Care - South Hants & Western Sussex Branch

Terry Garvey
135 St Mary Street
St Marys
Southampton
Hampshire SO14 1NX

Tel 023 8023 2500
Fax
E-Mail: southhampshire@cruse.org.uk
Website:
Operational Times
24 HOUR ANSWER MACHINE

Bereavement support and counselling services open to all. All services are entirely free of charge. Telephone and/or one-to-one counselling available. Specialist child counsellors available. Home visits by appointment. Friendship and support groups operate throughout South Hampshire, Chichester and Arun Districts.

Cultural Diversity Advisory Group (Media)

Anver Jeevanjee
132 Bellemoor Road
Shirley
Southampton
Hampshire SO15 7RA

Tel 023 8077 3435
Fax 023 8078 2121
E-Mail: anver.jeevanjee@virgin.net
Website:
Operational Times

To improve the portrayal of minorities in the media.

DAIN - Disability Advice And Information Network

Ms Gail Loynes
Unity 12
9-19 Rose Road
Southampton
Hampshire SO14 6TE

Tel 023 8020 2653
Fax 023 8020 2655
E-Mail: office@dainsouthampton.info
Website:
Operational Times

Deanery of Southampton

Revd Norman Boakes
Maybush Vicarage
Sedbergh Road
Millbrook
Southampton
Hampshire SO16 9HJ

Tel 023 8070 3443
Fax
E-Mail:
Website:
Operational Times

Promotion of Mission of Church of England in City of Southampton

SVS Directory of Local Voluntary/Community Organisations

Department For Social Responsibility - Diocese of Winchester

Jane Fisher
Diocesan Office
Old Alresford Place
Alresford
Hampshire SO24 9DH

Tel 01962 737347
Fax 01962 737358
E-Mail:
Website: www.winchester.anglican.org
Operational Times

The CSR is part of the Diocese of Winchester. Specific aims are to promote, encourage, support and resource parishes, deaneries and the Diocese in becoming involved in social action and the community.

Diabetes UK, Southampton & District Group

Lucy Peacock
Blenheim House
1 Blenheim Road
Longmead Business Park
Epsom
Epsom KT19 9AP

Tel 01372 720148
Fax
E-Mail: South.East@diabetes.org.uk
Website:
Operational Times
holds meetings at Sembal House, The Polygon, on the last Friday of every month at 7.30pm (except December).

To promote the welfare and knowledge of diabetics. Meetings on the last Friday of the month except December.

Dial-a-Ride Southampton

Unit H
Centurian Industrial Estate
Bitterne Manor
Southampton
Hampshire SO18 1UB

Tel 023 8022 2289
Fax 023 8022 2115
E-Mail:
Website:
Operational Times
Open from 9:00am - 1:00pm

A personalised door to door, fully accessible transport service for people with disabilities living in Southampton.

Diocese of Winchester

Ms Jane Fisher
Diocesan Office
Old Alresford Place
Alresford
Hampshire SO24 9DH

Tel 01962 624772
Fax 01962 841851
E-Mail:
Website:
Operational Times

Provides information and support about housing and homelessness to churches and church based initiatives. Promotes locally the work of The Churches National Housing Coalition.

SVS Directory of Local Voluntary/Community Organisations

Disability Awareness Group

Louis Slack
Flat 1, York House
York Close
Northam
Southampton
Hampshire SO14 5RS

Tel 023 8033 8812
Fax
E-Mail: louisslack@aol.com
Website:
Operational Times

The aim of the Disability Awareness Group is to promote opportunities for people with disabilities, impairments or long term illness, as well as their carers to come together for support, information and social activities. The group will provide welfare, health and educational input through presentations/events and activities in Southampton.

Dorcas Project (see S.C.R.A.T.C.H)

Mike Smith
Brooklands Court
First Avenue
Millbrook Trading Estate
Southampton
Hampshire SO15 0LJ

Tel 023 8077 3132
Fax 023 8077 7040
E-Mail: scm2scratch@tiscali.co.uk
Website: www.scratchcharity.co.uk/index.cfm
Operational Times

Helping to relieve the effects of poverty in the Southampton area. DORCAS provides furniture and household items to families and individuals with recognised needs.

Down To Earth Environmental Education Centre

Amanda Toomer
Oasis Academy
Green Lane
Maybushd
Southampton
Hampshire SO16 9RG

Tel 023 8052 2706
Fax 023 8051 2195
E-Mail: amanda.toomer@oasislordshill.org
Website:
Operational Times

Down to Earth is an Education Centre, Farm and Community Garden managed by Southampton City Council for the benefit of schools and the local community. The centre is supported by the Association of Friends of Down to Earth. Voluntary opportunities are always available for members of the community interested in animal care, smallholding, conservation, community gardening, administration and reception duties or assisting with school and other group visits.

SVS Directory of Local Voluntary/Community Organisations

Dreamwall Limited

Brett Rennolds
Unit 2a Imperial Park
Empress Road

Tel 023 8083 9000
Fax
E-Mail: brett@dreamwall.org.uk
Website: <http://www.dreamwall.org.uk>

Southampton
Hampshire SO14 0JW

Operational Times

Dreamwell is a registered charity with the objective to provide social and emotional development to the most vulnerable young people in society through safe, challenging and enjoyable residential courses. Dreamwell believes that residential programmes allow staff the time to more effectively engage and develop positive relationships with vulnerable young people and effect behavioural change. The longer term objective of Dreamwell is to empower vulnerable young people to better engage in education, integrate more effectively into the community and to gain employment.

Dyslexia Action

Katrina Cochrane
Park House
Wick Road
Englefield Green
Egham
Surrey TW20 0HH

Tel 01784 222300
Fax 01784 222333
E-Mail: info@dyslexiaaction.org.uk
Website: www.dyslexia-inst.org.uk

Operational Times

Our mission is to ensure all individuals with dyslexia are identified and educated to reach their level of potential. Assessment and tuition of individuals with dyslexia.

East Bassett Residents Association

Jean Wawman
61 Elmsleigh Gardens
Bassett
Southampton
Hampshire SO16 3GE

Tel 023 8067 8449
Fax
E-Mail:
Website:

Operational Times

To represent the interests of all residents within the association's definitive area. To liaise with Southampton City Council, S.F.R.A.'s, University, Southampton North Neighbourhood Partnership etc. to protect and enhance the residents' quality of life.

Eastleigh Bereavement Service

Patricia Semark-Jullien
485 Bitterne Road East
Bitterne
Southampton
Hampshire SO18 5EQ

Tel 023 8057 8844
Fax
E-Mail:
Website: www.hants.org.uk/ebs
Operational Times

Eastleigh Bereavement Service is a registered charity offering practical help and emotional support to the bereaved. Founded on 1 September 1994 and operating through specially trained teams of support workers. Serves Southampton, east of the river Itchen, as well as the whole Borough of Eastleigh. Help is provided on a free, confidential and one - to - one bases, in response to calls to 023 8057 8844 (co-ordinator).

Eastpoint Centre

Paul Bennett
Eastpoint Centre
Burgoyne Road
Thornhill
Southampton
Hampshire SO19 6BP

Tel 023 8040 2648
Fax 023 8040 2308
E-Mail: eastpoint@eastpointcentre.co.uk
Website: www.eastpointcentre.co.uk/home.htm
Operational Times

Eastpoint Centre is a large community Centre offering community facilities and activities to the Thornhill area of Southampton. It provides a wide range of activities for people who are unemployed in assisting them back to work. Non vocational and vocational courses are tailored to suit local people.

Eating Disorders Carers Group

Ms Joan Wilkinson
30 Peverells Wood Avenue
Chandlers Ford
Eastleigh
Hampshire SO53 2BU

Tel 023 8026 6918
Fax
E-Mail:
Website:
Operational Times
We offer help and advice via the telephone and at our meetings which are held approximately once a month.

We are a friendly, informal group. The area covered is, at present Lymington to Basingstoke, Andover to Eastleigh, including Southampton, Eastleigh, Hedge End etc.

SVS Directory of Local Voluntary/Community Organisations

Empathy

Tel 023 8063 2195
Fax 023 80388580
E-Mail: empathysoton@yahoo.co.uk
Website:
Operational Times

Here to support black and minority ethnic people to support one another, exchange ideas, build networks, and promote positive action, fairness and equality.

Enham

Machael Steel
Eastleigh Community Enterprise Centre
Unit 3 Barton Park

Tel 023 8068 7710
Fax
E-Mail: machael.steel@enham.org.uk
Website: www.enham.org.uk
Operational Times

Eastleigh
Hampshire SO50 6RR

Enham

Lisa Aitken
Enham Place
Enham Alamein

Tel 01264 345821
Fax
E-Mail:
Website: <http://www.>
Operational Times

Andover
Hampshire SP11 6JS

Our mission statement is: Enham seeks to improve equality of opportunity, access to employment, independence and quality of life for disabled people by providing a personalised approach to learning programmes, employment opportunities and range of housing and care options. Supported with charitable donations and ethical commercial activities.

Epilepsy Action - Southampton Branch

David Pendreigh
29 Branksome Avenue

Tel
Fax
E-Mail: southamptonpilepsyaction@live.co.uk
Website: <http://www.>
Operational Times

Southampton
Hampshire SO15 5NX

The aims and objectives of an Epilepsy Action voluntary branch can be summarised as follows: Local forum; Support; Education; Fundraising; Representation; Campaigning and raising awareness locally.

SVS Directory of Local Voluntary/Community Organisations

European Public Information Centre

Elizabeth Russell
Southampton Reference Library
Civic Centre

Southampton
Hampshire SO14 7LW

Tel 023 8083 2958

Fax

E-Mail:

Website:

Operational Times

Open 9.30am-7pm Mon-Fri, and 9.30am-4pm
Saturday.

Provides local easy access to European information for individuals, students, consumers, voluntary groups, employees and employers.

Fairbridge Solent

Robbie Smyth
61-64 High Street

Southampton
Hampshire SO14 2DP

Tel 023 8023 1666

Fax 023 8023 1109

E-Mail: solent@fairbridge.org.uk

Website: www.fairbridge.org.uk/solent

Operational Times

Fairbridge offers a long-term personal development programme that builds confidence, motivation and personal, social and life skills.

Fairisle Infant & Nursery School

Mrs V Claisse

Fairisle Road
Lordshill
Southampton
Hampshire SO16 8BY

Tel 023 8073 1199

Fax 023 8073 9099

E-Mail:

Website:

Operational Times

Fairisle Infant and Nursery School provides a broad and balanced curriculum for children aged 3-7 years. The Community Groups provide daily support, information and play opportunities for parents and children aged 0-3 years.

Fellowship Dialogue Society

Mahmut Gunaydin

18 Augustine Road

Southampton
Hampshire SO14 0PL

Tel

Fax

E-Mail: mgunaydin@fellowshipdialogue.net

Website: <http://www.fellowshipdialogue.net>

Operational Times

To advance and promote inter-cultural, inter-faith and inter-communal dialogue, understanding and appreciation for the benefit of the public in the UK and elsewhere.

SVS Directory of Local Voluntary/Community Organisations

Festival of Britain (Itchen) Community Association

Mr E Hannaford
Festival Hall
Merryoak Road
Bitterne
Southampton
Hampshire SO19 7QR

Tel 023 8044 8538
Fax
E-Mail:
Website:
Operational Times

To promote the well being of the community, organise and run OAP functions.
Hall facilities available for hire during the day, 10:00am - 5:00pm, seats 120 persons.

Filipino Association of Southampton (FAS)

Mr Euri Banez
73 Liverpool Street
Southampton
Hampshire SO14 6FU

Tel
Fax
E-Mail: ebanezph@yahoo.com
Website:
Operational Times

To provide social contact amongst Filipinos living or working in the Southampton Area. By promoting the cultural heritage, education and recreation to all ages.

Firgrove Pregnancy And Post Abortion Centre

Brenda Dittrich
107 Firgrove Road
Shirley
Southampton
Hampshire SO15 3ET

Tel 023 8078 3134
Fax
E-Mail: firgrove@talk21.com
Website: www.careconfidential.com
Operational Times
Mon, Tues, Wed, Fri - 9.30am - 2.30pm
Tues evening (appointment only)

Firgrove offers free pregnancy tests, free and confidential advice for Crisis pregnancy, Pre Abortion and Post Abortion counselling, Miscarriage/baby loss counselling. We also offer free baby equipment and baby clothes for up to six months.

SVS Directory of Local Voluntary/Community Organisations

First Wessex Housing Ltd (part of First Wessex Group)

Sharon Collins
Charlotte Yonge House
Tollgate
Chandlers Ford
Eastleigh
Hampshire SO53 3YP

Tel 023 8068 4300
Fax 023 8061 0460
E-Mail: service.enquiry@phagroup.org.uk
Website:
Operational Times

The Atlantic Housing Group provides a range of housing, care and supporting services including extra care housing, domiciliary care, day centre provision, social and market rental provision, supported housing provision and building grounds maintenance. The group actively supports community projects, including community finance projects such as Credit Unions in Eastleigh and Southampton.

Fitrah Sips LTD

Anas Al-Korj
PO BOX 1600
Southampton
Hampshire SO18 9FE

Tel 023 8000 6000
Fax 023 8000 7000
E-Mail: office@fitrasips.com
Website:
Operational Times

Fitzhugh Residents Association

Yvonne Enright
6 Carlton Road
Southampton
Hampshire

Tel 023 332177
Fax
E-Mail:
Website:
Operational Times

Flautissimo (Southampton Flute Orchestra)

1 Wrights Walk
Lowford
Bursledon
Southampton
Hampshire SO31 8FQ

Tel 023 8040 6822
Fax
E-Mail: baroque.lives@wrightswalk.fsnet.co.uk
Website:
Operational Times
Rehearsals - Fridays in Southampton.

A small flute orchestra; playing concert, alto, bass flutes and piccolos. We play a wide range of music - mainly classical and some light and modern. Minimum standard of grade IV through to diploma level. Regular concerts given. There is no minimum or maximum age limits - all welcome. We aim to raise income for maintaining the orchestra and for charity.

Flower Roads Residents & Tenants Association

Tel 023 8055 9595

Fax 023 8055 9595

E-Mail:

Website:

Operational Times

Hampshire SO16 3BH

You have a copy of our constitution!!

Flower Roads Residents & Tenants Association

Alan Kebbell

Tel 023 80 671091

Fax

29 Carnation Road

E-Mail: alankebbell@gmail.com

Swaythling

Website: <http://www.>

Southampton

Operational Times

Hampshire SO16 3JX

To help the residents and tenants of all ages, sex, creed and religion by improving the quality of life on the estate by working together with Southampton City Council and New Community to provide, where possible, a facility for recreational use and some educational use.

Folk Association of South Hants (FASH)

Mrs Yvonne Ransom

Tel 023 9252 6844

Fax

17 Burton Road

E-Mail:

Fitzhugh

Website:

Southampton

Operational Times

Hampshire SO15 2HZ

Provides information and dates in South Hants of folk clubs, and contact numbers for display teams. Solent Waves published 10 times a year. Events leaflet published annually.

Forest View Family Centre

Stuart Holes

Tel 023 8073 4592

Fax 023 8073 9380

1 Sutherland Road

E-Mail: stuart.holes@southampton.gov.uk

Lordshill

Website:

Southampton

Operational Times

Hampshire SO16 8GA

Social services resource for children and families in west Southampton. Family support, assessment and therapeutic services for families with children aged 0 - 18 referred by field social workers. Please contact Area Office, Oakhill House Tel: 023 8078 3554 for initial referral.

SVS Directory of Local Voluntary/Community Organisations

FOSSTots

Emma Holmes
C/O 3 Onslow Towers
International Way
Weston
Southampton
Hampshire SO19 9NX

Tel 07886 917652
Fax
E-Mail:
Website:
Operational Times

FOSSTots is a parent and toddler group aimed at parents and carers who have children aged under 5 in their area.

Four C's Care Group

Joan Harris
c/o Shearwater Houseboat, Pettinger Gardens
St Denys
Southampton
Hampshire So17 2WL

Tel 023 8077 3384
Fax
E-Mail:
Website:
Operational Times
Meetings twice monthly at Guide Centre, Bassett Avenue.

Self Help Group for people with visual impairment and their carers. Talks, Outings, Theatre Trips as arranged.

Freemantle & Shirley Community Association

Les Grafton
113 King Georges Avenue
Regents Park
Southampton
Hampshire SO15 4LE

Tel 023 8077 4198
Fax
E-Mail:
Website:
Operational Times

Centre available for private hire & regular session groups, meetings etc. Telephone for bookings or write to c/o Mrs I Grant, 117 Firgrove Road, Freemantle, Southampton, SO15 3ET.

SVS Directory of Local Voluntary/Community Organisations

Freemantle and Shirley Amateur Theatrical Society

Terence Windibank
59 Swift Gardens
Woolston
Southampton
Hampshire SO19 9FQ

Tel 023 8068 5643
Fax
E-Mail: terrywindibankcssfl@yahoo.co.uk
Website:
Operational Times
Every Wednesday - 8.00pm - 10.00pm

Freemantle and Shirley Amateur Theatrical Society is formed from a friendly group of people from all areas of Southampton. The aim is to provide constructive development in all areas of craft. To include speech, dance, song, costume, use of sound and listening equipment, creation of scenery and production and direction. Ages from 11-70 male and female, The only restriction is that there is no stage access for wheelchair users.

Friends of RSH Hospital Chapel

John Avery
2 Beech Court
Beech Avenue
Southampton
Hampshire SO18 4TS

Tel 023 8063 8650
Fax
E-Mail: info@friendsRSHchapel.co.uk
Website: http://www.
Operational Times

Friends Of Southampton Diving Academy

Anne Clewlow
9 Northlands Gardens
Southampton
Hampshire SO15 2NL

Tel
Fax
E-Mail: annie.clewlow@btopenworld.com
Website: http://www.
Operational Times

To further the aims and objectives of Southampton Diving Academy (SDA) by offering practical help and support.

SVS Directory of Local Voluntary/Community Organisations

Friends of Southampton Old Cemetery

G Blake
31 Lilac Road
Bassett
Southampton
Hampshire SO16 3DA

Tel 023 80 349414
Fax
E-Mail: fosoc1846@googlemail.com
Website: www.thejacobs.free-online.co.uk/FoSOC/
Operational Times

To assist Southampton City Council to make the Old Cemetery a well managed site where the needs of established wild life and fauna can be balanced with the interests of social history and of visitors enjoying the peace and ambiance in a safe, trouble free environment.

Friends of St James' Park

Nichola Caveney
9 Vinery Road
Southampton
Hampshire

Tel 023 8077 6761
Fax
E-Mail: friendssjp@aol.com
Website:
Operational Times

To maintain and improve the physical and natural environment of the park in liaison with Southampton City Council. Also applying for grants to convert a redundant toilet block into a fairtrade café (with internal access toilets) and to raise awareness of the scheme in the local community.

Friends of The Field

Mr Cevn Vibert
24 Lumsden Avenue
Shirley
Southampton
Hampshire SO15 5EL

Tel 023 8077 7897
Fax
E-Mail: action@shirleypark.info
Website:
Operational Times

To provide, maintain and improve leisure, social, recreational and youth facilities for the community of Freemantle and Shirley so as to develop physical, social and mental skills. To return the sports field, previously "The Civil Service Sports Grounds" back to the community and to plan a 'community hub' on the fields.

SVS Directory of Local Voluntary/Community Organisations

Gingerbread (Southampton)

Sue O'Keefe
c/o 20 Cornel Road
Merryoak
Southampton
Hampshire SO19 7JX

Tel 023 8057 5240
Fax
E-Mail:
Website:
Operational Times

Providing friendship and support for lone parents and their children by having regular meetings, activities and outings.

Girlguiding Hampshire Central

Ms Angela Millin
21 The Cloisters
Fishlake Meadows
Romsey
Hampshire SO51 7RS

Tel 01794 517 124
Fax
E-Mail: angela.millin@ntlworld.com
Website: www.girlguidinghantswest.org.uk
Operational Times
Evenings & Weekends

Strapline: 'Surprise Yourself'

Mission Statement: Girlguiding UK, as part of a worldwide movement, enables girls and young women to fulfill their potential to take an active and responsible role in society through its distinctive, stimulating and enjoyable programme of activities delivered by trained volunteers.

Girlguiding Southampton South

Claire Sheikh
1 Telford Gardens
Hedge End
Southampton
Hampshire SO30 2TQ

Tel 01489 784123
Fax
E-Mail:
Website:
Operational Times

Girlguiding UK, as part of a worldwide movement, enables girls and young women to fulfil their potential to take active and responsible roles in society through its distinctive, stimulating and enjoyable programme of activities delivered by trained volunteer leaders

Godfrey House Trust

Mrs Sithembile Muzamba
Suite 27-28 Royal Mail House
Terminus Terrace
Southampton
Hampshire SO14 3FD

Tel 023
Fax
E-Mail: info@godfrey-house.co.uk
Website:
Operational Times

Regular meetings for all ages including varied children & young peoples activities, football training, keep fit, toddlers group, ladies meetings and Sunday church Services.

SVS Directory of Local Voluntary/Community Organisations

Golden Hour Club

Ms B Elsey

Tel 023 8061 4262

11 Nightingale Avenue

Fax

E-Mail:

Website:

Eastleigh

Operational Times

Hampshire SO50 9JH

A meeting is held on alternate Thursday afternoons

For senior citizens - entertainment, fellowship, outings and funtime.

Groundswell

Julie Powis

Tel 023 8063 1651

PO Box 1379

Fax

E-Mail: info@groundswelltrust.org

Website: www.groundswelltrust.org

Southampton

Operational Times

Hampshire SO14 0YZ

24 hour answer machine

Groundswell is a charity offering befriending and practical support to people living with or affected by HIV and AIDS in the South Hants area. The service is free, confidential and provided by trained volunteers. Home based services

Guide Association - Southampton Central Division

Tel

Fax

E-Mail:

Website:

Operational Times

The aim of guiding is to help girls and young women to develop emotionally, mentally, physically and spiritually so they can make a positive contribution to their community and to the wider world. Guiding offers friendship and fun with a wide range of indoor and outdoor activities. We have openings for Rainbow (aged 5+), Brownies (7+), Guides (10+), Rangers and Young Leaders (14+) and Adult Leaders.

Guide Association - Southampton East Division

Mrs Webster

Tel

Fax

106 Copsewood Road

E-Mail:

Bitterne Park

Website:

Southampton

Operational Times

Hampshire SO18 1QR

Meeting weekly during term time in, Bitterne, Thornhill and Bitterne Park.

Rainbow Guides, Brownie Guides, Guides, Rangers and Young Leaders

SVS Directory of Local Voluntary/Community Organisations

Guide Association - Southampton Itchen Division

Caroline Wright
6 Hounds Road Gardens
Netley Abbey
Southampton
Hampshire SO31 5FW

Tel 023 8045 7386
Fax
E-Mail:
Website:
Operational Times
Meetings are held during term time

Woolston, Hound and Sholing area for Rainbows 5-7 years, Brownies 7-11 years Guides 11-14 years, Rangers 14-26 years.

Guide Dogs For The Blind

Tim Stafford
Chilworth Point 1
Chilworth Road
Chilworth
Southampton
Hampshire SO16 7JQ

Tel 0845 372 7428
Fax 0845 3727486
E-Mail: timstafford@guidedogs.org.uk
Website:
Operational Times

Provides guide dogs to visually impaired people in order to increase their independent mobility.

Gurdwara Nanaksar

Harbans Singh Mudher
3 Peterborough Road
Bevois Valley
Southampton
Hampshire SO14 0HY

Tel 023 8022 6464
Fax
E-Mail:
Website:
Operational Times

To organise activities (educational, leisure and cultural) for members of the organisation and for the benefit of the neighbourhood to bring about good community relations and participate in community events and functions.

Hampshire & Wight Trust for Maritime Archaeology

Gareth Owen
Room W1/95
National Oceanography Centre
Empress Dock
Southampton
Hampshire SO14 3ZH

Tel 023 8023 7300
Fax
E-Mail: gareth.owen@hwtma.org.uk
Website: www.hwtma.org.uk
Operational Times
Weekdays 9am - 5pm Activities and events are often at weekends

The HWTMA will promote interest, research & knowledge of maritime archaeology & heritage in GB with core activities concentrated in the counties of Hants and IOW and the adjacent South Coast areas.

SVS Directory of Local Voluntary/Community Organisations

Hampshire Advocacy / User Group for the Blind and Partially Sighted People

William Keates
75 Keysham Road
Bitterne
Southampton
Hampshire SO19 5EX

Tel 023 8049 3389
Fax
E-Mail: hampshireadvocacy@yahoo.co.uk
Website: www.hants.gov.uk/hampshireadvocacy/
Operational Times

A group of blind and partially blind people, working for and on behalf of the blind. Dealing with Educational, Employment, Health, Transport, & Communication based on safety, mobility and relief of isolation issues.

Hampshire Advocacy Regional Group

Diana Farmer
Portman House
53 Millbrook Road East
Southampton
Hampshire SO15 1HN

Tel 023 8071 5679
Fax
E-Mail: admin@hampshireadvocacy.org.uk
Website:
Operational Times

To support and develop an independent advocacy movement in Hampshire, Portsmouth and Southampton, for the benefit of those who are disadvantaged, particularly those whose need arises from their age, ill health or any form of disability. To raise the profile and status of independent advocacy by increasing awareness and promoting good practice. To provide a forum for the exchange of support, information and resources to members.

Hampshire Asbestos Support & Awareness Group

Diane McLellan
79 Radstock Road
Woolston
Southampton
Hampshire SO19 2HT

Tel 023 80010015
Fax
E-Mail: diane@hasag.co.uk
Website:
Operational Times

To provide support for sufferers and their families affected by asbestos related disease. To campaign for better information, treatments and all round care of patients. To raise awareness in order to protect and prevent asbestos exposure and disease in the future. Support of sufferers and their families.

SVS Directory of Local Voluntary/Community Organisations

Hampshire Association for Counselling

Kate Dawson-Taylor
Tel 01329 663611
Fax
E-Mail:
Website:
Operational Times
monthly meetings

Provides information, support and networking for counsellors through regular newsletter and monthly meetings. Provides an up-to-date directory of qualified counsellors on request and in outlets such as Libraries, Citizens Advice Bureau's, Employee Support Lines etc.

Hampshire Association Toy Appeal with the Mayor for Family Therapy and Systemic Practice

Marilyn Frost
C/o Brookvale
30 Brookvale Road
Southampton
Hampshire SO17 1QR
Tel 023 8058 6154
Fax 023 8058 1993
E-Mail:
Website:
Operational Times

Hampshire Association for Family Therapy and Systemic Practice is a branch of the Association for Family Therapy UK (AFT). We are a voluntary organisation run by a small committee. Our aim is to promote and support family and systematic practice in the Hampshire and surrounding region. Our main method is through our training programme of 4 workshops per annum, which are advertised for professionals in the region.

Hampshire Autistic Society - Fareham

Kerry Preston
1634 Parkway
Solent Business Park
Whiteley
Fareham
Hampshire PO15 7AH
Tel 01489 880881
Fax 01489 880890
E-Mail: kerry.preston@has.org.uk
Website: www.has.org.uk
Operational Times
9.00am - 5.00pm

To provide a range of specific services for people with autistic spectrum disorder.

SVS Directory of Local Voluntary/Community Organisations

Hampshire Buddhist Society

Rosalind Dean

Tel 023 8042 2430

15 St Annes Gardens

Fax

Woolston

E-Mail:

Southampton

Website:

Hampshire SO19 9FJ

Operational Times

Meetings are held on the 1st and 3rd Thursdays of each month at 7:30pm at the Friends Meeting House, 1a Ordnance Road (off London road), Southampton.

The object of the society is to make known the principles of Buddhism and to encourage the study and application of those principles.

Hampshire Conservation Volunteers

Hugh Corry

Tel 023 8039 7928

Inchmery

Fax

71 Wilton Crescent

E-Mail: mail@hcv.org.uk

Shirley

Website: www.hcv.org.uk

Southampton

Operational Times

Hampshire SO15 7QG

Sat or Sun, 10.00am - 5.00pm

A friendly dynamic group making a practical contribution to nature conservation in Hampshire and occasionally further a field. Every weekend we gave up our free time to undertake practical tasks such as woodland management, coppicing, path work, heath and down land management, hedge-laying, pond restoration and tree planting. The work carried by our group would otherwise not be done. New volunteers are always welcome.

Hampshire County Scout Council

Mr M J Hopkins MBE

Tel 023 8084 7847

The County Office

Fax 023 8084 0789

Ferry Crofts

E-Mail: county.office@scouts-hants.org.uk

Beaulieu

Website: www.scouts-hants.org.uk/Portal/

Brockenhurst

Operational Times

Hampshire SO42 7YQ

Scouting is an international youth movement that welcomes members from all social backgrounds, faiths and cultures. The aim of the Scout Association is to promote the development of young people in achieving their full physical, intellectual, social and spiritual potentials, as individuals, as responsible citizens and as members of their various communities. Scouting, through its leaders, offers young people fun, friendship and excitement, by providing an enjoyable and attractive scheme of progressive training. For further information on the nearest group in your area, please ring on above contact number.

Hampshire Dyslexia Association

H Harvie

Tel

Fax

The Orchard

E-Mail: help@hantsda.org.uk

White Hart Lane

Website: www.hantsda.org.uk

Basingstoke

Operational Times

Hampshire RG21 4AF

Monday - Thursday, 10.00am - 12.00pm
Tuesday, 10.00am - 2.30pm

The Hampshire Dylexia Association aims to raise public awareness of dylexia and help children, their families and adults with dyslexia. The association operated a helpline which is available to everyone living in Portsmouth, Southampton and Hampshire. We respond to requests for advice and support from people with dyslexia, educators, employers and other professionals. Public meetings and workshops are arranged and the HAD participates in information days. There is no charge for the advice and support offered.

Hampshire Family Mediation

Andrew Campbell

Tel 023 9271 7488

Fax 023 9243 3358

58 Northern Road

E-Mail: manager@hantsmed.org.uk

Cosham

Website: www.hantsfamilymediation.org.uk

Portsmouth

Operational Times

Hampshire PO6 3DT

9.00am - 5.00pm

To alleviate hardship and distress caused by the breakup of marriage and family; and to preserve and protect the health both mental and physical of adults and children involved in the breakup of marriage and family providing a mediation service to families in order to resolve or reduce conflict particularly in relation to parental separation or divorce.

Hampshire Friends With M.E.

Vicky Mould

Tel

Fax

PO Box 544

E-Mail: vickymould26@talktalk.net

Eastleigh

Website:

Hampshire SO50 0EY

Operational Times

County-wide support group and registered charity established to help, inform and support people who have M.E./Chronic Fatigue Syndrome in Hampshire and the Isle of Wight

SVS Directory of Local Voluntary/Community Organisations

Hampshire Scouts

Dr Ian Mason-Smith
Hollybush Cottage
Barrack Lane
Crow Hill
Ringwood
Hampshire BH24 3DG

Tel 01425 473949
Fax
E-Mail:
Website:
Operational Times

Hampshire Somali Community

Mohamed Mohamud
23 Kings House
Lime Street

Southampton
Hampshire SO14 3DB

Tel 023 8023 5502
Fax
E-Mail: mohameds12@hotmail.com
Website:
Operational Times

Hampshire Somali Welfare Association

Mr Nor Gure

107 St. Mary's Road

Southampton
Hampshire SO14 0AN

Tel 023 8022 3693
Fax
E-Mail: norgure@hotmail.com
Website:
Operational Times

To work in Hampshire to support Somali people through education, health and social welfare.

Charity status being applied for, constitution agreed.

Hampshire Tamil Association

Hampshire Tamil Association
38 Burley Road

Winchester
Hampshire 6LJ

Tel 023 8077 4871
Fax
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Hampshire Wheelchair Sports Club

Annette Marsh
32 Northern Parade
Hilsea
Portsmouth
Hampshire P02 8ND

Tel 023 92643409
Fax 023 92350322
E-Mail: flossie@nursery99.freeserve.co.uk
Website:
Operational Times

Promotion of Hampshire Harriers Wheelchair Basketball Team. Supporting all Wheelchair Sports. Playing and training of wheelchair basketball. Tam playing in National League (Division 3 South). Offering demonstration of wheelchair basketball to schools/colleges/other groups.

Hamwic Housing Co-operative

Andrea Allam
Suite 23, Lowmans House
80 Portswood Road
Southampton
Hampshire SO17 2FW

Tel 023 8067 2419
Fax
E-Mail: hamwichehousingcoop@btinternet.com
Website:
Operational Times

Housing for members under co-operative principle
Not trade for profit
Affordable housing for single people with no dependents, in housing need, over 18. Rub by members (who are all tenants or prospective tenants) on a voluntary basis

Hamwic Housing Co-operative Limited

Andrea Allam
Suite 23, Lowmans House
80 Portswood Road
Southampton
Hampshire SO17 2FW

Tel 023 8067 2419
Fax 023 8067 2419
E-Mail: hamwichehousingcoop@btinternet.com
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Hamwic Speakers

Ken Amy
Room 402
Bellemoor Road
Tauntons College
Southampton
Hampshire SO15 7RL

Tel 023 80 775354
Fax
E-Mail: hamwic.speakers@gmail.com
Website:
Operational Times

the mission of Hamwic Speakers Club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster self-confidence and personal growth.

Harefield Community Pre-School

Yeovil Chase
Bitterne
Southampton
Hampshire SO18 5NZ

Tel 023 8047 1134
Fax
E-Mail: tinkerpream@yahoo.co.uk
Website:
Operational Times
9.00am - 11.30am & 12.15pm - 2.45pm

Teaching under 5 year olds learning through play.

Headway Southampton

Peter Cotton
120 Commercial Road
Totton
Southampton
Hampshire SO40 3AD

Tel 023 8086 2948
Fax
E-Mail: manager@headway-southampton.org.uk
Website:
Operational Times

We provide rehabilitation and day care for people with acquired brain injury, support for their families and carers and a range of specialist services.

Hearing Dogs for Deaf People

Penny Shergold

Tel
Fax
E-Mail: shergoldpk@ntlworld.com
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Herbert Collins Estate Residents Association

Ray F. George
75 Bassett Green Road
Swaythling
Southampton
Hampshire SO16 3DW

Tel 023 8055 6056
Fax
E-Mail: hcera@talk21.com
Website: www.herbertcollins.co.uk
Operational Times

Association membership is open to all adult residents of the Ethelburt Avenue (Bassett Green Estate) Conservation Area and Summerfield Gardens. It aims to advance and protect the interests of the residents, to preserve the amenities of the district and to promote cultural and social activities. It distributes a newsletter to residents 4 times a year.

Highfield After School Club

Melody Knight
Highfield C E Primary School
Hawthorn Road
Southampton
Hampshire SO17 1PX

Tel
Fax
E-Mail: highfieldafterschoolclub@hotmail.co.uk
Website:
Operational Times

After School Club for children aged 5-11 during term time from 3.15 - 6.00 pm. Children are provided with a variety of activities plus a small snack which is included in the session fee of £5.25. Please ring for further information.

Highfield Residents Association

Jerry Gillen
4 Woodstock Drive
Highfield
Southampton
Hampshire SO17 1WY

Tel 023 8058 6236
Fax
E-Mail: jerrygsoton@talk21.com
Website: www.highfieldresidents.org.uk
Operational Times
9.00am - 10.00pm

We are a local residents association with a large and active membership. Our aims are to protect our environment and serve our community whilst promoting and safeguarding the interests of members, improve the quality of the local environment and its amenities. For Southampton in general and Highfield in particular we hold Committee Meetings on the second Monday of every month 7.30pm at the University Staff Club. Members welcome.

SVS Directory of Local Voluntary/Community Organisations

Holly Hill Neighbourhood Association

Peter Etheridge
34 Holly Hill
Bassett
Southampton
Hampshire SO16 7EW

Tel 023 8076 7982
Fax
E-Mail:
Website:
Operational Times

To safeguard/promote the interests of residents re the character and environment of the neighbourhood but not exclusively with regard to planning applications

Holy Family Out Of Hours Club

Margaret Bridle
Mansel Road West
Southampton
Hampshire SO16 9LP

Tel 023 773264
Fax 023 512497
E-Mail:
Website:
Operational Times

Running a Breakfast and After School Club for children aged 4 to 11 in the Millbrook area.

Holy Family Pre-School

Janet Wyatt
c/o Holy Family Pre-School
Mansel Road West
Millbrook
Southampton
Hampshire SO16 9LP

Tel 023 80399675
Fax
E-Mail: holyfamilypreschool@yahoo.co.uk
Website:
Operational Times
School term dates only 8.45am - 11.45am and 12.15 -15.15 Monday to Friday

Aim is to provide a happy, safe, educational, environment, where children below compulsory school age can learn through play and encouragement. Children are respected, valued and nurtured irrespective of ability, ethnic origin or religion.

Holyrood Estate Residents and Tenants Association

Lynda Walton
14 Canute House
King Street
Holyrood
Southampton
Hampshire SO14 3DG

Tel 023 8023 3576
Fax
E-Mail:
Website:
Operational Times
9.00am - 4.00pm

For the promotion of the interests of all residents; promotion of their rights; and improvement of housing conditions, amenities and the environment.

SVS Directory of Local Voluntary/Community Organisations

Homeless Healthcare Team

Ann Duell
30 Cranbury Avenue
Newtown
Southampton
Hampshire SO14 OLT

Tel 023 8033 6991
Fax 023 8033 0408
E-Mail:
Website:
Operational Times

The Team provides a primary healthcare service to homeless people who are not registered with a local GP and are living in the city. The team also offers screening, family planning advice, a health visiting service and a specialist mental health service.

Home-Start Eastleigh

Mary Diaper
ECS House
16 Romsey Road
Eastleigh
Hampshire SO50 9AL

Tel 023 8061 2310
Fax 023 8061 0135
E-Mail:
Website:
Operational Times
8.30am - 4.00pm

Home-Start Eastleigh provides trained volunteers to work alongside families in their own homes, offering friendship, support some practical help to families under five years in the Borough of Eastleigh and Southern Test Valley South.

Horticultural Therapy Project

Rachel Hampton
Mayfield Nurseries
Mayfield Park, Weston Lane
Weston
Southampton
Hampshire SO19 9HL

Tel 023 8044 7743
Fax
E-Mail: rhampton@solentmind.org.uk
Website:
Operational Times

Humanists - South Hampshire

Ann Bothwell
11 Glenwood Avenue
Bassett
Southampton
Hampshire SO16 3PY

Tel 023 8076 9120
Fax
E-Mail: bthwll@globalnet.co.uk
Website:
Operational Times

Promotes an awareness and understanding of humanism. Arranges non-religious humanist weddings, baby namings and funerals. Talks, discussions, study groups and social gatherings. Affiliated to the British Humanist Association.

SVS Directory of Local Voluntary/Community Organisations

Huntington's Disease Association

Eve Payer
PO Box 528

Eastleigh
Hampshire SO50 0ED

Tel
Fax
E-Mail:
Website:
Operational Times

IBEX - The Churches Working with the Economy - Central South Coast

David Wrighton

34 Chalvington Road
Chandlers Ford
Southampton
Hampshire SO53 3DX

Tel 023 8026 1146
Fax
E-Mail: davidwrighton34@btinternet.com
Website:
Operational Times

Provides support for the private sector and other organisations with a view to benefiting individuals and communities with social and economic inclusion. Help people connect with each other and work with partnerships and businesses.

Independent Age

Jane O'Kelly

45 Bishops Way

Andover
Hampshire SP10 3EH

Tel 01264 363487
Fax 01264 363487
E-Mail: okelly@clara.co.uk
Website: www.independentage.org.uk
Operational Times

Provides small additional income for life to elderly or infirm people from professional or managerial backgrounds who are on low incomes to remain in their own homes for as long as possible and then in the residential or nursing home of their choice.

Indian Welfare and Cultural Association

Chain Mundra

Onslow Road/Cranbury Avenue
Newtown
Southampton
Hampshire SO14 OLR

Tel 023 8023 2220
Fax 023 8023 2220
E-Mail:
Website:
Operational Times

Support and assist community mainly from Indian Sub-Continent. Issues those may arise in their everyday life and specially when they are unable to deal with problems themselves. Welfare rights, housing, form filling, reading and writing letters and other materials, schooling and much more.

SVS Directory of Local Voluntary/Community Organisations

Involvement South East

Marisa McClelland

Tel

Fax

PO BOX 1693

E-Mail: marisa@learningcurve.org.uk

Website:

Southampton

Operational Times

Hampshire SO15 9DR

Isizwe Sakwethu Cultural Promotions

Sazini Malaba

Tel

Fax

130 Chelveston Crescent

E-Mail: isizwesakwethu@yahoo.co.uk

Website:

Lordshill

Operational Times

Southampton

Hampshire SO16 5SD

To organise accessible cultural activity workshops in Zimbabwean music and dance.

Itchen South District Scout Campsite

Dr. A Wood

Tel 023 8040 5151

Fax 023 8040 7425

Cricket Camp, Manor Farm Country Park

E-Mail: aileen.wood@isdsc.org.uk

Website: www.isdsc.org.uk

Pyelands Lane, Bursledon

Operational Times

Southampton

Hampshire SO31 1BH

Evenings and Weekends

The purpose of Scouting is to promote the development of young people in achieving their full physical, intellectual, social and spiritual potentials, as individuals, as responsible citizens and as members of their local, national and international communities.

The Scouting Method provides an enjoyable and attractive scheme of progressive training, based on the Scout Promise and the Law, which is guided by adult leadership.

James Street Church

Mr A. Strudwick

Tel 023 8034 3667

Fax

11 Fair Green

E-Mail:

Sholing

Website:

Southampton

Operational Times

Hampshire SO19 8QW

SVS Directory of Local Voluntary/Community Organisations

James Wiltshire Trust

Phil Simmons
P O Box 566

Tel 023 8055 9818
Fax
E-Mail: pdazzler@excit.com
Website:
Operational Times

Southampton
Hampshire SO14 3XJ

The James Wiltshire Trust is an African-Caribbean registered voluntary charitable organisation who works specifically in the mental health field. The Group primarily research, publicise and disseminate the needs of black and ethnic minorities in Hampshire and Southampton in particular.

Jamies Computer Club

Kasia Miadowicz
Unit 33 - Mount Pleasant Industrial Estate
Mount Pleasant Road
Northam
Southampton
Hampshire SO14 0SP

Tel 023 8063 2198
Fax
E-Mail: info@jamiescomputerclub.org.uk
Website: www.jamiescomputerclub.org.uk
Operational Times

At Jamie's Computer Club we reuse, refurbish and recycle commercial and domestic computer equipment in order to provide training and experience to homeless people. We are part of the Society of St James, a registered charity in Southampton providing accommodation with care and support to homeless and vulnerably housed people.

Jobcentre Plus

Tracy Hobson
Wynnstay House
121 High Street
Cosham
Portsmouth
Hampshire PO6 3DR

Tel 023 9230 4838
Fax
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Jubilee Sailing Trust

Judith Cordery

Tel

Fax

14 Arrow Close

E-Mail: bartolipj@hotmail.com

Woolston

Website:

Southampton

Operational Times

Hampshire SO19 9TR

Mon - Fri 8.30am - 5.30pm

The Jubilee Sailing Trust (JST) is a UK charity established in 1978, with over 40 branches throughout Britain, Europe and the Caribbean. The aim of the JST is to promote the integration of physically disabled and able bodied men and women through the challenge & adventure of tall ship sailing at sea. All voyage crew play an active part in running and sailing the ships, irrespective of ability, disability age and gender.

Juvenile Diabetes Research Foundation

Sue Perrin

Tel 023 8061 6659

South Coast Regional Office

Fax

59a Leigh Road

E-Mail:

Website: www.jdrf.org.uk

Eastleigh

Operational Times

Hampshire SO50 9DF

To find a cure for juvenile diabetes.

Kanes Hill Gypsy & Traveller Play Project

Southampton Childrens Play Association
Offices

Tel

Fax

9 Acorn Workshops

E-Mail:

Empress Road

Website:

Southampton

Operational Times

Hampshire SO14 0JY

Kasbia Knights - "Music 4 All Ears"

Dharampal Kasba

Tel

Fax

59 Northbrook Road

E-Mail:

Newtown

Website:

Southampton

Operational Times

Hampshire SO14 0BT

Tackle anti-social behaviour, work with the youth. Promote community spirit from doing bad things.

SVS Directory of Local Voluntary/Community Organisations

Kathakali - Indian Dance Drama Company

Barbara Vijayakumar
1 Holland Road
Woolston
Southampton
Hampshire SO19 9FW

Tel 023 8042 0114
Fax 023 8044 4468
E-Mail: info@kathakali.net
Website: www.kathakali.net
Operational Times
Daytime 9am - 5pm

Raise Awareness of Asian Culture through the arts. Provide workshops performances and exhibitions nationally and internationally of classical Kathakali Dance and Drama from Kerala, South India.

Keeping Pace with Pain

Stephen Beal
60 Mon Crescent
Bitterne
Southampton
Hampshire SO18 5QU

Tel 023 8046 5019
Fax
E-Mail:
Website:
Operational Times

To help people deal with chronic pain. Anyone who suffers from pain is able to attend our meetings, whatever age, it is open to anybody. We usually have speakers at our meetings and our aim is to help and meet with each other.

Kingsland Residents Association

Jacque Honeywell
Kingsland Community Centre
Broad Green
Kingsland
Southampton
Hampshire SO14 1LF

Tel 023 8033 8880
Fax
E-Mail:
Website:
Operational Times

Community centre working with the community.

Kudos Employment

Tel
Fax
E-Mail:
Website:
Operational Times

The relief of persons with learning disabilities by the provision of such training facilities as will enable them to acquire and develop vocational skills, which will enhance their employment prospects. Kudos is a registered Charity working across Hampshire to enable people who have learning disabilities to experience work, make informed decisions about job opportunities, gain employment, have a fully supported service at work and stay employed.

SVS Directory of Local Voluntary/Community Organisations

Ladder4Learning

Amanda Bowens
Saltmakers House
Hamble Point Marina
School Lane
Southampton
Hampshire SO31 4NB

Tel 023 8045 8659
Fax
E-Mail: enquiries@ladder4learning.org.uk
Website: www.ladder4learning.org.uk
Operational Times
8am - 5pm

Supporting learning in the voluntary and community sector.

Learning & Skills Council Hampshire & Isle Of Wight

Shirley Simpkins
Eagle Point
Little Park Farm Road
Segensworth
Fareham
Hampshire PO15 5TD

Tel 01489 558610
Fax 01489 558600
E-Mail: stephanie.semmence@lsc.gov.uk
Website:
Operational Times

Learning Links (Southern) Ltd

Abigail Withey
First Floor
2A The Hard

Portsmouth
Hampshire PO1 3PU

Tel 023 8046 5382
Fax
E-Mail: aw@learninglinks.co.uk
Website: www.learninglinks.co.uk
Operational Times
Mondays - Fridays 8.30am - 5.30pm

Working together for positive change

Leukaemia Busters

Dr David J Flavell
Suite 2, Canute Chambers
Mail Point 3
Southampton General Hospital

Southampton
Hampshire SO16 6YD

Tel 023 8063 6607
Fax 023 8063 6609
E-Mail: sherieve@leukaemiabusters.org.uk
Website: www.leukaemiabusters.org.uk
Operational Times

Research into the cause and treatment of Leukaemia & Lymphoma, including provision, staffing and maintenance of a laboratory at Southampton General Hospital

SVS Directory of Local Voluntary/Community Organisations

Leukaemia Research Fund (Southampton Branch)

Diane Bright

Tel 023 8086 4517

Fax

15 Huntingdon Close

E-Mail:

Totton

Website:

Southampton

Operational Times

Hampshire SO40 3NX

Meetings once a month. Please ring 023 8086 4517 for details of venue.

Organises fund raising activities to raise money for research into Leukemia. Supports local Doctors and Hospitals.

Life Changes Counselling Service

Polly Clark

Tel 023 80405569

Fax

10 Serle Gardens

E-Mail: lifechanges1@btinternet.com

Totton

Website: www.lifechangescounselling.org.uk

Southampton

Operational Times

Hampshire SO40 8SX

The provision of counselling to all adults who may otherwise be excluded by finance or the availability of services.

Life Pregnancy Care Service

Maureen McFarlane

Tel 0800 849 4545

Fax

135 St Mary Street

E-Mail: info@lifeuk.org

St Marys

Website: www.lifeuk.org

Southampton

Operational Times

Hampshire SO14 1NX

Mon and Wed - 9.30am - 2.30pm Tues and Thurs - 11.00am - 2.30pm

To relieve poverty sickness and stress of pregnant and unsupported mothers and children. To protect and present good health. To advance the education of the public in all matters relating to pregnancy.

Link 2 Learn Partnership

Nigel Harvey-Whitten

Tel 01329 236 740

Learning & Skills Council

Fax 01329 236 824

1st Floor

E-Mail:

24 West Street

Website:

Fareham

Operational Times

Hampshire PO16 0LF

The Link 2 Learn partnership is a network of providers of information, advice and careers guidance for adults (over 19's) of Hampshire and the cities of Southampton and Portsmouth. The service is currently available at nearly 200 sites and is supported by the Link 2 Learn website. www.link2learn.co.uk. For full details of the service log onto the internet or call in at a site.

SVS Directory of Local Voluntary/Community Organisations

Little Roo's

Karen Blann
26 Quebec Gardens
Bursledon Green

Southampton
Hampshire SO31 8GP

Tel
Fax
E-Mail:
Website:
Operational Times

To provide quality play activities for children age 0-4 years in Thornhill.

Lordshill Church

David Caveen

1 Tangmere Drive
Lordshill
Southampton
Hampshire SO16 8GY

Tel 023 8073 1182
Fax
E-Mail: davidcaveen@tinyworld.co.uk
Website:
Operational Times

Ecumenical Partnership of Baptist, Church of England, Methodist and United Reformed Church. Weekly meetings & Sunday 10.30 am and 5pm. Youth 'Drop-In' Sunday 3.00pm - 4.00pm - games, craft, food and drink. Adult 'Drop-In' Wednesday 10.00am - 12.00 noon - tea, coffee & chat. Community groups & meeting facilities

Lordshill Community Association

Mike Holder

20 Jersey Close
Lordshill
Southampton
Hampshire SO16 9PW

Tel 023 8073 3689
Fax
E-Mail:
Website:
Operational Times

To promote the benefit of the inhabitants of Lordshill by associating together the said inhabitants and the local authorities; voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation and leisure time occupation with the object of improving the conditions of life for the said inhabitants.

Lordshill Community Association

Linda Holder

20 Jersey Close
Lordshill
Southampton
Hampshire SO16 8BB

Tel 023 8073 3689
Fax
E-Mail: holdermike@tiscali.co.uk
Website: <http://www.>
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Loretta Golden Oldies Club

Eileen Lee
Wisteria Cottage
51 High Street
Totton
Southampton
Hampshire SO40 9HL

Tel 023 8086 9659
Fax 023 8086 9659
E-Mail:
Website:
Operational Times

Loretta Golden Oldies Club's aims are to take elderly, housebound and disabled people on day trips out, or short breaks such as Turkey & Tinsel. Give them once a month social meetings for talks, interests, bingo, raffles, entertainment and the change to meet and chat with other friendly folk of their age and circumstances. To get them out of their homes to enjoy life more.

Lupus UK (Hampshire) Ltd

Tina Stemp
36 Gillian Avenue
Aldershot
Hampshire GU12 4HT

Tel
Fax
E-Mail:
Website:
Operational Times

Malayalee Association of Southampton

Savals Valsakumar
Flat 22 Chelwood Gate
Glen Eyre Road
Southampton
Hampshire SO16 3TZ

Tel 023 8076 8370
Fax
E-Mail: savals@gmail.com
Website:
Operational Times

To bring together Malayalee families living in and around Southampton with the aim of preserving and promoting the cultural, social, moral, educational, literary and artistic heritage of the Malayalee community in Southampton.

SVS Directory of Local Voluntary/Community Organisations

Manor Road Pre-School

Shirley Goble
Woolston Methodist Church
Manor Road North
Southampton
Hampshire SO19 2BU

Tel 023 8057 6300
Fax
E-Mail:
Website:
Operational Times

To enhance the development and education of children primarily under statutory school age by encouraging parents to understand and provide for the needs of their children through community groups and by offering play facilities and training courses, encourage involvement, ensuring equal opportunities for all children and adhering to the aim of the Pre-School Learning Alliance.

Mansbridge Residents Association

Ann Milton
31 Octavia Road
Mansbridge
Southampton
Hampshire SO18 2ND

Tel 023 8083 3513
Fax
E-Mail: councillor.a.milton@southampton.gov.uk
Website:
Operational Times
Anytime

Help and advice for residents of Mansbridge, to help them with any concerns they have. We also help to develop the estate with equipment for young people, fundraised thousands of pounds and two successful lottery bids.

Marie Curie Fund

Wendy Savage
12 Bournemouth Road
Chandlers Ford
Eastleigh
Hampshire SO53 3DB

Tel 023 8026 3123
Fax
E-Mail: wendy.savage@mariecurie.org.uk
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Maybush and District Community Association

Ms H Vaudin
52 Rownhams Road
Maybush
Southampton
Hampshire SO16 5DY

Tel 023 8077 9404
Fax
E-Mail:
Website:
Operational Times
Meeting Place: - Millbrook Community School,
Green Lane, Maybush, Southampton.

Please telephone or write for details of weekly activity groups including, Dressmaking, Flower Arranging, Short Match Bowls, Cake Decorations, Skill Share, Line Dancing, Civil Service, Retirement Fellowship, Regents Park Quilters.

Mayfield Nursery Horticultural Therapy Project

Rachel Hampton
Mayfield Nursery
Mayfield Park, Weston Lane
Weston
Southampton
Hampshire SO19 9HL

Tel 023 8044 7743
Fax
E-Mail:
Website:
Operational Times
open to the Public 10-3 Monday - Friday

Provides Horticultural Therapy for up to 60 members with mental health problems. We are a working nursery,

MDF Bipolar organisation (Southampton Area)

Susie Scorer
10 Kitchener Road
Portswood
Southampton
Hampshire SO17 3SG

Tel 023 8055 6558
Fax
E-Mail: a.scorer@btinternet.com
Website:
Operational Times

MENCAP - Fareham

Marie Leonard
Admiral House
43 High Street
Wallington Lane
Fareham
Hampshire PO16 7BQ

Tel 01329 826422
Fax
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

MENCAP - Southampton

Alex Iles

Tel 023 8058 4088

Fax

187a Portswood Road

E-Mail: alex@southamptonmencap.co.uk

Portswood

Website: www.southamptonmencap.org/

Southampton

Operational Times

Hampshire SO17 2NF

Southampton Mencap is a local voluntary organisation providing a range of relevant services for people of all ages with a learning disability and their parents, families or carers. The services available include age appropriate Social clubs, Educational Help Desk, Sibling Support Groups, Summer Playscheme Activities, Parent & Toddler Group, Summer Days Out College Scheme as well as advice, information and support when requested. The society co-ordinator and some committee members also attend a number of committees and forums to represent the views of the membership.

Merryoak Computer Club

John Yeates

Tel 023 8036 6013

Fax

10 Carolyn Close

E-Mail:

Woolston

Website:

Southampton

Operational Times

Hampshire SO19 7JY

To enable members of the community to learn computer skills. To provide a welcoming non-intimidating atmosphere for club members to learn at their own pace.

Millbrook Christian Centre

Tel

Fax

51a Wimpson Lane

E-Mail: info@millbrookchristiancentre.com

Millbrook

Website:

Southampton

Operational Times

Hampshire SO16 4QF

Promote the belief of Christianity. Areas of work include: Local Community, Children's Work, Schools, Nursery, Mothers & Tots, Elderly, Youth.

Millbrook Local History Society

Rita Wakeford

Tel

Fax

1 Richville Road

E-Mail:

Shirley

Website:

Southampton

Operational Times

Hampshire SO16 1GH

To encourage a sense of pride and community in the Millbrook area through sharing historical knowledge.

SVS Directory of Local Voluntary/Community Organisations

Millbrook Youth Bowling Club

Nick Longworth
22 Chalewood Road
Langley
Southampton
Hampshire SO45 1YU

Tel
Fax
E-Mail:
Website:
Operational Times

To foster and promote the sport of Junior Ten Pin Bowling at all levels, providing opportunities for recreation and competition. Providing coaching and instruction in the sport of Ten Pin Bowling

Motor Neurone Disease Association (Southampton & District)

Sue Harding
14 Stagbrake Close
Holbury
Southampton
Hampshire SO45 2PS

Tel
Fax
E-Mail:
Website:
Operational Times

Our branch offers support and help to those living with Motor Neurone Disease, their families and carers. We have regular meetings and work closely with professionals from our national office in Northampton.

Muslim Council of Southampton

Anas Al-korj
P.O. Box 1302
Southampton
Hampshire SO14 OWN

Tel
Fax
E-Mail: mcs.soton@gmail.com
Website: www.mcs-online.org
Operational Times

MCS deals/ advise/direct on any issues related to any Muslim in the city. It is umbrella organisation for all the Muslim organisations listed below.

Naomi House

Lucy Butcher
Stockbridge Road
Sutton Scotney
Winchester
Hampshire SO21 3JE

Tel 01962 760060
Fax
E-Mail: lucy.butcher@naomihouse.org.uk
Website: <http://www.naomihouse.org.uk>
Operational Times

Naomi House is a purpose built Children's Hospice that provides care and support for children and young people with life limiting conditions that mean they will not live to become adults.

SVS Directory of Local Voluntary/Community Organisations

National Childbirth Trust (Southampton & District)

Rachel Harrison-Smith
Rose Cottage
Cranbury Road
Southampton
Hampshire SO19 2HZ

Tel
Fax
E-Mail:
Website:
Operational Times

The NCT offers information and support in pregnancy, childbirth and early childhood. We aim to give every parent the chance to make informed choices. We try to make sure that our services, activities and membership are accessible to everyone.

National Eczema Society

Hill House
Highgate Hill
London N19 5NA

Tel 023 7281 3553
Fax 020 7281 6395
E-Mail:
Website: www.eczema.org
Operational Times
Helpline 0870 241 3604 1 - 4pm Mon - Fri.

To give advice and support to anyone suffering or living with Eczema. Some written information. National Eczema Society Head office 020 7281 3555 fax 020 7281 6395

National Osteoporosis Society; Southampton & District Group

Mrs. K. J. Welham
64 Brampton Tower
Bassett Avenue
Southampton
Hampshire SO16 7FB

Tel 023 8076 7623
Fax
E-Mail:
Website:
Operational Times

To improve the lives, treatment and care of people with osteoporosis and to maximise prevention for those at risk.

National Probation Service for England and Wales - Hampshire

Chris Mitchell
70 London Road
Southampton
Hampshire SO15 2AJ

Tel 023 8063 5011
Fax 023 8023 1801
E-Mail:
Website: probation.hants.gov.uk/
Operational Times

The service works with the public statutory and voluntary agencies. The service supervises offenders in the community, writes reports for the criminal courts and works with prisoners during and after sentence.

SVS Directory of Local Voluntary/Community Organisations

National Society for Epilepsy

Brian Weyman

Tel 01489 557060

Fax

E-Mail: brian@weyman1962.fsnet.co.uk

Website:

Operational Times

The Epilepsy Information Network is part of the External Relations Directorate at the National Society for Epilepsy. It functions at regional and local level throughout England. It recruits and trains volunteers to help deliver information about Epilepsy. We also provide talks and presentations aimed at raising awareness of Epilepsy and the issues around it.

National Trust - Southampton and District Centre

Mrs A Jackson

Tel 01794 514443

Blue Haze

Fax

Awbridge Hill

E-Mail:

Website:

Romsey

Operational Times

Hampshire SO51 0HF

A local group of National Trust members, offering a programme of lectures, coach outings, holidays and opportunities for fund raising and promotion of the National Trust.

NBSP Community Group

Rafeal Persaud

Tel

Fax

9 Northcote Road

E-Mail: rafealp@hotmail.com

Portswood

Website:

Southampton

Operational Times

Hampshire SO17 3AM

To enhance the quality of urban life and strengthen community bonds by creating and sustaining a community garden that will foster environmental stewardship, horticultural education, rejuvenation, recreation and use of open space. Also improving the wider area of Portswood.

NCH Play Project

Julie Stallard

Tel 023 8077 8823

All Saints Church Hall

Fax 023 8078 8465

Sedbergh Road

E-Mail:

Millbrook

Website:

Southampton

Operational Times

Hampshire SO16 9HU

The Children's Charity

SVS Directory of Local Voluntary/Community Organisations

New Community Network

Adrian Thomas
Central Hall
St Mary Street

Tel 023 80 237700
Fax 023 8023 4555
E-Mail:
Website: www.sublime.org.uk

Southampton
Hampshire SO14 INF

Operational Times

Our main meetings are held on Saturday evenings at 8pm until 10pm at Central Hall, St Mary Street. We also run cell groups on Wednesday evenings.

Sublime is the youth congregation of Southampton Community Church

New Dawn Centre

The Secretary
c/o Shirley Baptist Church
Church Street
Shirley
Southampton
Hampshire SO15 5LG

Tel 023 8039 9949
Fax 023 80 39 9949
E-Mail: shirleybap@soton74fsnet.co
Website:

Operational Times

New Dawn Centre is the umbrella name for the social and community work and future community projects of Shirley Baptist Church.

New Forest, Southampton and South West Mediation

Stuart Sillett

12 Palmerston Road

Southampton
Hampshire SO14 1LL

Tel 023 80331456
Fax 023 80237770
E-Mail: info@nfsmediation.org.uk
Website:

Operational Times

To promote for the public benefit the provision of services directed towards mediation, conciliation or reconciliation.

New Hope Rural Community Trust

Jill Ghanouni

49 Alfred Street

Southampton
Hampshire SO14 0NB

Tel 023 8039 4313
Fax 023 8049 4161
E-Mail: nhrct@ukonline.co.uk
Website: www.newhopeindia.org

Operational Times

Works for change for a better tomorrow.

SVS Directory of Local Voluntary/Community Organisations

New Pathways

Carol Bibby
61 Cobbett Road
Bitterne
Southampton
Hampshire SO18 1HT

Tel
Fax
E-Mail: carolbibby@hotmail.co.uk
Website:
Operational Times

Self support and social group for people who wish to cut down or stop drinking

New Road Centre

Christine Collins
The New Road Centre
2 The Carronades
New Road
Southampton
Hampshire SO14 0AA

Tel 023 8071 7171
Fax 023 8022 0995
E-Mail:
Website:
Operational Times

Provides treatment for people experiencing serious alcohol/drug related problems. Provides access to other relevant services, self or third-party referrals.

Newtown & Nicholstown Community Care Group

Syed Mahmood
9 Oxford Avenue
Newtown
Southampton
Hampshire SO14 OBN

Tel 023 8022 5425
Fax
E-Mail:
Website:
Operational Times

This is a small voluntary group offering help whenever possible to local people. Help giving lifts for hospital/doctors appointments and similar. Some light shopping and prescription collection but no gardening and decoration. Other requests considered dependent on volunteer availability.

Newtown House Carers Group

Phil Snook
Newtown House
2a/2b Newtown Road
Eastleigh
Hampshire SO50 9DB

Tel 023 80620162
Fax
E-Mail: phil.snook@hantspt-mid.nhs.uk
Website:
Operational Times
Meetings 2nd Thursday each month 1:30pm - 3.00pm

A simple get together of relatives/friends who are (or have been) carers of relatives/friends of mainly mental health/dementia/alzheimers and psychiatric problems. Exchange of experiences and problems. For people with a formal diagnosis of dementia.

SVS Directory of Local Voluntary/Community Organisations

Newtown Youth Centre

Sukhdev Rathore
Graham Road
Newtown
Southampton
Hampshire SO14 0AW

Tel 023 8033 0007
Fax 023 8033 0015
E-Mail:
Website:
Operational Times

To provide informal education to young people aged 11 to 24 years.

NM8 lite

Michael Bull

Tel 023 8048 0063
Fax
E-Mail:
Website:
Operational Times

To teach young people new animation techniques using computer software.

No Limits (City Centre)

Marina Murphy
24a Bernard Street
Southampton
Hampshire SO14 3AY

Tel 023 8023 6237
Fax 023 8023 6138
E-Mail: annabel.hodgson@nolimits-southampton.org.uk
Website: www.nolimitshelp.org.uk
Operational Times
11AM - 5PM WEEKDAYS 3 EVENINGS AND SAT MORNINGS

Youth information, advice and counselling services

North West Bassett Residents' Association

Andrew Blunsden
11 Bassett Heath Avenue
Southampton
Hampshire SO16 7GP

Tel 023 8076 6466
Fax
E-Mail: andrew.blunsden@btinternet.com
Website:
Operational Times

To promote and safeguard the interests of members and to improve the quality of the environment and amenities in Southampton and North West Bassett in particular. Organising community events to encourage residents of all ages and ethnic backgrounds to attend so that their views and comments on local issues can be addressed. Circulation of a Newsletter with the main aim to foster good community spirit.

SVS Directory of Local Voluntary/Community Organisations

Northam Community Link

Brenda Rhone
Northam Community Centre
Kent Street
Northam
Southampton
Hampshire SO14 5SP

Tel 023 8022 5083
Fax 023 8022 5083
E-Mail: ncladmin@lycos.co.uk
Website:
Operational Times

Providing community work support in Northam. They offer room hire and also community activities.

NSPCC

Davina Malkin
21 The Avenue
Southampton
Hampshire SO17 1XL

Tel 023 8024 8180
Fax
E-Mail: dmalkin@nspcc.org.uk
Website:
Operational Times

The NSPCC exists to end cruelty to children.

Oaklands Parent & Toddler Group

Kim Phillipson
Oaklands Community School
Fairisle Road
Southampton
Hampshire SO16 8BY

Tel 023 8073 9797
Fax
E-Mail:
Website:
Operational Times
9.30am - 10.00pm

Oaklands offer a Parent & Toddler group on Monday mornings 9.30am - 11.00am. The cost is £1.10 per family.

Pre-school sessions Monday afternoon, Tuesday, Wednesday, Thursday and Friday mornings 9.30am - 12.00noon.

Friendly staff and stimulating environment.

Oakley Day Hospital (Western Community Hospital)

Joanne Armstrong
Walnut Grove
Millbrook
Southampton
Hampshire SO16 4XE

Tel 023 8047 5467
Fax
E-Mail:
Website:
Operational Times
Open Monday - Friday, please contact your local G.P if interested.

We are a mental health hospital for older persons. We cater for persons with Dementia and Depression on identified days. We offer assessment treatment and respite within a multi - disciplinary team.

SVS Directory of Local Voluntary/Community Organisations

Oakmount Triangle Residents Association

Mrs P Paull
9 Westbourne Crescent
Highfield
Southampton
Hampshire SO17

Tel
Fax
E-Mail:
Website:
Operational Times
Anytime

To promote and safeguard interests of members. Association is non political and non sectarian. The Association may affiliate or co-operate with other Southampton organisations which share the same objectives

Oasis Academy

Kate Bulpit
Oasis Academy
Lordshill
Green Lane
Southampton
Hampshire SO16 9RG

Tel 023 8073 9797
Fax
E-Mail:
Website:
Operational Times
Open 7 days a week from 9:30am - 11:00pm.

Oaklands is a community school that offers a wide ranging life long learning and leisure programme including: play and junior activities, adult and youth education, pre-school, sport & fitness, creative & performing arts. Rooms are available for hire.

October Books

Kate Jolliffe
243 Portswood Road
Portswood
Southampton
Hampshire SO17 2NG

Tel 023 8058 1030
Fax 023 8058 1040
E-Mail: info@octoberbooks.org
Website: www.octoberbooks.org
Operational Times
Hours of opening are 9 a.m. to 6 p.m., Mondays to Saturdays

Workers co-operative

OK Parents (formerly Positive Parenting)

Heather Ford

Tel
Fax
E-Mail:
Website: www.parenting.org.uk
Operational Times
Mon to Fri (office hours)

Building tomorrow by supporting today..... for the sake of the children

SVS Directory of Local Voluntary/Community Organisations

Open College Network South Central

Helen Briers
South East Office
Runney Mead
Chertsey Road
Addlestone
Surrey KT15 2EP

Tel 01273 642930
Fax
E-Mail:
Website:
Operational Times

1) Promote and increase participation in education and training, particularly by those who have benefitted least from existing provision. 2) Improve quality & flexibility of education provision for the public benefit, particularly for educational disadvantaged adults. 3) Facilitate progression for learners by enabling them to achieve OCN credit and to accumulate and where appropriate transfer awards qualifications. 4) Improve Access to H.E. 5) Encourage/assist organisations to provide wider range of learning. Engaged: Accreditation Service, Adults, Young Adults, Disadvantaged Adults.

Open Minds - Southampton

Victoria Stimpson
Flat 19, George Williams House
Cranbury Place

Southampton
Hampshire SO14 0LG

Tel
Fax
E-Mail: vickyandmonty@aol.com
Website:
Operational Times

To educate young people and professionals in mental health through the production and facilitation of a film and activity pack. To raise awareness of these issues and reduce the stigma as well as to provide accurate and up to date material and the raising of funds for the above.

Options Counselling Service

Nikki Keeley

147 Shirley Road
Shirley
Southampton
Hampshire SO15 3FH

Tel 023 8063 0219
Fax 023 8039 0800
E-Mail: n.keeley@optionscounselling.co.uk
Website:
Operational Times
Mon and Wed: 9.30am - 8.00pm Tues - Thurs:
9.30am - 4.00pm Fri: 9.00am - 1.00pm

Alcohol, Counselling and Information

SVS Directory of Local Voluntary/Community Organisations

OXFAM

Area Manager
Oxfam District Office
76/78 High Street
Shirley
Southampton
Hampshire SO15 3NE

Tel 023 8077 9580
Fax
E-Mail:
Website:
Operational Times

We are a self-referral agency that provides support to enable parents and siblings to discuss and understand the impact of sexuality on the family. Our focus is on the struggles or stresses that can often arise when a member of the family is lesbian, gay or bi-sexual.

Oxfam Music Shop

Robert Milner
1 East Street
Southampton
Hampshire SO14 3HE

Tel 023 80236581
Fax
E-Mail: rmil@mail.com
Website:
Operational Times

Oxford Street and Area Residents and Traders Association

Sue Batley
Flat 4
61 Oxford Street
Southampton
Hampshire SO14 3DL

Tel 023 8033 0539
Fax 023 8088 1010
E-Mail: info@town-or-country.co.uk
Website: www.oxfordstreetsouthampton.co.uk
Operational Times
8.30AM - 10.30PM

Promotion of community events, community spirit with activities for education heritage and art.

Paddles

Vic Francis
18 The Drive
Totton
Southampton
Hampshire SO40 9EG

Tel 023 8086 1369
Fax
E-Mail:
Website:
Operational Times

Aquatherapy to injured dogs. Limited free sessions to recognised animal welfare charities.

SVS Directory of Local Voluntary/Community Organisations

Paint Pots Nursery & Pre-school

Anna Wright

Tel 023 8022 7931

Fax

20 Waterloo Road

E-Mail: dwright95@aol.com

Freemantle

Website:

Southampton

Operational Times

Hampshire SO15 3AR

Day nursery from age 6 months, 8am-6pm 5 days a week

Day nursery from age 6 months, 8am-6pm 5 days a week. Pre-school sessions also available. Government funded from age 3.

Pakistan Welfare Association Southampton

Ahmed Hussain

Tel 023 8067 6521

Fax

57 Lilac Road

E-Mail: pwasouthampton@googlemail.com

Southampton

Website: <http://www.>

Hampshire SO16 3DA

Operational Times

To develop better friendly relations with all other communities in the neighbourhood. To protect the rights and interests of the Pakistani Community. To promote Youth Activities with particular emphasis on education (religious or otherwise). Cultural guidance and employment advice. To organise National and Cultural Functions. To help create an atmosphere of mutual understanding and enhance brotherhood amongst the Pakistani and all other communities.

Parent and Childminders Drop-in

Kim Phillipson

Tel 023 80327802

Fax

Warren Centre

E-Mail:

Shirley Warren

Website:

Southampton

Operational Times

Hampshire SO16 6YA

8.30am - 3.00pm Mon - Fri

A friendly stimulating play and educational environment for children and their carers. Sessions costs between £1.00 - £1.25 and include a drink and a healthy snack.

SVS Directory of Local Voluntary/Community Organisations

Parent Partnership Service (Southampton)

Mrs Alex Cook
187a Portswood Road
Southampton
Hampshire SO17 2NF

Tel 023 8055 7607
Fax
E-Mail: co-ordinator@mencapsoton.freeserve.co.uk
Website:
Operational Times

Available to all parents living in Southampton whose children have special educational needs. This is an independent service that will offer support, information and advice on a wide range of educational issues. Parent Partnership is in line with recommendations from the Code of Practice, which makes it clear that parents should be seen as partners in the education of their child. This is a joint initiative funded through the local education authority. The service will also aim to ensure that the wishes, feelings and knowledge of parents are always taken into consideration as being valuable and important at all stages of their child's educational process.

Parent Support Link

Christine Tebano
The Clausentum Centre
48-50 Vespasian Road
Bitterne Manor
Southampton
Hampshire SO18 1AX

Tel 023 80399764
Fax 023 80230645
E-Mail: p.s.l@btconnect.com
Website: www.parentsupportlink.org.uk
Operational Times
Meetings arranged by appointments only

Supporting and informing those affected by someone else's drug use. Parent Support Link is a non-profit organisation, supported by Southampton City Council. The volunteer workers provide a 24 hour telephone contact line for people who want information about drugs, or to talk in confidence about drug use in the family. Appointments can be made to talk in a one to one situation, and a regular local support group is also offered. Parent Support Link offer various training courses and awareness sessions by arrangement.

Parentline Plus

Lorraine Tate
Unit 5 Basepoint
Anderson's Road
Southampton
Hampshire SO14 5FE

Tel 023 8068 2499
Fax
E-Mail: hantsinfo@parentlineplus.org.uk
Website: www.parentlineplus.org.uk
Operational Times
The Helpline number of 0808 800 2222 is open 24 hours a day, seven days a week

We offer help, support and information on all aspects of parenting a child. Parents and carers can contact us on our free 24 hour confidential helpline.

SVS Directory of Local Voluntary/Community Organisations

Parish of Maybush

Maybush PCC
Parish Office
Kendall Avenue
Maybush
Southampton
Hampshire

SO16 9HJ

Tel 023 8070 3443
Fax
E-Mail: maybushpcc@btinternet.co.uk
Website:
Operational Times
Wed & Thurs 9.30am - 1.30pm for Parish Office
Members of Clergy - available at all times

"Celebrating God's love and identifying with those who cannot celebrate"

Parish of Sholing

Bruce Hartnell

41 Station Road
Sholing
Southampton
Hampshire

SO19 8FN

Tel 023 8044 8337
Fax
E-Mail: bruce.hartnell@ukgateway.net
Website:
Operational Times

St Mary's and St Francis Church are open to all and offer support to people locally of any faith or none. Young and old, men and women have groups and activities. Premises in St Monica Road and Stanford Court are available for community use.

Parish of Swaythling

Revd Gary Philbrick
The Vicarage
357 Burgess Road

Southampton
Hampshire

SO16 3BD

Tel 023 8055 4231
Fax 023 8067 9787
E-Mail: gary.philbrick@dsl.pipex.com
Website: www.swaythlingparish.org.uk
Operational Times
27.11.09 - Merlin updated. Rvd: Commented that the newsletter was always interesting.

Church of England parish.

SVS Directory of Local Voluntary/Community Organisations

Parkinsons Disease Society - Southampton Branch

Janice Russel Taylor

Tel 023 8032 1645

Fax

9 Chine Avenue

E-Mail: enquiries@parkinsons.org.uk

Bitterne

Website:

Southampton

Operational Times

Hampshire SO19 7JF

The Branch meeting on the second Tuesday of the month at St. Mark's Church Hall, Archers Road, Southampton, SO15 2LU at 2 p.m. Help Line (Free) on 0800 800 0303 (Monday to Friday from 9.30 a.m. to 9.00 p.m.) Saturday from 9.30 a.m. to 5.30 p.m.

The Society's mission is the conquest of Parkinson's disease and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication. They usually have a speaker at the meeting and the subject may be Parkinson's related or may be of local or general interest. There is always time for a chat over a cup of tea.

Patient & Public Involvement - Southampton University Hospitals NHS Trust

Joanne Dimmock

Tel 023 8079 6301

Southampton General Hospital

Fax

Tremona Road

E-Mail:

Website:

Southampton

Operational Times

Hampshire SO16 6YD

27.11.09 - Merlin updated LG

Provision of out-patient and in-patient hospital care. High quality health care in the right place at the right time.

Patients Association

Tel 023 8078 3618

Regents Park Surgery

Fax

Park Street

E-Mail:

Shirley

Website:

Southampton

Operational Times

Hampshire SO16 4RJ

The Patients' Association is a group of patients of this practice, who get together to find ways of extending the services that can be offered supporting the work of the doctors and nurses providing equipment that will benefit patients, which are not funded by the NHS.

SVS Directory of Local Voluntary/Community Organisations

Peartots

Tel
Fax
E-Mail:
Website:
Operational Times
ston, Southampton, S019 7GU

To provide a safe and friendly environment for parents/carers and children to meet and to encourage children to develop their social and physical skills through play.

Peartree Parent and Toddler Group

Karen Ouans
15 West Road
Woolston
Southampton
Hampshire SO19 9AH

Tel 023 8044 8970
Fax
E-Mail:
Website:
Operational Times

To provide safe play for children 0-5 years old.

Penguin Swimming Club for Orthopaedically Disabled

Mrs M Ranger
5 Oregan Close
Sholing
Southampton
Hampshire SO19 2PS

Tel 023 8044 6392
Fax
E-Mail:
Website:
Operational Times

A social swim for mainly physically handicapped people. We can accept other disabilities at the discretion of the committee and if facilities are available at the leisure centre. Form (which we issue) to be signed by a GP as to suitability of swimming.

Phoenix House, Alpha Service

Roy Philips
Phoenix House, Alpha Service
Wickham Road
Droxford
Southampton
Hampshire SO32 3PD

Tel 01489 877 210
Fax 01489 877 555
E-Mail: alpha@phoenixhouse.org.uk
Website: www.phoenixhouse.org.uk
Operational Times
24 hour - staff care 9am - 4.30pm - office,
admissions staff

Phoenix House Alpha Service is a 35 bedded drug and alcohol rehabilitation centre for adults in Droxford.

Planning Aid South

S053 2YJ

Tel 023 8027 5153
Fax
E-Mail: soco@planningaid.rtpi.org.uk
Website: www.planningaid.rtpi.org.uk
Operational Times
Answerphone on at all times

"Engaging Communities in Planning"

Plus You Limited (was Thornhill Plus You)

Debbie King
The Hightown Centre
Tunstall Road
Thornhill
Southampton
Hampshire S019 6RD

Tel 023 8040 5728
Fax 023 8091 5400
E-Mail: debbie@plusyoulimited.co.uk
Website: www.thornhillplusyou.co.uk
Operational Times
Mon - Fri 9am - 5pm

Thornhill will be a place where our community is well educated, safe and empowered, where we have high aspirations and our successes are celebrated, and where are partners' contribution to the region is recognised. Thornhill will be a place that is fun and enjoyable and where everyone will be proud to say they live.

Portswood Church

David Childs
Portswood Church
Portswood Road
Portswood
Southampton
Hampshire SO17 2FY

Tel 023 8039 9658
Fax
E-Mail: pastor@portswood.org.uk
Website: www.portswood.org
Operational Times
Variable

To glorify God by turning people into fully devoted followers of Jesus Christ

Portswood Residents Gardens

Jenny Arnold
Oak Cottage
Highfield Lane
Southampton
Hampshire S017 1NQ

Tel 023 8055 8647
Fax
E-Mail:
Website:
Operational Times

To administer the Gardens including the Tennis Courts, Allotments and Pavilion and promote the Conservation Area.

SVS Directory of Local Voluntary/Community Organisations

Premier Councelling & Consultancy

Kim Hanley
61 The Avenue
Southampton
Hampshire SO17 1XS

Tel 023 8022 6050
Fax
E-Mail: enquiries@premiercounselling.com
Website: www.premiercounselling.org
Operational Times
Mon to Fri 8.30am - 8.00pm Sat 9.00am - 4.00pm

Our mission is to help children to succeed, create the childcare which families need and building learning committies.

Pre-School Learning Alliance

Angie Marchment
P.O. Box 1172
Southampton
Hampshire SO14 0EZ

Tel 023 8033 7067
Fax 023 8033 7067
E-Mail: a.marchment@btconnect.com
Website: www.pre-school.org.uk
Operational Times
9am - 5pm (office not always covered)

Our mission is to help children to succeed, create the childcare which families need and build learning communities.

Preset

Paul Pettit
2nd Floor Offices
201 High Street
Acton
London W3 9DD

Tel 020 8992 5202
Fax 020 8992 0887
E-Mail: info@preset.org
Website:
Operational Times

A monitoring scheme for young people between the ages of 16-24 living predominantly, but not exclusively, in the inner city area of Southampton. It offers free training and confidential help with finding employment and going into education. It also provides support and guidance through independent adults, to enable young people to achieve their full potential.

Priory Road Community Group

Lorraine Gray
25 Oak Vale
West End
Southampton
Hampshire SO30 3SC

Tel
Fax
E-Mail:
Website: <http://www.>
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Psoriasis Association - Southampton Branch

Tel
Fax
E-Mail:
Website:
Operational Times
10am - 6pm

To help and support local people and their families who suffer from psoriasis. To raise awareness of the condition. To raise funds for psoriasis research.

Punjabi Womens Group

Clovelly Centre Clovelly Road Newtown Southampton Hampshire	SO14 0AU	Tel Fax E-Mail: Website: Operational Times	Post Only
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Punjabi Women's Group meets during term time between 4.30-6.30 at the Clovelly Centre.

The aim of the group was to set up a support group to enable women from the Bhatra Sikh Community to explore new activities and learn more skills outside the home. This gives the women confidence and some free time away from the extended families. The group provides a crèche facility for the children who attend with their mothers.

Quakers (Religious Society of Friends)

Margaret Heathfield 1a Ordnance Road Southampton Hampshire	SO15 2AZ	Tel Fax E-Mail: Website: Operational Times	023 8022 3758
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Quaker meetings aim to offer the opportunity for quiet worship to all who wish to come. Quakers try to live according to the values of simplicity, equality, integrity and peace-making. A meeting for worship which is open to all is held each Sunday. Rooms in the Meeting House are available at a reasonable rent to voluntary groups and other organisations.

SVS Directory of Local Voluntary/Community Organisations

Queen Elizabeth II Activity Centre

Caroline Oates
Manor Farm Country Park
Pylands Lane
Bursledon
Southampton
Hampshire SO31 1BH

Tel 023 8040 4844
Fax
E-Mail:
Website:
Operational Times

Provides leisure activities such as canoeing, motor boat, climbing, riding and archery for groups of people with special needs from schools, colleges and day care centres. Available for day visits or holiday accommodation. Charges on application. For the Friday evening club telephone Mrs. M Baker 01489 784633.

RAISE - (Regional Action and Involvement South East)

Carol McKinley
Bridge House
1 Walnut Tree Close
Guildford
Surrey GU1 4UA

Tel 01483 885266
Fax 01483 301269
E-Mail: becky@raise-networks.org.uk
Website: www.raise-networks.org.uk
Operational Times

RAISE is funded by SEEDA (South East England Development Agency)
Vice-Chairs of Board as at 30.6.08 are Caroline Shaw from VAWK in Kent and David Wrighton from IBEX

Ramblers Association - Southampton Group

Tel
Fax
E-Mail:
Website:
Operational Times
8AM - 9PM

The Ramblers Association is committed to protect Britains network of public paths, increase access for walkers, protect the countryside and promote walking for pleasure & health. Our campaign benefits all walkers, promoting walking to all.

Red Lodge Community Pool

Jim Horrocks
Vermont Close
Winchester Road
Southampton
Hampshire SO16 7LT

Tel 023 8076 8209
Fax
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Refugee Action

Dave Garratt
Victoria Charity Centre
11 Belgrave Road
London

SW1V 1RB

Tel 0207 9521511
Fax 0207 8280973
E-Mail:
Website: www.refugee-action.org.uk/

Operational Times

This advice centre for Refugee Action clients will be open only on Mondays at the following times: 10 - 12 and 2 - 4 and will commence from 4th April 2005.

Working with refugees to build new lives.

Rehabilitation Resource Centre

Hampshire Partnership - NHS Trust
73 Morris Road
The Polygon
Southampton
Hampshire

SO15 2BQ

Tel 023 8023 3121
Fax 023 8057 2262
E-Mail:
Website:

Operational Times

Morris House is a day care facility for members of the rehabilitation service. We aim to provide a balance of structured and unstructured activities in which members can participate to facilitate greater independence and enjoyment in life.

Relate Solent

Debbie Crescente

3 Kings Park Road

Southampton
Hampshire

SO15 2AT

Tel 023 8022 9761
Fax
E-Mail: information@relatesolent.org.uk
Website: www.relate-solent.org.uk

Operational Times

Mon - Thurs 9.30am - 9.00pm Fri 9.30am - 1.30pm

Relationship counselling for couples and individuals. Sex Therapy. Life Skills Courses

Relief in Need Charity

Valerie Warren

4 Morley Close
Burton
Christchurch
Hampshire

BH23 7LA

Tel 01202 481984
Fax
E-Mail:
Website:

Operational Times

The object of the Charity shall be to relieve either generally or individually persons resident in the area of benefit who are in conditions of need, hardship or distress.

SVS Directory of Local Voluntary/Community Organisations

RETHINK (South Hants Community Mental Health Service)

Lynn Feltham
Bedford House
Amoy Street
Southampton
Hampshire SO15 2DR

Tel 023 8023 7733
Fax 023 8023 7733
E-Mail: shcmhs@rethink.org
Website: www.rethink.org
Operational Times

The NSF South Hants Community Mental Health Service offers practical support to people experiencing mental health problems. We aim to support people in acquiring the skills and confidence needed to enable them to live independently. Workers will support clients by doing tasks with them, not for them. Service D block funded by Southampton City Council and can be accessed by keyworkers for clients who have a mental health diagnosis and are on a CPA.

RISE Community Development Limited

Jamie Pratt
2
James Street
Southampton
Hampshire SO14 1PJ

Tel 023 8063 0068
Fax
E-Mail:
Website:
Operational Times

RISE will be a leading community development trust in the UK, working towards a sustainable community-led organisation that will benefit the community they serve with socially responsible economic activity; being a market orientated organisation; developing young people; environmental responsible economic activity.

Rising Status LTD

Katherine Anteney
Bargate Monument Gallery
High Street
Southampton
Hampshire SO14 1HF

Tel 023 8033 8778
Fax
E-Mail: info@spacearts.org.uk
Website: <http://www.>
Operational Times

The arts organisation a space exists to support new and emerging artistic talent and to offer the public an alternative space in which to interact with artwork.

Riverside Family Church

Rev. Paul Finn
Northam Road
Northam
Southampton
Hampshire SO14 0QH

Tel 023 8022 0256
Fax
E-Mail: info@riversidefamilychurch.org.uk
Website:
Operational Times
9.30am - 3.30pm

'Our purpose s to fulfil , to command and commission of Jesus Christ'

SVS Directory of Local Voluntary/Community Organisations

Riverside Pre-School

Michelle Stride
c/o Bitterne Park Infant School
Manor Farm Road
Bitterne Park
Southampton
Hampshire SO18 1NX

Tel 023 8036 3018
Fax
E-Mail: info@riversidepre-school.co.uk
Website:
Operational Times

Provide pre-school care for children in our community between the ages of 2 years and 9 months and 5 years.

Riverview Residents Association

Gary Jackson
7 Collier Close
Priory Road
St Denys
Southampton
Hampshire SO17 2WQ

Tel 023 8055 1638
Fax 023 8055 8067
E-Mail: rvra@garyjackson.org.uk
Website: www.garyjackson.org.uk/main.htm
Operational Times

We provide information for residents and community events and community involvement.

Robert Thorner Housing Association Limited

Mrs M Lodwick
86 Thorner's Court
Henstead Road

Southampton
Hampshire SO15 2GU

Tel 023 8063 6772
Fax 023 8063 6772
E-Mail:
Website:
Operational Times

Robert Thorner Housing Association Limited provides sheltered housing for elderly ladies of limited income and means.

Roshni Asian Elders Day Care Centre

c/o Wardens
Bellamy Court
Pettinger Gardens
St Denys
Southampton
Hampshire SO17 2WP

Tel
Fax
E-Mail: a.sood@southamptonvs.org.uk
Website:
Operational Times
Every Tuesday from 10 - 3pm.

Provides culturally sensitive Day Care Provision for Asian Elders in Southampton.

SVS Directory of Local Voluntary/Community Organisations

Rotaract Club of Southampton

P Fogarty

Tel 023 8078 5865

Fax

57a Wilton Road
Shirley
Southampton

E-Mail: southampton@rotaract.org
Website: www.rotary.org/programs/rotaract/index.html

Hampshire SO15 5JL

Operational Times

Meetings held on 1st and 3rd Monday of the month at the Parkside Tavern, Vincent's' Walk, Southampton (behind Woolworth's in the city centre).

We are a community based social organisation for 18 - 30 year olds. We organise a wide range of activities, including sport, theatre, cinema and pubs.

Rotary Club of Southampton Magna

David Barrett

Tel 023 8025 3723

Fax

87 Kingsway

E-Mail: thebarrettss@yahoo.com

Website:

Chandlers Ford
Hampshire

SO53 1FD

Operational Times

Royal British Legion - Southampton Branch

Mrs. I.J. Phipps

Tel 023 80773338

Fax

23 Salcombe Road
Shirley
Southampton

E-Mail:

Website:

Hampshire SO15 3LA

Operational Times

Meetings held by welfare committee every Thursday at 7:30pm.

Provides assistance and support to all ex-service personnel and dependants. health care, pensions advice and financial advice.

S.C.R.A.T.C.H (Southampton City & Region Action To Combat Hardship)

Mike Smith

Tel 023 8077 3132

unit 3

Fax 023 8077 7040

1/16 Holybrook Road

E-Mail: reception@scratchcharity.co.uk

Website: www.scratchcharity.co.uk/

Southampton

Operational Times

Hampshire SO16 6RB

Mon - Fri 9.30am - 4.30pm

Local charity helping local people solve local problems

SVS Directory of Local Voluntary/Community Organisations

S.O.S. Polonia

Laura Joy
The Park House
2 Brunswick Place

Tel 023 8023 3722
Fax 023 8023 3762
E-Mail:
Website: sos.polonia.net

Southampton
Hampshire SO15 2AN

Operational Times

To meet the needs of Eastern European newcomers by provision of a translation service and other advice and support as seen necessary to enhance their education, increase their prospects and assist their integration into the community. To promote equality and diversity, dispel myths and stereotypes, and provide facilities in the interests of social welfare and recreation.

Sabha Sports Association

Saranjit Singh Karir

Tel
Fax
E-Mail: sskarir@yahoo.co.uk
Website:

31 Blakeney Road
Millbrook
Southampton
Hampshire SO16 9PD

Operational Times

SACDA (Southampton Area Co-operative Development Agency)

Nathan Brown

Tel 0845 373 3616
Fax
E-Mail: sacda@can.coop
Website:

135 St Mary's Street

Southampton
Hampshire SO15 2AN

Operational Times

Contact SACDA for more information on: co-operative housing; community business; co-operative business; credit unions; social firms; care co-operatives.

SADSALAD (The Southampton and District Sports and Leisure Association for Disabled)

42 South East Crescent
Sholing
Southampton
Hampshire SO19 8PR

Tel 023 8042 0283
Fax
E-Mail:
Website:
Operational Times

Provision of sport and leisure facilities and activities for disabled persons in Southampton and surrounding area.

SVS Directory of Local Voluntary/Community Organisations

Salvation Army - H20 Project

Ruth Hall (Acting)

Tel 023 8022 4632

Fax 023 8022 4632

Princes Street

E-Mail: h2oproject@live.co.uk

Northam

Website:

Southampton

Operational Times

Hampshire SO14 5RP

Monday, Tues, Wed, Fri 9am - 1pm and then 1pm - 3.45pm

We offer a daily food service, housing information, clothing, help, benefit help and more to the street homeless. Other services include all areas of help and support, a free laundry service and washing facilities.

Salvation Army - Shirley and Inner City Project

Graham Owen

Tel 023 8077 1655

Fax

Victor Street

E-Mail:

Shirley

Website:

Southampton

Operational Times

Hampshire SO15 5LH

The Salvation Army is an evangelical part of the Christian Church, working to preach the Christian Gospel and meet the needs of people everywhere without discrimination.

Samaritans (Southampton & District Branch)

Steve Rawlins

Tel 023 8063 2888

11 College Place

Fax 023 8023 1587

London Road

E-Mail: samaritans.soton@btconnect.com

Website:

Southampton

Operational Times

Hampshire SO15 2FE

Samaritans vision is for a society in which fewer people die by suicide, people are able to explore their feelings and people are able to acknowledge and respect the feelings of others. 24 hours, 365 telephone support line/365 day facility for face to face visitors/email service for people in despair or distress.

SVS Directory of Local Voluntary/Community Organisations

SCA Community Care Services

Maria Mills
Amplevine House
Dukes Road
Southampton
Hampshire SO14 0ST

Tel 023 80516013
Fax 023 80366666
E-Mail: hq@scaccs.org.uk
Website: www.scaccs.org.uk
Operational Times

SCA is a charity whose mission statement is to provide high quality care services in a cost effective way and to careful specification, influenced by the high standards of the voluntary sector and the Southampton Charter of Values. SCA currently operates in fields of day care, social care, transport, domiciliary care and training consultancy.

Scouts - Southampton West District

Mrs Sue Field
45 Turnstone Gardens
Lordswood
Southampton
Hampshire SO16 8EW

Tel 023 8073 5381
Fax
E-Mail:
Website:
Operational Times
Meetings are held weekly in various parts of Shirley, Millbrook, Freemantle and Aldermoor

A Youth Organisation that promotes the physical, mental & social development of young people from 6 years of age to 24 years, through a structured training programme so that they contribute a useful and fulfilling role in society.

Sector Mailing Services (Social Enterprise Centre and Training Organisation)

Michelle Pettie
Unit 11/12 the east street
east street
Southampton
Hampshire SO14 3HX

Tel 023 8023 2544
Fax 023 8023 2823
E-Mail: info@sectormailing.org.uk
Website: www.sectorservices.co.uk
Operational Times
8.30am - 4pm

To provide a sheltered workshop for people with mental health problems and learning disabilities. Providing a work-like environment for a client group who have limited prospects of finding a job in open employment.

SVS Directory of Local Voluntary/Community Organisations

Shearwater Care Group

Gay Springett
29 Ranelagh Gardens
Bannister Park
Southampton
Hampshire SO15 2TH

Tel 023 80 435989
Fax
E-Mail: bchap97@aol.com
Website:
Operational Times

Care group for partially sighted and blind. Taking referrals from social services and self referrals. Arrange outings to places of interest, theatre trips and regular speakers.

Shirley Family Contact Centre

Margaret Hart
P.O. Box 1184
Southampton
Hampshire SO15 7ZJ

Tel 023 8052 9076
Fax 023 8052 9076
E-Mail: shirleyfcc@btinternet.com
Website:
Operational Times

To offer a safe, friendly and neutral environment in Southampton, where children of separated families can spend time with one or both parents and sometimes other family members.

Shirley Parish Church

Theresa Bowen
Shirley Parish Office
133 Church Street
Shirley
Southampton
Hampshire SO15 5LW

Tel 023 8077 1755
Fax
E-Mail: shirley.parish.office@ukgateway.net
Website: www.hants.org.uk/shirley
Operational Times
9.30am - 12.30pm Mon, Wed, Thurs & Fri

That through us God will touch our community with love of Jesus.

Shirley Senior Citizens Club

Elaine Matthews
145 Romsey Road
Shirley
Southampton
Hampshire SO16 4DP

Tel 023 8032 0481
Fax
E-Mail:
Website:
Operational Times

To have a safe and secure place for friendship and entertainment and social activities, meals and outings. For over 55's

SVS Directory of Local Voluntary/Community Organisations

Shirley Warren Community Garden Project

Phoebe Ross
39 Fishers Road
Eling
Totton
Hampshire S040 9HW

Tel 023 8066 0225
Fax
E-Mail: colrossco@aol.com
Website:
Operational Times

We are a voluntary group who are raising money to create a community garden using an area of waste land to the rear of Shirley Warren Action church. We are also getting various groups involved to help us such as the Probation Service, Green Gym and locals. We will be organising future events and workshops and want as many people as possible to help us.

Sholing Community Action Forum

Mary Carnegie
95 Alfriston Gardens
Sholing
Southampton
Hampshire SO19 8FZ

Tel 023 8044 1454
Fax
E-Mail:
Website:
Operational Times
When available at home

Sholing Community Association

Mrs J. Roles (Sholing Community Ass.)
Butts Road Community Centre
Butts Road
Sholing
Southampton
Hampshire SO19 1BN

Tel
Fax
E-Mail:
Website:
Operational Times

Sholing Community Association is a large community centre used by local families, a large pre-school on a daily basis. The centre is also used by a Taikwondo group, dance school, senior citizens group and army cadets. The hall is available for hire for private parties also. Regular social events are run by the committee i.e. quiz nights, discos.

Sholing Environment Group

Mary Carnegie
95 Alfriston Gardens
Sholing
Southampton
Hampshire SO19 8FZ

Tel 023 80441454
Fax
E-Mail:
Website:
Operational Times
When available at home

SVS Directory of Local Voluntary/Community Organisations

Sholing Valley Study Centre Association

Chris Fry
Sholing Valleys
Station Road
Sholing
Southampton
Hampshire

Tel 023 80432395
Fax
E-Mail: sholingvalleys@btinternet.com
Website: www.sholingvalleys.hampshire.org.uk
Operational Times

Welcome to Sholing Valleys, a group dedicated to protect and look after Miller's Pond plus the surrounding woods and meadows. The Association is a registered charity, manages a Study Centre, opened in the Autumn of 1988, near Miller's Pond Sholing.

Sikh Community Youth Service

Mr Kartar Singh
3 Saville Close
Bishopstoke
Eastleigh
Hampshire SO50 6NU

Tel
Fax
E-Mail:
Website:
Operational Times

Simon Says

Paula Wiseman
113 Leigh Road
Eastleigh
Hampshire SO50 9DS

Tel 023 8064 7550
Fax
E-Mail:
Website:
Operational Times

To support children who have a close relative or friend who has died or is dying

Singh Sabha Gurdwara (I.W.C.A.)

Indian Welfare & Cultural Association
Onslow Road/Cranbury Avenue
Newtown
Southampton
Hampshire SO14 0LR

Tel 023 8033 3016
Fax 023 8022 2320
E-Mail:
Website:
Operational Times

A newsletter is published every 2 months. From time to time communication from other groups or organisations are given to members.

SVS Directory of Local Voluntary/Community Organisations

Society of St. James

Trevor Pickup
125 Albert Road South
Southampton
Hampshire SO14 3FR
Building a future for homeless people

Tel 023 8063 4596
Fax 023 8033 9026
E-Mail: info@societyofstjames.org.uk
Website: www.ssj.org.uk
Operational Times
Mon - Fri 9am - 5pm

Solent Credit Union

Phil Tyler
First Floor, Dolphin House, High Street,
Southampton
Hampshire SO14 2BR

Tel 023 8081788375
Fax 023 8077 7040
E-Mail: solentcreditunion@phonecoop.coop
Website: solentcreditunion.co.uk
Operational Times

Solent Credit Union is a non-profit making and run by the members for their benefit. It enables people to manage their income by encouraging regular saving and offering low cost credit (1% a month, 12.68% APR) Free insurance is an additional benefit.

Solent Lions Club

Mr Malcolm William Carter
14 Pennine House
Pennine Road
Millbrook
Southampton
Hampshire SO16 4RA

Tel 023 8077 0193
Fax
E-Mail: solentlions@amserve.com
Website:
Operational Times

Ordinary People - Amazing Things

Solent MIND

Wendy Kennard
54 Henstead Road
Southampton
Hampshire SO15 2DD

Tel 023 8033 4977
Fax 023 8020 8902
E-Mail: info@solentmind.org.uk
Website: www.solentmind.org.uk
Operational Times
Office Hours 9am - 5pm Mon - Fri

To provide high quality mental health services and promote the rights and well being of the diverse communities of people effected by mental health problems.

Solent MIND - Floating Support

Bedford House
Amoy Street
Southampton
Hampshire SO16 9WA

Tel 023 8022 7512
Fax 023 8022 7513
E-Mail: tcaws@solentmind.org.uk
Website: www.solentmind.org.uk

Operational Times
The service is currently available Monday to Fridays
9.00am - 5.00pm

To provide high quality mental health services and promote the rights and well being of all people affected by mental health problems.

Solent MIND Advocacy in Mind Project

Louise Bloom
Dept Of Psychiatry
Royal South Hants Hospital
Off Brintons Terrace
Southampton
Hampshire SO14 0YG

Tel 023 8082 5116
Fax
E-Mail: l.bloom@solentmind.org.uk
Website:
Operational Times

Advocacy in Mind offers advocacy support to people with enduring mental health problems in the community across Southampton, Eastleigh and its Southern Parishes, and parts of the Romsey area as well as at the Department of Psychiatry, Southampton. There is also a an Information and Advice Worker based at the Department of Psychiatry. Telephone 023 8080 7369 (Community clients) or 023 8082 5116 (Department of Psychiatry office).

Solent MIND Appropriate Adult Scheme

Wendy Black
54 Henstead Road
Southampton
Hampshire SO15 2DD

Tel 023 8022 7510
Fax 023 8020 8912
E-Mail: wblack@solentmind.org.uk
Website: www.solentmind.org.uk

Operational Times
07.30 - 23.00

Provide trained volunteers to act as appropriate adults for vulnerable people with mental health problems and/or learning disability who have been detained in police custody, to ensure that the person's welfare/health needs are met. Covers Southampton, Eastleigh, New Forest and Basingstoke.

SVS Directory of Local Voluntary/Community Organisations

Solent MIND Black Development

Viv Golding
54 Henstead Road
Southampton
Hampshire SO15 4DD

Tel 023 8033 4977
Fax 023 8020 8902
E-Mail: vgolding@solentmind.org.uk
Website: www.solentmind.org.uk
Operational Times

Run a black women's group - Equal Sisters - and a black carers group. Access by referral system, either self referral or through professional services. Also campaign for better access to services and more relevant and sensitive services for black people.

Solent MIND Community Support Services

Heidi Banks
Unit 12
54 Henstead Road
Southampton
Hampshire SO15 2DD

Tel 023 80334977
Fax 023 8020 8902
E-Mail: bvilday@solentmind.org.uk
Website: www.solentmind.org.uk
Operational Times

Provides services for older people in their own homes with our Sitting and Companions Services offering respite and befriending to those older people with mental health problems, usually dementia; in Southampton, Eastleigh, Romsey and New Forest. Referral is through professional services such as CPN, social services, GP's.

Solent MIND Social Clubs

Diane Hannam
Bedford House
Amy Street
Southampton
Hampshire SO15 2DR

Tel 023 8022 2394
Fax 023 8022 7513
E-Mail: gmunoz@solentmind.org.uk
Website: www.solentmind.org.uk
Operational Times

Social and drop-in clubs for people with mental health problems aged 18 to 80 throughout Southampton and in the Hath/New Forest area. Membership for social clubs is via referral only, either self or through professionals or carers. One club run is the Café Club (tel:023 8063 1607) in central Southampton. No referral is needed; just contact the Café Club for further information about opening times and how to become a member.

SVS Directory of Local Voluntary/Community Organisations

Solent Skill Quest Ltd

Dal Tagger
Abacus House
1 Spring Crescent
Portswood
Southampton
Hampshire S017 2FZ

Tel 023 8055 8222
Fax 023 8055 8333
E-Mail: dal.tagger@solentskillquest.co.uk
Website:
Operational Times
Mon - Fri 9am - 5pm

We support Education Business Partnership activities, life long learning, economic development and social inclusion in South West Hampshire and city of Southampton. We work in partnership with public, private and voluntary sector organisations, researching skill needs, identifying priorities, accessing funding, facilitating and delivering projects, evaluating outcomes and measuring progress.

Solent Strutters

Mrs Mary Evans

5 Coates Road
Sholing
Southampton
Hampshire SO19 OHN

Tel 023 8043 4924
Fax
E-Mail:
Website:
Operational Times
Meeting at Bassett Green School, Honeysuckle Road every Friday 6.30 - 9.30pm. Subscription 75p per session.

Majorette Troupe for girls 6 years +

Solent Youth Action

Joy Madgwick

16 Romsey Road
Eastleigh
Southampton
Hampshire S050 9AL

Tel 023 80650514
Fax 023 8090 2413
E-Mail: donna@solentyouthaction.org.uk
Website: www.solentyouthaction.org.uk
Operational Times
10am - 6pm

Solent Youth Action provides young people under 24 years old with the opportunity to volunteer to benefit both themselves and their local communities. Young people are supported to assist established non-profit making organisations help at initiatives. Solent Youth Action manages (such as youth clubs for teenagers with disabilities) or set up projects of their own. Solent Youth Action runs a millennium volunteers scheme.

SVS Directory of Local Voluntary/Community Organisations

Somali Women, Children & Development Community Group

Faduma Ibrahim
6 Marsh House
Orchard Lane

Tel 023 8023 8813
Fax
E-Mail: luula349@hotmail.com
Website:
Operational Times

Southampton
Hampshire SO14 3DE

Women and children services. Advancement education Relief of Poverty. Diversity. Family re-union. All services are free.

Sonus

Sue Weston
28-29 High Street

Tel 023 80220225
Fax 023 80213880
E-Mail: enquiries@sonus.org.uk
Website: <http://www.sonus.org.uk/>

Southampton
Hampshire SO14 2DF

Operational Times

Soroptimist International of Southampton and District

Mrs Doreen Davies

Tel 023 8026 6843

57 Westwood Gardens
Chandlers Ford

Fax
E-Mail: dhdavies@dhdavies.wanadoo.co.uk

Eastleigh
Hampshire SO53 1FN

Website:
Operational Times

Soroptimist International is a world wide organisation for women in management and professions, working through service projects to advance human rights and the status of women.

Soulsearch - Scientific Spirituality

Dr O P Sharma

Tel 023 8036 4749

9 Ridding Close
Shirley
Southampton
Hampshire SO15 5PT

Fax
E-Mail:
Website: www.soulsearch.org.uk
Operational Times

Mental Health - by controlling stress and strains in life through applied meditation. No fees at any stage. Soul Search - Scientific Spirituality works to lift the level of mind discipline and mind expansions. The write up is available on the Website.

SVS Directory of Local Voluntary/Community Organisations

South Hampshire Deaf Children's Society

Lisa Fletcher
4 Chapel Close
West End
Southampton
Hampshire SO30 3FF

Tel 023 80497899
Fax
E-Mail: lisa-fletcher@live.co.uk
Website:
Operational Times

NDCS trained representative in education and benefits. Support to families with deaf children

South Hampshire humanists

Richard Hogg
4 Arun Road
Portsmouth P06 3UD

Tel 023 9237 0689
Fax
E-Mail: INFO@southhumanists.org.uk
Website: <http://www.>
Operational Times

South Hampshire Reform Jewish Community

Damian Gevertz
Suite 153
151 High Street
Southampton
Hampshire SO14 2BT

Tel 023 8023 7657
Fax
E-Mail:
Website: www.shrjc.com
Operational Times

The community is spread over Hampshire and meets regularly at members homes and hired venues to celebrate the main Jewish festivals and events throughout the year.

Southampton & Fareham Chamber of Commerce and Industry

Daniel Brooks
"Bugle House"
53 Bugle Street
Southampton
Hampshire SO14 2LF

Tel 023 8022 3541
Fax 023 8022 7426
E-Mail: info@soton-chamber.co.uk
Website: www.soton-chamber.co.uk/
Operational Times

Key Services available: Membership, Networking/Events, International Trade, Training, Business Information, Representation.

SVS Directory of Local Voluntary/Community Organisations

Southampton Action For Access

louis slack
Flat 1 York House
York Close

Tel
Fax
E-Mail: louisslack180@aol.com
Website: www.southamptonaccess.org.uk
Operational Times

Southampton
Hampshire so14 5rs

Advice on all access issues for the whole of the community. Provides advice and carries out access survey's of local businesses and services to assist them in complying with the DDA. Works closely with Southampton City Council in an advisory role, particularly on planning issues.

Southampton Action For Employment (SAFE)

Nigel Hughes
unit 304 Solent Business Centre
Millbrook Road West

Tel 023 80702222
Fax
E-Mail: choices@safe.org.uk
Website: www.safe.org.uk
Operational Times

Southampton
Hampshire SO15 OHW

SAFE provides a highly successful programme of committed ongoing personal support and training for those who want to find work but need encouragement and guidance to help them achieve their goal. SAFE helps people who want a sense of purpose and hope in their lives. The aim is to restore confidence and clear direction and wherever possible achieve fulfilling employment or training.

Southampton Advertiser

Newspaper House
Test Lane
Redbridge
Southampton
Hampshire SO16 9JX

Tel 023 8042 4444
Fax 023 8042 4545
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Southampton afghanistani community association

Mohammad Fayazi
6 Munro Crescent
Southampton
Hampshire SO15 4PB

Tel
Fax
E-Mail: mjawad_fayazi@hotmail.com
Website: <http://www.>
Operational Times

Assists members in reading, writing, translating letters, completing forms and writing CVs. Provides support/advice on legal and immigration issues. Organises events to celebrate national dates, festival and religious occasions. Provides information in the areas of education and training opportunities. To involve the women of community to have equal opportunity. Organise sport events.

Southampton Al-Nisaa Association

Sister Nilofar
2 Grendon Close
Southampton
Hampshire SO16 3PE

Tel 023 8076 7184
Fax
E-Mail: arzoo_dalil@yahoo.co.uk
Website: www.alnissa.com
Operational Times

Voluntary organisation for Muslim women. Organises social and educational programmes. Improves the skills of members. Islamic Library for Muslim Women classes every Wed 1-3pm. Muslim Women Forum. Mothers and Toddlers Group

Southampton and Winchester Visitors Group

Xanthe Hackett
P O Box 1615
Southampton
Hampshire SO17 3WF

Tel 07503 176350
Fax
E-Mail: secretary.swvg@ntlworld.com
Website: www.swvg-refugees.org.uk
Operational Times

"For the relief of need, hardship and distress in the United Kingdom amongst refugees, asylum seekers and other immigrants by providing such charitable assistance as the Executive Committee see fit, including providing such persons with advice, assistance, representation, counselling in such matters as money, debts, welfare, benefits, housing, health, asylum, immigration, education, training and employment" from constitution. (Formerly known as Winchester Visitors Group for Refugees)

SVS Directory of Local Voluntary/Community Organisations

Southampton Anglo-German Society

David Dawkins
4 Holly Hill
Bassett
Southampton
Hampshire SO14 RX

Tel 023 8076 9181
Fax
E-Mail: djd@ecs.soton.ac.uk
Website: www.sags.uk.com
Operational Times

Friendship between UK and Germany and Southampton's twinning with RMK Germany.

Southampton Animal Concern

Brian George
Woodcote
Heath House Lane
Hedge End
Southampton
Hampshire SO30 0LB

Tel 023 8040 6160
Fax
E-Mail:
Website:
Operational Times
10am - 7pm

Fund raising and to raise awareness of animals. Anti-vivisection and factory farming.

Southampton Area Playcare Co-operative Ltd

Ms Nina Lambert
135 St Mary's Street
Southampton
Hampshire SO14 1NX

Tel
Fax
E-Mail:
Website:
Operational Times

Provides after-school care in an educational setting for children aged 5-12 years from schools in Central Southampton. Charges - £2 an hour but can vary. Our staff have teaching, special needs, craft and playcare qualifications. Excellent computing facilities (3 workstations) and sports/indoor games/library facilities. Healthy tea.

Southampton Area Talking Echo

Chris Litton
The Talking Echo Studio
3 Bassett Avenue
Southampton
Hampshire SO16 7DP

Tel 023 8076 7583
Fax
E-Mail: sate@hants.communicate.co.uk
Website: www.communigate.co.uk/hants/sate/index.phtml
Operational Times

We provide local news and information on cassette for blind and visually impaired people in Southampton, Eastleigh, Totton and the Waterside. Our listeners receive two cassettes every 2 weeks throughout the year and this service is provided free of charge.

SVS Directory of Local Voluntary/Community Organisations

Southampton Area Youth Involvement Trust

Will Rosie
48 Bugle Street
Southampton
Hampshire SO14 2AH

Tel 023 8023 5208
Fax
E-Mail: will.rosie@yahoo.co.uk
Website:
Operational Times

The objects of the organisation are to develop and implement youth initiatives for the benefit of the community, provide support and counselling to young people and to maintain regular contact with youth groups.

Southampton Aspergers Support Group

Sue Jacobs
236 Middle Road
Sholing
Southampton
Hampshire SO19 8PG

Tel 023 8043 2612
Fax
E-Mail:
Website:
Operational Times

The group run a Drama Group once a week on a Tuesday (except school holidays) at Sholing Junior School, Middle Road, Southampton from 7.30 to 9.30.

The group is aimed at improving social skills as well as being a social evening. They also organise outings to the Theatre etc.

Southampton Books for Children Group

Anne Clewlow
9 Northlands Gardens
Southampton
Hampshire SO15 2NL

Tel 023 8022 1707
Fax
E-Mail: annie.clewlow@btopenworld.com
Website:
Operational Times

To encourage an enjoyment of books in children. Taking authors into schools. Book theme parties for children's groups. Listening to readers in school.

Southampton Branch of Back Care

Carole Smith
12 Alexander Way
Botley
Southampton
Hampshire S030 2EO

Tel 01489 782901
Fax
E-Mail:
Website:
Operational Times
Provides Hydrotherapy Sessions twice weekly and two yearly meetings with a speaker

Provides Hydrotherapy Sessions twice weekly at a cost of £ 4.00 per hour. They hold two yearly meetings with a speaker. Membership is at a cost of £ 5.00 per year. Sessions are either 6-7 or 7-8 at Southampton General.

Southampton Carers Together (formerly Southampton Carers Association)

Stan Fitzgerald
32 Ellis Road
Pinewood Park
Thornhill
Southampton
Hampshire S019 6GR

Tel 023 8040 2644
Fax
E-Mail:
Website:
Operational Times

Providing help, support and information for carers.

Southampton Centre for Independent Living (SCIL)

Ian Loynes
Unity 12
9-19 Rose Road
Southampton
Hampshire S014 6TE

Tel 023 8033 0982
Fax 023 8020 2648
E-Mail: info@southamptoncil.co.uk
Website: www.southamptoncil.co.uk/
Operational Times
Mondays to Fridays 9am - 5pm

Everybody has the right to lead an independent life. Our aim is to support people in achieving this. "Choice & Control"

Southampton Childminders Association

Tel
Fax
E-Mail:
Website:
Operational Times
9am - 5pm

SVS Directory of Local Voluntary/Community Organisations

Southampton Children's Play Association (SCPA)

Layla O'Cain
9 Acorn Enterprise Centre
Empress Road

Southampton
Hampshire SO14 0JY

Tel 023 8033 7888
Fax 023 8033 7888
E-Mail: office@scpaplay.org.uk

Website:

Operational Times

term-time after school clubs and summer holiday
playschemes across Southampton

We run free, open access term-time after school clubs and summer holiday playschemes across Southampton for 5 to 14 year olds. At our play provision there are many activities available including; sports, games, arts and crafts, role play, painting, drawing and much more.

Southampton Chinese Community Sunday School

Jenny Fung

72 Windermere Avenue
Millbrook
Southampton
Hampshire SO16 9GF

Tel
Fax
E-Mail:
Website:
Operational Times

Southampton City Art Gallery

Esta Jones
Civic Centre
Commerial Road

Southampton
Hampshire SO14 7LP

Tel 023 8083 2277
Fax 023 8083 2153
E-Mail: art.gallery@southampton.gov.uk
Website: www.southampton.gov.uk

Operational Times

The City Art Gallery offers an exciting programme of historic, modern and contemporary exhibitions. Regular talks tours, and art workshops are organised in conjunction with the exhibitions.

Southampton City Centre Parish

Rev Ian Johnson
135 St Mary Street

Southampton
Hampshire SO14 1NX

Tel 023 8033 0851
Fax 023 8033 0760
E-Mail: rectory@sccp.demon.co.uk
Website: www.hants.org.uk/sotoncitycentrep/parish/

Operational Times

A community of Christians of the Anglican tradition, seeking to witness to the redeeming presence of God in the world, serve those in need and raise up the down trodden. It worships in St Mary's and St Michael's churches and welcomes all people of goodwill.

SVS Directory of Local Voluntary/Community Organisations

Southampton City College

Graeme Baker
St Mary Street

Southampton
Hampshire SO14 1AR

Tel 023 8057 7418
Fax 023 8057 7473
E-Mail: graeme.baker@southampton-city.ac.uk
Website: www.southampton-city.ac.uk/
Operational Times

Our Community Liaison team are working in communities to offer people informal guidance as well as the opportunity to 'taste' sessions and courses available with City College.

Southampton City Libraries

Ms Ann Pearce
Southampton City Council
Civic Centre

Southampton
Hampshire SO14 7LT

Tel
Fax
E-Mail:
Website: reference.library@southampton.gov.uk
Operational Times

Southampton City Scout District

Graham Meering

15 Moat Hill
Townhill Park
Southampton
Hampshire SO18 2DS

Tel 023 8055 8582
Fax
E-Mail: g.meering@sky.com
Website:
Operational Times

Promoting the development of scouting in the Southampton city district and arranging harmonious co-operation with other organisations.

Southampton City Training Adult Learning

Suzanne Uppal
Unit 2, Saxon Gate
Maybush

Southampton
Hampshire SO14 3HA

Tel 023 8038 5223
Fax 023 8033 4572
E-Mail: admin@sotonat.co.uk
Website:
Operational Times

Southampton City Training offers National Traineeships and Modern Apprenticeships, for young people aged 16-24, in a variety of occupational areas. We also deliver the Environmental Task Force option of New Deal for Young People aged 18-25 who have been unemployed for 6 months or more.

SVS Directory of Local Voluntary/Community Organisations

Southampton Commons and Parks Protection Society

Kate Martin
83 Dean Road
Bitterne
Southampton
Hampshire SO18 6AQ

Tel 023 8044 5062
Fax
E-Mail: kate@devonshirevilla.freeserve.co.uk
Website:
Operational Times

To protect and enhance the City's green open spaces.

Southampton Community Family Trust

John Deagle
c/o Southampton Voluntary Services
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Tel 023 8021 6003
Fax
E-Mail: info@scft.org.uk
Website: www.scft.org.uk
Operational Times
10am - 3pm

Community based relationship education and support. Areas of work: Marriage Preparation Support, Financial Literacy, Marriage Support, Parenting Support.

Southampton Concert Orchestra

Michael Hall
26 Ferry Road
Hythe
Southampton
Hampshire SO45 1GD

Tel 023 8084 2865
Fax
E-Mail:
Website:
Operational Times
Sunday evenings at Millbrook Church Hall 7.00pm - 9.30pm.

Meets to enable amateur musicians to make music.

Southampton Council Tenants And Residents Federation

Mark Humphries
Ground Floor - Southbrook Rise
4-8 Millbrook Road East
Southampton
Hampshire SO15 1YG

Tel 023 8083 3024
Fax
E-Mail:
Website:
Operational Times

Provide a Forum for Tenants and Residents Associations

SVS Directory of Local Voluntary/Community Organisations

Southampton Counselling & Therapy Centre

Heather Marsh

Tel 023 80774573

34 Shirley Avenue

Fax 023 8023 3763

E-Mail: sctc@talktalk.net

Southampton

Website: www.sctc.counselling.co.uk

Hampshire SO15 5NG

Operational Times

02380 233763 Tuesday and Thursday afternoons

078135 41731 daytimes

The Integrated Service, begun in 2006, provides a psychodynamic assessment and then weekly counselling/ psychotherapy sessions as appropriate and of suitable duration. Donations are requested according to the means of each client and low-cost help is usually available. Self referral is required, although many clients are informed about us by health professionals.

Southampton Counselling Ltd

Gill Aftanas

Tel 023 8063 9966

Southampton Counselling Ltd

Fax

Union Road

E-Mail: info@southamptoncounselling.org

Northam

Website:

Southampton

Operational Times

Hampshire SO14 7PT

Office hours are: 10am-3pm Mon-Fri

Offers psychodynamic individual, or group counselling. No set fees but contributions expected. Training- WPF national counselling skills, WPF national diploma. Supervision and training is arranged for voluntary and public sectors at their request.

Southampton Crown Court Witness Service

Trevor Witt

Tel 023 8033 0928

The Courts Of Justice

Fax

Combined Courts Centre

E-Mail:

London Rd

Website:

Southampton

Operational Times

Hampshire SO15 2XQ

Volunteers are required to assist witnesses in the Crown Court by arranging and giving pre-court visits making witnesses feel at ease.

SVS Directory of Local Voluntary/Community Organisations

Southampton Cycling Campaign

Eric Reed

Tel 023 8077 1689

Fax

27 Ash Close

E-Mail: ericliz27@btinternet.com

Thornhill

Website: www.southamptoncycling.org.uk

Southampton

Operational Times

Hampshire SO19 5SD

Meetings are held on the second Monday of every month (except August) at the Friends Meeting House, Ordnance Road, Southampton between 7.45 to 9.00 pm

Southampton Cycling Campaign works to encourage cycling in the City by liaising with the council, campaigning for better facilities and advising people of how they can get "on their bikes".

Southampton District Woodcraft Folk

Celia Sanders

Tel

Fax

3 Aberdeen Road

E-Mail: celiasanders@hotmail.co.uk

Website: www.woodcraft.org.uk

Southampton

Operational Times

Hampshire SO17 2LL

Meetings are held on a weekly basis during term time, plus camps during the summer.

Woodcraft is a co-operative educational movement for children and young people based on equality, peace, social justice, environmental awareness and co-operation. Elfins 6-9 yrs, Pioneers 10-12 yrs, Venturers 13-15 yrs.

Southampton Diving Academy

Miles Osborne

Tel 023 8088 1707

Fax

E-Mail: miles.osborne@gmail.com

Website:

Operational Times

The objectives of the the club is to teach, develop and practice diving, promote interest and participation of diving. To support members to achieve excellence and contribute to national success.

SVS Directory of Local Voluntary/Community Organisations

Southampton Domestic Violence Forum

The Chair
c/o Social Cohesion, Southampton City Council
4th Floor, Frobisher House
Commercial Road
Southampton
Hampshire SO18 6AH

Tel 023 8083 3288
Fax 023 8083 3288
E-Mail: social.cohesion@southampton.gov.uk
Website:
Operational Times
Mon - Fri 9am - 5pm

Multi agency group aiming to improve responses to domestic violence in Southampton. Action is progressed via Southampton Strategy Against Domestic Violence and four issues specific working groups relating to children and young people, training, housing and justice issues. Also have a full directory of domestic violence services and helpline cards.

Southampton Fairtrade City Group

Ann Newton
1 Bassett Wood Drive
Bassett
Southampton
Hampshire

Tel
Fax
E-Mail:
Website:
Operational Times
AGM invite returned as not at this address, no phone or email facility to contact them via. Have removed svsmem keyword for this reason, they are members, but contact details wrong and no other way to contact them. Vs 20/01/10

Fairtrade guarantees a better deal for third world producers

Southampton Federation of Residents Associations

Peter Wirgman
29 Alma Road
Portswood
Southampton
Hampshire SO14 6UN

Tel 023 80 321669
Fax
E-Mail: peter.wirgman4@ntlworld.com
Website: http://www.
Operational Times

To represent locally and nationally the interests of our affiliated resident associations.

SVS Directory of Local Voluntary/Community Organisations

Southampton Federation of Residents' Associations

Peter Wirgman
29 Alma Road
Portswood
Southampton
Hampshire SO14 6UN

Tel 023 8032 1669
Fax
E-Mail: peter.wirgman4@ntlworld.com
Website:
Operational Times
10am - 6pm

Umbrella organisations representing 42 Residents Associations. Aim is to provide a Forum for Residents' Associations and Groups which have been duly constituted and which exists to provide a service to residents of Southampton. To promote and further interests of Member Residents' Associations in all matters of concern regarding repairs, improvements to property, roads, footpaths, gardens, safety and all services provided by the Council.

Southampton Film Theatre (Known as the Phoenix)

Mr Andrew Jackman
23 Blenheim Avenue
Southampton
Hampshire SO17 1DW

Tel
Fax
E-Mail: secretary@thephoenix.org.uk
Website:
Operational Times

To encourage the development of film and public appreciation of the medium of film and to promote the use of film as a record of contemporary life, particularly with reference to Hampshire and the city of Southampton.

Southampton Foster Carers Association

Linda Taylor
83 Bournemouth Road
Chandlers Ford
Eastleigh
Hampshire S053 3AP

Tel 023 8090 0133
Fax
E-Mail: lindataylor322@yahoo.co.uk
Website:
Operational Times
24 hours

An association who is for the foster carers who look after children for Southampton City Council. To support carers and their children and to provide a listening ear and help and also encourage carers to participate in fun activities. The association is also involved in recruitment of more carers and training.

SVS Directory of Local Voluntary/Community Organisations

Southampton Friends of The Earth

Christine Duffill
Old Bakery Cottage
Redbridge Lane
Nursling
Southampton
Hampshire SO16 0XN

Tel 023 8073 7909
Fax
E-Mail: duffill@btinternet.com
Website:
Operational Times
Meetings are on 2nd Thursday of each month,
7.30pm at Friends Meeting House, 1A Ordnance
Road

We are a local pressure group which campaigns on local and global environmental issues.

Southampton General Hospital League of Friends

Mrs Sallyanne Hurst

50 Salerno Road
Lordswood
Southampton
Hampshire SO16 5PJ

Tel 023 8079 6314
Fax
E-Mail:
Website:
Operational Times

Volunteers staff and various facilities at the General and Princess Anne hospitals. Raising funds for equipment and facilities for patients and staff. Facilities include 2 shops, 3 coffee bars, a trolley that sells books and 1 for refreshments.

Southampton General Hospital Voluntary Services

Kim Sutton
Level C
Tremona Road
Shirley
Southampton
Hampshire SO16 6YD

Tel 023 8079 6062
Fax
E-Mail: mark.hackett@suht.swest.nhs.uk
Website:
Operational Times

Acute hospital trust over 5 sites in and around Southampton. Hospital volunteers undertake a variety of roles within a hospital setting.

Southampton Gymnastics

Barry Phelan
Redbridge Community School
Cuckmere Lane

Southampton
Hampshire

Tel 023 80529952
Fax
E-Mail:
Website:
Operational Times

Gymnastic classes for all ages. Levels Tumble Tot's, Gymbobs, General Gymnastics, Artistic Sports Acrobatics, Sports Aerobics, Rhythmic, Council supported, very reasonable rates.

SVS Directory of Local Voluntary/Community Organisations

Southampton Health Service Retirement Fellowship

Miss Christine Murrey
The Bungalow
Melchet Park
Sherfield English
Romsey
Hampshire SO51 6FS

Tel 01794 884 389
Fax
E-Mail:
Website:
Operational Times
Meetings once monthly

To all retired health service employees and partners. We are an active group that meets monthly in a friendly and warm atmosphere, running interesting day trips and annual holidays.

Southampton Hebrew Congregation

Martin Goldstein
The Synagogue
Mordaunt Road

Southampton
Hampshire SO14 6GP

Tel 023 8022 0129
Fax
E-Mail:
Website:
Operational Times

To maintain and develop Jewish worship and education. Attend also to welfare needs of local Jewish population. Religious services, religious education and outreach welfare.

Southampton Hospital Broadcasting Association

Yvonne Lowe
The Studio Centre
Tebourba Way

Southampton
Hampshire SO16 4QE

Tel 023 8078 5151
Fax
E-Mail: southampton_hba@yahoo.co.uk
Website:
Operational Times
Weekdays 6pm - 10.30pm

Helping to keep in touch

Southampton Inter Faith Link

Rev Ian Johnson

c/o 135 St Mary Street

Southampton
Hampshire SO14 1NX

Tel 023 8033 0851
Fax 023 8033 0760
E-Mail: rectory@sccp.demon.co.uk
Website:
Operational Times

The Link is a group of people from different religious traditions who meet together in order to grow in mutual understanding and act upon issues of common concern.

SVS Directory of Local Voluntary/Community Organisations

Southampton ITEC

Lorraine Wheeler

Tel 023 8063 8966

28-29 St Mary Street

Fax 023 8063 1658

E-Mail: lorraine@sitec.org.uk

Southampton

Website:

Hampshire SO14 1NP

Operational Times

Provide training in Information Technology.

Southampton Jazz Club

Andy Iles

Tel 023 8049 1954

"Bebop Yard"

Fax

57 Archery Grove

E-Mail: ilesfamily@btinternet.com

Woolston

Website:

Southampton

Operational Times

Hampshire SO19 9EW

On Tuesday evenings at Southampton University, Staff Club in term time only open to non-members, session charges with concessions.

Live jazz sessions in modern mainstream style. Local and international musicians, jazz development, workshops for young and old.

Southampton Life (Cares) Group

Jean Mason

Tel 023 8047 4314

135 St Marys Street

Fax

St Marys

E-Mail:

Southampton

Website:

Hampshire SO14 1NX

Operational Times

Life aims to uphold respect for human life from fertilisation support and help pregnant women and unsupported mothers advance the education of the public in all matters relating to pregnancy (school talks etc.)

SVS Directory of Local Voluntary/Community Organisations

Southampton Local History Forum / Family History Club

Stephen Grace
Special Collections Library
Civic Centre

Tel 023 8083 2205
Fax 023 8033 6305
E-Mail: local.studies@southampton.gov.uk

Website:

Southampton
Hampshire SO14 7LW

Operational Times

Meetings held on the 3rd Wednesday of every month (1st Wednesday for Family research) except June - August, in the Northguild Civic Centre 7:00pm - 9:00pm. Informal research groups also meet on the 1st Monday of every month.

A society for those interested in the history of Southampton and its neighbourhood. Evening walks are held in June and July. A separate club is held in the special research library for those carrying out family research.

Southampton Mosque Trust

Zahir Ahmed

189 Northumberland Road

Tel 023 8033 1560

Fax

E-Mail:

Website:

Southampton
Hampshire

Operational Times

Providing place of worship. Teaching for young children and adults. Activities for women and children.

Southampton Natural History Society

Phil Budd

488 Bittnerne Road East
Bitterne
Southampton
Hampshire SO18 5EP

Tel 023 8039 4807

Fax 023 8022 9371

E-Mail: philbudd@ukonline.co.uk

Website:

Operational Times

To Observe, to study and record natural history in all its aspects in and around Southampton and to promote, organise and encourage the education of the public in the study of, and the advancement of knowledge in natural history in all its forms. We hold meetings, walks, workshops to this purpose.

SVS Directory of Local Voluntary/Community Organisations

Southampton Portage Service

Jo Corcoran
Southampton Psychology Service
5th Floor, Frobisher House
Nelson Gate
Southampton
Hampshire SO15 1BZ

Tel 023 8083 3186
Fax
E-Mail:
Website:
Operational Times

Parents know their own children best and portage builds on this knowledge so that families can teach their own child in manageable steps. A few minutes is needed each day when the family can practice the agreed activities with the child in a fun way.

Southampton Puja and Cultural Association

Dr. Sujit Sahu
19 Field View
Chandlers Ford
Eastleigh
Hampshire SO53 4LJ

Tel
Fax
E-Mail: sujitsid@yahoo.co.uk
Website:
Operational Times

Southampton Rape Crisis & Sexual Abuse Counselling Service

PO Box 1401
Head Post Office
Southampton
Hampshire SO18 9AD

Tel 023 8063 6312
Fax 023 8077 8318
E-Mail: sotonrc@yahoo.co.uk
Website:
Operational Times
open Sunday and Monday evening 7-10pm,
Tuesday 10-1pm and Thursday 1-4pm

Provides a range of free and confidential advice, information and counselling services for women who have been raped or sexually abused at any time in their lives. Initial contact through the helpline. Free face to face counselling by appointment.

Southampton Real Nappy Network

Olivia Barnes
48 Bond Road
Southampton
Hampshire S018 1LQ

Tel 023 8036 4635
Fax
E-Mail: info@southamptonnappies.com
Website: www.southamptonnappies.com
Operational Times

We promote the use of real (washable) nappies, holding information stalls at relevant events.

SVS Directory of Local Voluntary/Community Organisations

Southampton Recorded Music Society

David Owen Cheale
23 Charmwen Crescent
West End
Southampton
Hampshire SO30 3AQ

Tel 023 8047 7790
Fax
E-Mail:
Website: www.hants.org.uk/srms
Operational Times

The Southampton Recorded Music Society provides an opportunity for people of all ages and backgrounds to meet on a regular basis for the shared enjoyment of classical music, predominantly via a medium of compact discs on good quality hi-fi equipment. We have a broad range of guest speakers and many presentations are given by members of the society.

Southampton Reference Library

Ms Alison Connolly
Soton City Library & Archives Service
Civic Centre
Southampton
Hampshire SO14 7LW

Tel 023 8083 2462
Fax
E-Mail:
Website:
Operational Times

To ensure the people of Southampton have access to the records of human experience and knowledge. To enable individuals to pursue their interests and concerns. To meet the information needs of individuals and organisations within the community. To promote and encourage the importance of literacy and reading.

Southampton Rethink Carers Support Group

Christine Hammond
40 Seaview Estate
Netley Abbey
Southampton
Hampshire SO31 5BQ

Tel 023 8045 3297
Fax
E-Mail:
Website: www.rethink.org/
Operational Times

Managing the recovery from Mental Health to Recovery

Southampton Royal Naval Officers Association

Captain R.M.W. Porter RD (RNR)
6 Orient Drive
Winchester
Hampshire SO22 6NZ

Tel 01962 864274
Fax
E-Mail:
Website:
Operational Times
Meetings are held on 1st Tuesday in the month, October to May at the British Sailors Society.

An association of retired officers of the Royal Naval and its reserves meets on 1st Monday of Feb to May and Sept to Dec.

SVS Directory of Local Voluntary/Community Organisations

Southampton Samaritans

Sue Roberts
11 College Place
London Road

Tel 023 8063 2888
Fax 023 8023 1587
E-Mail: jo@samaritans.org
Website: www.samaritans.org.uk

Southampton
Hampshire S015 2FE

Operational Times

Provides support by befriending of those people passing through crisis and despair, who may be in danger of taking their own lives through suicide. The National freephone number is 0345 909090. Available 24 hours per day, 365 days per year. Personal callers to the centre from 10:00am - 10:00pm

Southampton Samurai Judo Club

Miss Joanne Barry
The Eastpoint Centre
Burgoyne Road
Thornhill
Southampton
Hampshire S019 6PB

Tel 023 8044 6307
Fax
E-Mail: jo.barry2@btinternet.com
Website: www.ssjc.co.uk

Operational Times

Monday 4.30pm - 6.00pm, Friday 7.00pm - 9.00pm, Saturday 9.30am - 1.00pm

To teach children and young adults self-confidence and a respect for their peers and the local community.

Southampton Scouts Community Development Project

Graham Meering
Scout HQ
Leaside Way
Bassett
Southampton
Hampshire SO16 3EQ

Tel 023 8057 6003
Fax
E-Mail: scouts@callnetuk.com
Website:

Operational Times

Scouting provides an opportunity for adults to lead young people, aged 6-20, in a wide range of activities, or to become an instructor or helper, supporting group leaders. Scouting aims to promote the development of young people in achieving their full potentials as individuals and as members of the local community.

Southampton Scrapstore

John Marsh
Unit 15
Belgrave Industrial Estate

Tel 023 8040 2812
Fax
E-Mail: southampton.scrapstore@virgin.net

Website:

Southampton
Hampshire SO17 3EA

Operational Times

To provide low-cost reusable waste materials to organisations working with children or other areas of benefit, for use in play, creative and educational.

SVS Directory of Local Voluntary/Community Organisations

Southampton Sight

Mandy Swift

Tel 023 8076 9882

Fax 023 8076 7930

3 Bassett Avenue

E-Mail: support@southampthonsight.co.uk

Website: www.ss4b.org.uk

Southampton

Operational Times

Hampshire SO16 7DP

Provides information and support to people with a visual impairment in Southampton through a network of services by telephone, home visits, befriending, and social activities, outings, advice and support, information, equipment demonstration and supply, and independent living advice. We also advise private and government sector businesses on access and understanding sight loss.

Southampton Somali Community Association

Abdiwahab Elmi

Tel 023 8033 5079

Fax 023 8033 4806

FLAT 80 ALBION TOWERS

E-Mail: ssca2004@aol.com

GOLDEN GROVE

Website:

Southampton

Operational Times

Hampshire SO14 1JA

The relief of poverty by the provision of advice and information and the advancement of education among Somail descent with the city of Southampton. We work with the refugees and asylum seekers.

Southampton Special Purpose Workshop

Jim Parker

Tel 023 8033 8452

Fax 023 8043 8021

46-48 Clausentum Road

E-Mail: specialpw@tiscali.co.uk

Bevois Valley

Website: www.sspw.co.uk

Southampton

Operational Times

Hampshire SO14 6RZ

9.00am - 4.00pm

We are a special needs service. An alternative to a traditional day service offering work / type activities.

Southampton Street Pastors

Richard Pitt

Tel 023 80 999896

Fax

Georg Williams House

E-Mail: southampton@streetpastors.org.uk

Cranberry Place

Website: <http://www.>

Southampton

Operational Times

Hampshire SO14 0LG

To train and support volunteers from local churches to engage with people on the streets and in night-time venues to care, listen, dialogue and offer practical help.

SVS Directory of Local Voluntary/Community Organisations

Southampton Sustainability Forum

Kirsty Hill
c/o The Environment Centre
14-15 Brunswick Place

Tel 023 8063 3009
Fax 023 8033 6191
E-Mail: kirsty.hill@environmentcentre.com
Website: www.southampton-sustainability.org

Southampton

Hampshire SO15 2AQ

Operational Times

We are a volunteer organisation working to promote sustainable development in Southampton. We provide free membership for all to share information and activities via events, the internet and the newsletter. We encourage public involvement in activities in the city, promote sustainable development to decision making bodies and develop projects to promote a sustainable city.

Southampton Tenants and Residents Silver Surfers (STARSS)

David Osborne
46 Milner Court
Milner Street
Shirley
Southampton
Hampshire

SO15 5PG

Tel 023 8051 2884
Fax
E-Mail:
Website: <http://www.>

Operational Times

To work on behalf of residents to enable them to use computers which will benefit them in terms of living independently and to take part in social activities.

Southampton Twins & Supertwins

Rachel Larbalestier

78 Middle Road
Sholing
Southampton
Hampshire

SO19 8FS

Tel
Fax
E-Mail:
Website:
Operational Times

Support group for families with multiples from antenatal care onwards. We offer meetings with play facilities from birth onwards.

Southampton University Hospitals NHS Trust

Mark Hackett
Southampton General Hospital
Tremona Road
Shirley
Southampton
Hampshire

S016 6YD

Tel 023 8077 7222
Fax
E-Mail:
Website:
Operational Times

Acute hospital trust over 5 sites in and around Southampton. Hospital volunteers undertake a variety of roles within a hospital setting.

SVS Directory of Local Voluntary/Community Organisations

Southampton University of the Third Age

Brenda Gould
18 Coniston Gardens
Hdge End
Southampton
Hampshire SO30 0LP

Tel 01489 784283
Fax
E-Mail: barryandbrenda@talktalk.net
Website: <http://www.>
Operational Times

Southampton University Students Union - Rag

Ziaur Rahman
University Of Southampton
University Road
Highfield
Southampton
Hampshire SO17 1BJ

Tel 023 8059 5218
Fax 023 8059 5252
E-Mail: susurag@soton.ac.uk
Website: www.susu.org/
Operational Times

Empowers/assists staff and students at the University to raise funds for a variety of charities. Will do street collections on application. General funds are distributed every June/July to nominated local charities, chosen from those applying previously.

Southampton Women's Aid

Annette Odom
P O Box 20
Southampton
Hampshire SO14 6BA

Tel 023 8033 8881
Fax 023 8063 3751
E-Mail: info@southamptonwomensaid.org.uk
Website: annette.odom@southamptonwomensaid.org.uk
Operational Times
OFFICE HOURS - 8.30am - 5.00pm REFUGE CALL 24/7
HELPLINE OPEN: MONDAY 10 AM - 1 PM,
WEDNESDAY 6 PM - 9 PM AND FRIDAY 10 AM - 1 PM. [08088 01 03 34 FREE TO CALL FROM MOBILE AND LAND LINES]. Callers seeking safe refuge accommodation should call Stonham H

Will meet women who are experiencing domestic violence who do not need to come into the refuge but who need advice/support. Advice/support also offered over the telephone during office hours.
Advice Line: 023 8071 0068 Soton Police: 0845 0454545 The Samaritans: 023 8063 2888. Callers seeking safe refuge should call Stonham Housing Association - see details below.

SVS Directory of Local Voluntary/Community Organisations

Southampton Working Womens Project

Emily Jaramazovic
Department of G. U. M.
Royal South Hants Hospital
St Marys
Southampton
Hampshire SO14 0YG

Tel 023 8063 1112
Fax 023 8082 5122
E-Mail: swwp@scpct.nhs.uk
Website: www.swwp.org

Operational Times
OFFICE HOURS: 9.30am - 5.00pm OUTREACH:
8.30am - 11.00pm

SWWP is for any age who work, or have worked in any area of the sex industry. We provide information support and advice and work with women to improve their sexual health and life chances. We supply condoms, lube etc, and 2 dedicated sexual health clinics per week. We do street outreach three evenings per week. We provide a monthly newsletter with dodgy-punter reports, sex working women want to talk about sex, drugs, violence, the law, or anything else.

Southampton Youth Swimming & Southampton City A.C.

Mrs R Old
49 Atherley Road
Shirley
Southampton
Hampshire SO15 5DT

Tel 023 8063 2300
Fax
E-Mail:
Website:
Operational Times

Spina Bifida & Hydrocephalus Association - Southampton

Stanley Fitzgerald
32 Ellis Road
Thornhill
Southampton
Hampshire SO19 6GR

Tel 023 80402644
Fax 023 8057 8360
E-Mail:
Website:
Operational Times

Provides information and support to relatives and sufferers of Spina Bifida and Hydrocephalus. Assist and help to provide special aids and equipment.

SVS Directory of Local Voluntary/Community Organisations

Springboard

David Wrighton
The Dovetail Centre
Winchester Road
Chandlers Ford
Eastleigh
Hampshire SO53 2GJ

Tel 023 80271462
Fax
E-Mail: info@springbrd.org
Website:
Operational Times

Springboard aims to help people to move on and make the best of their lives, with a particular focus on career.
We aim to provide professional careers guidance, counselling and life coaching in one-to-one sessions backed up by access to modern computer technology and software and a professional and supportive environment.

Springboard Employment & Training Group

David Wrighton
The Dovetail Centre
Winchester Road

Eastleigh
Hampshire SO53 2GJ

Tel 023 8027 1462
Fax 023 8027 1462
E-Mail: info@springbrd.org
Website:
Operational Times
Open Monday to Friday 10.00am - 4.00 pm.

Self-Help Group of unemployed people and volunteers to help you find employment. Support in Preparation of Job applications, CV's and Letters.

SSAFA - Soldiers, Sailors, Airmen and Families Association

Bryan Wilson
Blighmont TA Centre
Millbrook Road West

Southampton
Hampshire SO15 0AJ

Tel 023 8077 0640
Fax 023 8077 0640
E-Mail: ssafasouth@uk2.net
Website:
Operational Times
10.00am - 12.00pm Tuesday and Thursday

To obtain help, usually of financial nature for those in need who has served in the armed forces or merchant navy and their dependent relations (including widows or widowers)

SVS Directory of Local Voluntary/Community Organisations

St Boniface Parent & Toddler Group

Mrs H Bignell
c/o The Priests House
143 Shirley Road
Shirley
Southampton
Hampshire SO15 3JD

Tel 023 8077 1231
Fax 023 8052 8236
E-Mail: hmbignell@hotmail.com
Website:
Operational Times
9.45am - 11.15am Friday TERM TIME

The St Boniface Parent and Toddler aims to provide a relaxed environment for parents/carers and their children to play and socialise. The group runs term time only (Fri 9.45am - 11.15pm) and costs £1 per family. New Members are welcome.

St Christophers Church of England - Thornhill

Revd Geoff Awnas
The Vicarage
402 Hinkler Road
Thornhill
Southampton
Hampshire SO19 6DF

Tel 023 8044 8537
Fax
E-Mail:
Website:
Operational Times

A place of worship. Actively promotes Christian involvement in the local community of Thornhill.

St Denys Community Help Projects

Pam Maidment
St Denys Church Centre
Dundee Road

Southampton
Hampshire SO17 2ND

Tel 023 8034 4377
Fax
E-Mail:
Website:
Operational Times

Provides parent and toddler group, daily playgroup, primary age youth club and lunch club for the elderly.

St John Ambulance - Social Care

Gwen Owen

216 Waterhouse Lane
Millbrook
Southampton
Hampshire SO15 81U

Tel 023 8043 5946
Fax 023 8043 5946
E-Mail: jillian.m.a@btinternet.com
Website:
Operational Times

St Johns Ambulance is the UK's leading First Aid transport and care charity. Its mission is to provide first aid and medical support services, caring services in support of community needs and educational training and personal development to young people.

SVS Directory of Local Voluntary/Community Organisations

St Joseph & St Edmund's Roman Catholic Church

Canon John O`Shea
c/o St Edmunds Presbytery
14 Rockstone Place

Tel 023 8033 3589
Fax 023 8063 5173
E-Mail: parish@catholic.co.uk

Southampton
Hampshire SO15 2EQ

Website:

Operational Times

Home address of Colin Warborg is: Lansdowne House, Castle Lane, Southampton, S014 2BU.
Telephone: 023 80222662. Fax: 023 0231762.
colinwarborg@btinetnet.com

We are a church based organisation who aim to make a contribution to the life and welfare of the citizens of Southampton. Our philosophy is based on the Christian teaching. We manage the EU Welcome Project and City Centre Catholic Care. We co-ordinate the spiritual needs of the Filipinos and Polish Communities. We run the Wednesday Lunch Club for the elderly and Monday Club for the elderly. We are also partners in the Credit Union and rent deposit scheme.

St Mark's Church - Woolston

Reverend Miles Newton

Tel 023 8044 1124

117 Swift Road
Woolston
Southampton
Hampshire SO19 9GR

Fax

E-Mail:

Website:

Operational Times

To work for the good of all people

St Mary's Tenants and Residents Association

David Bruce

Tel

89 James Street

Fax

E-Mail:

Southampton
Hampshire SO14 1PP

Website:

Operational Times

To promote the interests of all residents in the area and assist in maintaining good relations between all members of the community.

SVS Directory of Local Voluntary/Community Organisations

St Sebastian's Community Projects and Community Church

Revd Paul Gibson
c/o 11 Freda Routh Gardens
Eastleigh
Hampshire SO50 7LY

Tel 023 8069 7226
Fax
E-Mail: revdpaulgibson@aol.com
Website: www.ourchurch.com/member/s/St
Sebastians/
Operational Times

Open and vibrant community church with special ministry for LGBT people across hampshire. Sebastians - Young Adults Group, Sunday Fellowship Club for Senior Citizens, Advice and Information, Counselling.

Sticky Fingers Pre-school

Claire Tobin
Newlands Primary School
Ullswater Road
Millbrook
Southampton
Hampshire SO16 9EA

Tel 023 8076 4499
Fax
E-Mail: stickyfingers@newlandsprimary.org.uk
Website: claire@stickyfingerspreschool.org.uk
Operational Times
MONDAY - FRIDAY, 9.15am - 11.45pm 12.30pm - 3.00pm

Good quality care for children aged 2yrs 11 months to 4yrs 11months

Stonham Housing Association

Nikki Parker
30 Oxford Street
Southampton
Hampshire SO14 3DJ

Tel 023 8033 1593
Fax 023 8023 4869
E-Mail:
Website: www.stonham.org.uk
Operational Times
Mon - Fri 9am - 5pm

We believe that every individual should be treated with dignity and respect.

SVS Directory of Local Voluntary/Community Organisations

Student Community Action - Southampton University

Lizzie Gross
Student Activities Office
University Road
Highfield
Southampton
Hampshire SO17 1BJ

Tel 023 8059 5209
Fax
E-Mail: kah402@soton.ac.uk
Website: www.action.susu.org
Operational Times

The Student Community Action (SCA) Department at Southampton University Students Union gives students the opportunity to get involved in their local community while they are at University. Through this we believe that both individual students benefit. The projects are organised in a number of different ways: Student led - Students set up and run projects that they interested in, Placements - SCA places student volunteers in community projects / organisations Partnership - SCA works in partnership with other agencies to run projects One-off events - volunteers organise, or participate in, events such as Christmas parties, garden projects and so on

Supporters of the Warren Centre

Susie Rosie
c/o The Warren Centre
Warren Crescent
Shirley Warren
Southampton
Hampshire SO16 6AY

Tel 023 8032 7802
Fax 023 8032 7802
E-Mail: supporters@warrencentre.co.uk
Website:
Operational Times

To support the Warren Centre and its users to provide lifelong learning and leisure services for the local area. Fundraising for community projects/activities and organising social events to encourage community involvement.

Sure Start (Weston)

Amanda Kelly
60 Foxcott Close
Weston
Southampton
Hampshire SO19 9JQ

Tel 023 8043 7866
Fax 023 8043 7865
E-Mail: amanda.kelly@southampton.org.uk
Website:
Operational Times
Monday - Friday, 9.00am - 5.00pm

Sure Start is a government initiative to give children and families a better start in life . Age range is: 0-5yrs

SVS Directory of Local Voluntary/Community Organisations

SVS - City Shopmobility

Lilah Turtle

Tel 023 8063 1263

7 Castle Way

Fax 023 8063 1263

E-Mail: city.shopmobility@southamptonvs.org.uk

Southampton

Website: www.southamptonvs.org.uk/shopmob.htm

Hampshire SO14 2BX

Operational Times

Open Monday - Saturday 9:30am - 5pm. Cost £1.50 per day for members and £2.50 per day for non-members.

Southampton Shopmobility provides manual and electric wheelchairs and scooters, as well as a "shopping companion" service enabling people to shop and use other city centre facilities independently. The shopmobility service can be used by anyone with a walking difficulty - be it temporary or permanent. You do not have to be registered disabled to use us.

SVS - Family Projects

Di Barnes

Tel 023 8021 6060

The Voluntary Action Centre

Fax 023 8022 2929

Kingsland Square

E-Mail: d.barnes@southamptonvs.org.uk

St Mary Street

Website: www.southamptonvs.org.uk

Southampton

Operational Times

Hampshire SO14 1NW

Support for families, with children under five years of age, who have multiple health, social and emotional needs; have difficulty accessing other resources or who live in temporary/inappropriate accommodation. Regular group sessions with a project worker. Some run as a family group, others have a separate crèche. Groups include one for single male carers.

SVS - Safe In Sound

Rob Kurn

Tel 023 8021 6031

The Voluntary Action Centre

Fax 023 8022 2929

Kingsland Square

E-Mail: r.kurn@southamptonvs.org.uk

St Mary Street

Website: www.safeinsound.org/

Southampton

Operational Times

Hampshire SO14 1NW

Promotes information and dialogue around drug use and sexual health. Provides help to people in crisis. Works in informal settings: pubs, clubs, festivals. Impartial and confidential.

SVS Directory of Local Voluntary/Community Organisations

SVS - Southampton Voluntary Services

Jo Ash
The Voluntary Action Centre
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Tel 023 8022 8291
Fax 023 8022 2929
E-Mail: information@southamptonvs.org.uk
Website: www.southamptonvs.org.uk
Operational Times
Monday - Friday 9.30am-4.00pm

Promoting Voluntary Action

SVS - The Street Homeless Prevention Service

The Voluntary Action Centre
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Tel 023 8021 6000
Fax 023 8022 2929
E-Mail:
Website:
Operational Times

Accommodation advice and support for Rough Sleepers. The SHPS work on an outreach basis - the above details are for telephone only. Please ring & leave a message to arrange an appointment.

SVS - Volunteering Information

Di Bernstein
The Voluntary Action Centre
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Tel 023 8021 6015
Fax 023 8022 2929
E-Mail: d.bernstein@southamptonvs.org.uk
Website: www.southamptonvs.org.uk/volunteering.htm
Operational Times

Gives advice about volunteering and provides information about volunteering opportunities. Produces the Bulletin, the listing of vacancies. Volunteering Information Sessions held every few days at the Voluntary Action Centre. (Details of dates and times available upon request.) Please visit our website www.southamptonvs.org.uk to see the latest edition of the Bulletin and other publications. Offers advice, support, information and training on volunteering good practice. Facilitates the forum for volunteer managers, the Volunteer Co-ordinators' Group

SVS Directory of Local Voluntary/Community Organisations

SVS - Young Carers Project

Julie Marron
The Voluntary Action Centre
Kingsland Square
St Mary Street
Southampton
Hampshire SO14 1NW

Tel 023 8022 8291
Fax 023 8022 2929
E-Mail: j.marron@southamptonvs.org.uk
Website: www.southamptonvs.org.uk
Operational Times
Mon - Fri 9am - 5pm

Ensuring young carers have access to opportunities and experiences that other young people enjoy.

Swaythling Baptist Church Parent and Toddler Group

Mrs Anne Smallwood
c/o Swaythling Baptist church
Fleming Road
Swaythling
Southampton
Hampshire SO16 2JD

Tel 023 8055 6531
Fax
E-Mail: p&t@swaythlingbaptistchurch.co.uk
Website: www.swaythlingbaptistchurch.co.uk
Operational Times
Tues, 9.30am - 11.3pm TERM TIME ONLY

Parent and Toddler Group. Meets term-time on Tuesday mornings. Carers and children 0-4yrs. Toys, craft, play and stories. Regular speakers on a variety of subjects.

Swaythling Housing Society Limited

Ralph Fasey
Collins House
Bishopstoke Road
Eastleigh
Hampshire SO50 6AD

Tel 023 8062 8000
Fax 023 8062 8390
E-Mail: info@swayhs.org.uk
Website: www.swayhs.org.uk / www.orielhousing.org.uk
Operational Times

Swaythling has approximately 1,500 properties within Southampton including general purpose and sheltered housing and shared ownership homes. The society has a Housing Waiting List but many of its vacancies are filled via nominations from Southampton City Council.

SVS Directory of Local Voluntary/Community Organisations

Swaythling Youth Project

Cathy Gleeson

Tel 023 8055 4936

Fax 023 8055 4936

E-Mail:

Website:

SO16 3BE

Operational Times

Senior Youth Club Mondays & Fridays at Swaythling Youth Centre 7-9 pm. Cycle Project 6-8 pm

Tuesdays at same venue and Sound Base (digital sound recording studio) Tuesdays and Thursdays 7-9 pm at Swaythling Methodist Church.

RETURNED MAIL OUT AS REMOVE

Youth work with 14-25 year olds in Central Area of Southampton particularly Swaythling, Hampton Park and Mansbridge.

Team Phoenix Cheerleaders

Dot Perry

Tel

Fax

82 Clarendon Road

E-Mail: elwood590@aol.com

Shirley

Website:

Southampton

Operational Times

Hampshire

SO16 4GE

Teaching the skills and development of cheerleading. To develop and promote team spirit, good sportsmanship and develop good relations within the community. Elizabeth Wood (phone number as per details) is the secretary.

Teddies (Pre-School Day Nurseries)

Lorraine Smith

Tel 023 8021 1103

Fax 023 8021 1103

7/9 Roberts Road

E-Mail:

Shirley

Website:

Southampton

Operational Times

Hampshire

SO15 5DF

Open Monday to Friday, 51 weeks of the year.

Providing full day care, education, and sessional care for children aged 3 months - 5 years. Well equipped, warm and homely environment where all meals are provided.

Telling Everyone About Multiple Sclerosis (TEAMS)

Jenni Fletcher
2 The Bridge Way
Portsmouth Road
Woolston
Southampton
Hampshire

S019 9DN

Tel 023 8043 7003
Fax
E-Mail: jenni.fletcher@btinternet.com
Website: www.teams.ik.com

Operational Times

advice and training to enable the continuation of an independent lifestyle. Opening Hours: Monday to Saturday 10am to 4pm.

Promoting awareness of the illness Multiple Sclerosis and offering information, advice and support to sufferers, carers, friends and relations. T.E.A.M.S (Telling Everyone About Multiple Sclerosis) are an 'open door' to information

The Art House Southampton Community Interest Company

Paul Bickmore

178 Above Bar Street

Southampton
Hampshire

SO14 7DW

Tel 023 8023 8582
Fax
E-Mail: info@thearthousesouthampton.co.uk

Website:

Operational Times

To promote the arts by providing a space for small-scale, local and grassroots creativity; encouraging individual creative fulfilment through the provision of low cost workshops, art activities and inspiring surroundings; supporting local artists, facilitators and makers by offering opportunities to exhibit and sell their work.

The Blue Lamp Trust

Mark Bradford
C/O Hampshire Fire & Rescue Service
Leigh Road

Eastleigh
Hampshire

SO50 9SJ

Tel 0300 7770157
Fax
E-Mail: info@bluelamptrust.org.uk
Website: <http://www.>

Operational Times

The British Polio Fellowship (Southampton Branch)

Tel
Fax
E-Mail:
Website:
Operational Times
Monthly meetings

Social and welfare where necessary for polio victims. The alleviation of loneliness

The Business Advice Centre

Ravinder Chahal
123 St Mary's Road
Southampton
Hampshire SO14 0BJ

Tel 023 8033 1123
Fax 023 8033 9123
E-Mail:
Website:
Operational Times

Provides advice, support, development services and training to local businesses, most of which is free or heavily subsidised. Funded through the Regeneration Partnership, our aim is to encourage an entrepreneurial culture by providing tailor made advice, training and support.

The Butterfly FX

Lisa Calder
263 Desborough Road
Eastleigh
Hampshire SO50 5NG

Tel 023 8065 1120
Fax
E-Mail: lisa@thebutterflyfx.net
Website: <http://www.>
Operational Times

The Children's Society - Young Carers Initiative

Jenny Frank
Unit 4 - Wessex Business Park
Wessex Way
Colden Common
Southampton
Hampshire SO21 1WP

Tel 01962 711 511
Fax
E-Mail: youngcarersinitiative@childrenssociety.org.uk
Website:
Operational Times

We meet at various venues on different days, please contact us for further details or a programme.

A social club for Adult Placement Carers and their residents, living in Southampton. We meet at various venues on different days. Please contact us for further details or a programme. We aim to provide information, support and social events for adult placements, carers and their clients. We also aim to promote the benefits of adult placement as a form of care for vulnerable adults.

SVS Directory of Local Voluntary/Community Organisations

The Cinnamon Trust

Wendy Swanson

Tel 01736 757900

10 Market Square

Fax 01736 757010

E-Mail: wendy@cinnamon.org.uk

Website:

Hayle

Operational Times

Cornwall TR27 4HE

The national charity for elderly or terminally ill people and their pets. We aim to keep elderly owners and their pets together for as long as possible through a national network of volunteers. Volunteers needed for Dog walking, fostering of pets in the volunteers own home and transportation to the vets.

The Compassionate Friends

Mrs Anne Houchen

Tel 01276 31776

Flowerlands

Fax

66 Sandy Lane

E-Mail:

Website:

Farnborough

Operational Times

Hampshire GU14 9HJ

12.30pm - 2.00pm

The Compassionate Friends is a help-help organisation. Befriender are all bereaved parents offering support to other parents bereaved of their child/children of any age and from any cause. We have no religious affinities. Leaflets are available free of charge to bereaved parents but there is a charge to others.

The Door UK

Brian Sinclair

Tel 023 80581073

P.O. Box 707

Fax

E-Mail: thedoork@btconnect.com

Website:

Southampton

Operational Times

Hampshire SO18 2WJ

Working with people in prison and their families.

The Federation of Southampton's Tenants and Residents Associations

Ray Harris

Tel 023 8083 3024

Southbrook Rise

Fax 023 8083 3023

4-8 Millbrook Road East

E-Mail:

Website: www.tenantsfedsouthampton.org/

Southampton

Operational Times

Hampshire SO15 1YG

Oversee the Tenant's Association on Southampton making Southampton a better place to be for tenants/leaseholders.

SVS Directory of Local Voluntary/Community Organisations

The Friends Of Riverside Park

Stephen Harding
c/o Bitterne Park Baptist Church
49 Oak tree Road
Bitterne Park
Southampton
Hampshire SO18 1PH

Tel 023 8055 4461
Fax
E-Mail: forp@hotmail.co.uk
Website: <http://www.>
Operational Times

The Gate Christian Outreach

Sharon Hawkins
PO Box 607

Southampton
Hampshire SO17 2XQ

Tel 023 8057 2514
Fax
E-Mail: gateoutreach@googlemail.com
Website:
Operational Times

The Gate Christian Outreach

Tricia Kenyon
PO Box 607

Southampton
Hampshire SO17 2XQ

Tel
Fax
E-Mail: gateoutreach@googlemail.com
Website:
Operational Times

Night-time outreach giving drinks and snacks and engaging women with the project. A financial allowance for each, enabling us to take them food shopping a few times a year. Temporary accommodation (2 days) while hostel/refuge places being secured. Womens' Group and one-to-one spiritual growth support.

The Girls' Brigade - 3rd Southampton Company

Mrs R. B. Doswell

40 Hammonds Lane
Totton
Southampton
Hampshire SO40 3LG

Tel 023 8087 2648
Fax
E-Mail: daverofe.doswell@btinternet.com
Website:
Operational Times
Always available

We are a christian organisation attached to the Isaac Watts Memorial Church in Winchester Road, Southampton. We encourage girls from the age of upper 4 - 18 years to become followers of the Lord Jesus Christ. We work on a four-fold programme using spec files for (Hope in Latin). S-Spiritual P-Physical E-Educational S-Service are the subjects we follow making it update and interesting for our girls.

SVS Directory of Local Voluntary/Community Organisations

The Girls Brigade - Hampshire West District

Mrs R B Doswell
40 Hammonds Lane
Totton
Southampton
Hampshire SO40 3LG

Tel 023 8087 6248
Fax
E-Mail: daverofe.doswell@btinternet.com
Website:
Operational Times
Anytime

The Brigade witnesses to the standard set by Jesus Christ and gives positive teaching on the Christian attitude to life. The brigade promotes a Jesus society where all people are equally valued.

The Harbour Counselling Service

Mr James Marshall
55 Basepoint
Anderson's Road
Southampton
Hampshire SO14 5FE

Tel 02380 682000
Fax
E-Mail: secretary@harbourcounselling.org.uk
Website: <http://www.harbourcounselling.org.uk/>
Operational Times

The Jane Goodall Institute - UK

Claire Quaremdon
Orchard House
61-67 Commercial Road
Southampton
Hampshire SO15 1GG

Tel 023 8033 5660
Fax 023 8033 5661
E-Mail: info@janegoodall.org.uk
Website:
Operational Times

The Jane Goodall Institute advances the power of individuals to take informed and compassionate action to improve the environment of all living things. Aims: to increase primate habitat conservation; to increase awareness of, support for and training in issues related to our relationships with each other, the environment and other animals (leading to behaviour change); expand non-invasive research programmes on chimpanzees and other primates and animal welfare activities in general. The areas in which we are engaged are: Building up membership of JGI and serving our members, building up our guardian members (adoption of chimpanzees) and serving them. Developing the Institutes educational programme, "Roots & Shoots", in the UK. Financially supporting a variety of projects including chimpanzee sanctuaries in Africa and "tacare" a reforestation project focusing on improving the residents standard of living while promoting re-forestation, curbing soil erosion and expanding conservation education of the local population.

SVS Directory of Local Voluntary/Community Organisations

The Mayflower Singers

Martin Hall

Tel 023 8076 0332

Fax 023 8070 5397

43 Brampton Tower

E-Mail: mch@kes.hants.sca.uk

Bassett Avenue

Website:

Southampton

Operational Times

Hampshire SO16 7FB

Rehearsals on Thursdays 8:15pm at St Mary's Church in Southampton held between May to September.

A group of about 40 singers giving concerts regularly in Southampton City Centre and surrounding area. We sing a wide variety to suit all audiences from choral classics to special arrangements. A £10 membership fee is payable annually.

The Medaille Trust

Sister Ann Herritty

Tel 02380 233572

Fax

St Joseph's

E-Mail: annteresa2@tiscali.co.uk

23 Landguard Road, Shirley

Website:

Southampton

Operational Times

Hampshire SO15 5DL

PLEASE DO NOT GIVE IOUT MEDAILLE TRUST'S DETAILS OR DISCLOSE THEM TO THE PUBLIC - FOR SVS USE ONLY

To befriend and support women in prostitution and those exiting the lifestyle, irrespective of age, race, sexual orientation, creed. We aim to educate the public by dispelling myths surrounding prostitution and to raise awareness about the plight of millions of poor women and children who are trafficked. We aim to provide a safe house for women who have been trafficked into the sex industry. We aim to support and encourage the service users to work towards independant living and emotional wholeness.

The Media Workshop

Martin Reid

Tel 023 8023 1977

c/o Mount Pleasant Junior School

Fax 023 8023 1977

Mount Pleasant Road

E-Mail:

Newtown

Website: www.mpmw.co.uk

Southampton

Operational Times

Hampshire SO14 0WZ

Various

To promote social improvement with individuals and communities through creative arts and media activities.

SVS Directory of Local Voluntary/Community Organisations

The Minstead Training Project

Martin Lenaerts
Minstead Lodge
Tel 023 8081 2254
Fax 023 8081 2297
E-Mail:
Website:
Operational Times

Minstead
Lyndhurst
Hampshire SO43 7FT

The aim of the training project is to provide and deliver responsive training in work, life and social skills to people who have learning difficulties / disabilities, thus enabling them to realise their full potential and achieve a level of independence.

The Normandy Veterans Association Wessex (no24) Branch

N Gibson
Tel 023 8067 9807
Fax
E-Mail:
Website:
Operational Times

12 Pansy Road
Bassett
Southampton
Hampshire SO16 3GR

Second Monday of each month at the ex-servicemen's club - 32 Archers Road, Southampton from 12:00pm

Membership open to all who served in the Normandy campaign of 1944. Outings are arranged to places of general interest, and the welfare of members is always under consideration. Home visits are made as necessary. Social meetings

The Northwood String Orchestra

Rita Leighton
Tel 023 8055 9923
Fax
E-Mail:
Website:
Operational Times

62 Belmont Road
Southampton
Hampshire SO17 2GE

Monday evenings during term-time

A group of string players who rehearse a wide variety of orchestral string music. Usually give 3 charity concerts per year. Annual subscription, to cover room-hire etc, £30.

The Nuffield Theatre Touring and Projects

John Auger
Tel 023 8031 5500
Fax 023 8031 5511
E-Mail: john.auger@nuffield.co.uk
Website:
Operational Times

University Road
Highfield
Southampton
Hampshire SO17 1TR

SVS Directory of Local Voluntary/Community Organisations

The Parish of Bitterne LEP

Joy Jarvis
Wesley Centre
Whites Road
Bitterne
Southampton
Hampshire SO19 7NP

Tel 023 80446488

Fax

E-Mail:

Website:

Operational Times

10am-12pm Monday to Friday, unable to leave a voicemail message before or after these times. Now ran by volunteers - vs 16/02/10

Anglican Church to promote Christianity - working together as an LEP with the local Methodist Church. We work with young people, mums and toddlers, senior citizens, showing the love of God in practical as well as spiritual ways.

The Puppet Workshop

Giulia Gigliotti

14 Sherbourne Road
Highfield
Southampton
Hampshire SO17 3RJ

Tel 023 8055 0159

Fax 023 8055 0159

E-Mail: giulia.gigliotti@freeserve.co.uk

Website: www.thepuppetwork.co.uk

Operational Times

The Puppet Workshop is a Southampton-based arts initiative providing arts/recycling workshops in local schools, community centres, day centres, youth clubs and art galleries for adults and children of all ages and abilities within a caring and supportive ethos. All materials and props are recycled in line with our long-standing commitment to the environment and sustainability. We only use recycled/re-used materials.

The Rainbow Centre for Conductive Education Ltd

Helen Somerset How
The Bradbury Building
Palmerston Drive

Fareham
Hampshire PO14 1BJ

Tel 01329 289500

Fax 01329 235895

E-Mail: enquiries@rainbowcentre.org

Website: www.rainbowcentre.org

Operational Times

To enable children with motor disabilities to benefit from conductive Education techniques inspired by Andras Peto, together with the care, welfare, interest, treatment, education and advancement of those children.

The Rainbow Project

Laura Coleman
Suite 9B
Fairways House
Mount Pleasant Road
Southampton
Hampshire SO14 0QB

Tel 023 8022 3525
Fax 023 8021 5339
E-Mail: lauracoleman@tcp.co.uk
Website:
Operational Times

www.therainbowproject.co.uk

The Rose Road Association

The Bradbury Centre
300 Aldermoor Road
Aldermoor
Southampton
Hampshire SO16 5NA

Tel 023 8072 1234
Fax 023 8051 3473
E-Mail: ask@roseroad.co.uk
Website: www.roseroad.org
Operational Times
8.30 - 5.00 (4.30 Friday) Mon - Fri. For enquiries.
Services run 7 days.

Promoting the Potential of Disabled People through Quality Services

The Rose Road Association Playscheme

Pat Rose
Bradbury Centre
300 Aldermoor Road
Aldermoor
Southampton
Hampshire SO16 5NA

Tel 023 8072 1234
Fax
E-Mail:
Website:
Operational Times
10am - 3pm

We offer playschemes for children with profound multiple learning disabilities and their siblings in a caring and relaxed atmosphere. We cater for school age children and where there is a need can sometimes arrange transport.

The Royal Hampshire Regiment Comrades Association (Southampton, Eastleigh, & New Forest Branch)

John H. G. Evans
27 Roberts Road
Shirley
Southampton
Hampshire SO15 5DF

Tel 023 8063 5667
Fax
E-Mail:
Website:
Operational Times
Most times

Southampton, Eastleigh and New Forest Branch is one of eleven branches of the Royal Hampshire Regiment Comrades Association, open to all ex-members of the regiment. We are a non-profit self-financing branch with the aim to ensure the comradeship and friendship of all comrades to assist as far as able with comrades well being in all respects.

SVS Directory of Local Voluntary/Community Organisations

The Sanctuary

Ross Hoar
60 Waterloo Road
Freemantle
Southampton
Hampshire SO15 3BE

Tel 023 8022 7717
Fax
E-Mail: ross_hoar@hotmail.com
Website:
Operational Times
Monday to Sunday - 24 hours

We offer supported living to eight single homeless men who have a history of substance abuse. The house is run by Southampton Community Church and funded by Supporting People.

The Southampton Afghanistani Community Association

Mohammad Fayazi
2 Graham Road
Newtown
Southampton
Hampshire SO14 0AW

Tel
Fax
E-Mail: mjawad_fayaz@hotmail.com
Website:
Operational Times

Assists members in reading, writing, translating letters, completing forms and writing CVs. Provides support/advice on legal and immigration issues. Organises events to celebrate national dates, festivals and religious occasions. Provides information in the areas of education and training opportunities. To involve the women of the community to have equal opportunity. Organises sports events.

The Southampton Seafarers Centre

Colin Dorrington
12/14 Queen's Terrace
Southampton
Hampshire SO14 3BP

Tel 023 8033 3106
Fax 023 8021 1394
E-Mail: info@southamptonseafarerscentre.org.uk
Website:
Operational Times
Open every day 10:00am - 14:00pm and 7:00pm - 11:00pm

Provides a club for sea-farers offering games room, bar facilities, TV lounge and a chapel.

The Stroke Association

Suzie Maidment
4 Woodlands Way
Bursledon
Southampton
Hampshire SO31 8JA

Tel 023 8072 0428
Fax
E-Mail: suzie.maidment@stroke.org.uk
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

The Stroke Association

Mark Gowers
Roman Landing
35-37 St.Matys place
Kingsways
Southampton
Hampshire SO14 1AF

Tel 023 80720420
Fax
E-Mail: mark.gowers@stroke.org.uk
Website:
Operational Times

The Twilight Club

Christopher Blair
4 Bowman Court
Butts Road
Sholing
Southampton
Hampshire SO19 1RD

Tel 023 8043 4764
Fax
E-Mail:
Website:
Operational Times

A community club set up to help combat isolation in the community with emphasis on the elderly.

The Warren Centre

Debbie Haskell
Warren Crescent
Shirley Warren
Southampton
Hampshire SO16 6BR

Tel 023 8032 7802
Fax 023 8032 7802
E-Mail: debbiehaskell@warrencentre.co.uk
Website: www.warrencentre.org.uk
Operational Times
9am - 3pm Mon - Fri

Provides Adult Education, Early Years Groups, Parent Education and Basic Skills Classes. Computer Access for the Local Community in the form of Drop-Ins and Short Courses.

Thekchen Buddhist Centre

Kelsing Palmo
76 Whitworth Crescent
Bitterne Park
Southampton
Hampshire SO18 1GA

Tel 023 8055 7077
Fax
E-Mail: thekchencentre@gmail.com
Website: www.whymeditate.com
Operational Times
meditation classes on Monday and Thursday evenings 7.30 to 9 pm.

Runs Buddhist meditation classes. Classes are open to everyone.

SVS Directory of Local Voluntary/Community Organisations

Third Age Centre

Cherry Elliot
11 Cranbury Terrace
Southampton
Hampshire SO14 0LH

Tel 023 8071 1704
Fax 023 8071 1709
E-Mail: simon@thirdagecentre.co.uk
Website: www.thirdagecentre.co.uk/
Operational Times

The Centre for the Third Age provides opportunities for the city's over 50's to take part in a wide range of health, educational, social, cultural and leisure activities - all in one specially designed centre. The centre also works hard to promote intergenerational volunteering and skills exchange.

Thorner's

Mrs Marilyn Lodwick
86 Thorner's Court
Henstead Road
Polygon
Southampton
Hampshire SO15 2GU

Tel 023 8063 6772
Fax 023 8063 6772
E-Mail: thorners@btconnect.com
Website:
Operational Times
Admin Office Monday to Friday 9.00am - 5.00pm

Thorner's - Provision of accommodation for widows in limited financial circumstances. Robert Thorner Housing Association Limited - Provision of accommodation for elderly single ladies in financial circumstances.

Thornhill Art Group

Cyril Hallman
64 Douglas Crescent
Thornhill
Southampton
Hampshire SO19 5JQ

Tel 023 8039 4789
Fax
E-Mail:
Website:
Operational Times
Meetings take place at the Thornhill Baptist Church, Thornhill Park Road, Thornhill, Southampton.

To provide both leisure and learning through creative drawing and painting for the local community. The Group provides structured learning in a relaxed, friendly atmosphere for self development and personal well being.

SVS Directory of Local Voluntary/Community Organisations

Thornhill Health and Wellbeing Network

Judy Clements
Thornhill Local Housing Office
Tatwin Crescent
Thornhill
Southampton
Hampshire SO19 6JT

Tel 07557 226343
Fax
E-Mail: thornhillhealth@aol.com
Website:
Operational Times

The objects of the organisation are to assist the Thornhill Health and Wellbeing Project to improve the health and wellbeing of people living and working in Thornhill/Bitterne ward.

Thornhill Reducing Isolation Project (TRIP)

Diane Edworthy
181 Hinkler Road
Thornhill
Southampton
Hampshire SO19 6GD

Tel
Fax
E-Mail: tripthornhill@gmail.com
Website: <http://www.>
Operational Times

To reduce the isolation felt by older people and those with a disability by enabling them to access shops, markets, social and cultural activities in accessible transport and to offer, where appropriate, support with these activities.

Thornhill Senior Citizens Club

Cyril Hallman
64 Douglas Crescent
Thornhill
Southampton
Hampshire SO19 5JQ

Tel 023 8039 4789
Fax
E-Mail:
Website:
Operational Times
Tues, 12.45pm - 3.15pm

The aim of the club is to establish a happy companionship to all able-bodied and disabled citizens of the community who wish to spend a few hours on most Tuesday afternoons with their fellow members (except August). Outings are arranged and visits to hospitals or homes of sick members. During the summer months coach outings are arranged.

SVS Directory of Local Voluntary/Community Organisations

Thornhill Youth Centre

Karen Moth
Bitterne Road East
Thornhill
Southampton
Hampshire SO18 5QY

Tel 023 8046 2860
Fax
E-Mail: manager@tycentre.plus.com
Website:
Operational Times
Monday to Friday in term time.

The Centre offers a youth club on 4 evenings a week to young people aged 8 to 18. It also provides a summer club for young people. Volunteers are required to help at the clubs and we also need Volunteers who are interested in IT to work in our new UK Online Centre.

Tony Gibson Trust

Mr Willi Schumann
30 Coralin Grove
Cowplain
Waterlooville
Hampshire PO7 8QY

Tel
Fax
E-Mail:
Website:
Operational Times

Tools for Self Reliance

Jon Dunkley
Ringwood Road
Netley Marsh
Southampton
Hampshire SO40 7GY

Tel 023 8086 9697
Fax 023 8086 8544
E-Mail: info@tfsr.org
Website: www.tfsr.org
Operational Times
Mon - Fri 9am - 1pm & 2pm - 5pm

'Practical Help For Practical People'

Aims to empower artisans in working developing countries so that they can better participate in the development of themselves and their communities. To achieve this we work with local partner organisations to provide tools and skills training, and raise awareness in the UK of the causes of poverty.

Torch Trust for the Blind (Southampton)

Mr Stephen Low
104 Prince of Wales Avenue
Regents Park
Southampton
Hampshire SO15 4LU

Tel 023 8078 5930
Fax
E-Mail: torchtrustsouthampton@ntlworld.com
Website: www.torchtrust.org
Operational Times
Saturday 3pm - 5pm (once per month)

Christian literature, fellowship and personal support for visually impaired people.

SVS Directory of Local Voluntary/Community Organisations

Total Mind Relaxation

Martin McHugh
31 Cobden Avenue
Southampton
Hampshire SO18 1SU

Tel 023 8057 1249
Fax
E-Mail:
Website:
Operational Times

Townhill Park Community Association

Janet Harley
40 Broadwater Road
Southampton
Hampshire SO18 2EB

Tel 023 80 559949
Fax
E-Mail: david.harle10@ntlworld.com
Website:
Operational Times

Provide support and facilities for the regular hall users, namely Scout Group and Pre-school. Encourage other smaller groups.

Townhill Park Community Association (TPCA)

Mrs Janet Harley
40 Broadwater Road
Townhill Park
Southampton
Hampshire SO18 2EB

Tel 023 8055 9949
Fax 023 8055 9949
E-Mail:
Website:
Operational Times
Beavers, Cubs, Scouts & Venture Scouts on Mon, Wed & Fri evenings. Old Peoples Clubs on Mon & Wed Afternoons. Parents & Toddlers' Group on Thurs afternoon. Church 2nd & 4th Sunday afternoon in month. Drop-In Club Tues mornings.

TPCA is based at the community centre in Meggeson Avenue, Townhill Park. Hall is available for hire.

Townhill Park, Bitterne Park & Midanbury CAF

Arnold Robinson
10 Copsewood Road
Bitterne Park
Southampton
Hampshire SO18 1QU

Tel 023 8055 1810
Fax
E-Mail:
Website:
Operational Times

The Forum is open to all residents within the area designated by its boundaries. It aims to generate general improvements within the area or resolve problems by working with other voluntary and public bodies. The Forum committee meets regularly and is elected annually at a public meeting.

SVS Directory of Local Voluntary/Community Organisations

Tram 57 Project

Nigel Smith
3 Stag Gates
Blackfield
Southampton
Hampshire SO45 1SR

Tel 023 8089 4729
Fax
E-Mail: inigel.smith@btinternet.com
Website:
Operational Times

To support Southampton City Council in restoring the trams in its collection for public display and eventual operation

Transition Southampton

Milena Buchs
14 Maycroft Court
Hulse Road
Southampton
Hampshire SO15 2LB

Tel 023 8022 0424
Fax
E-Mail: mbuchs@gmx.net
Website: <http://www.transitionsouthampton.org>
Operational Times

Committed to working with local communities, organisations and local government to help develop positive solutions that meet the imminent challenges of fossil fuel scarcity ("Peak Oil") and Climate Change. Above all, Transition Southampton has a positive vision of a resilient future after the age of abundant fossil fuels energy.

Triumph Over Phobia

Trilby Breckman
P.O. Box 3760
Bath
Somerset BA2 3WY

Tel 0845 600 9601
Fax
E-Mail: info@topuk.org
Website: www.topuk.org
Operational Times

Turkey Helping Association (TUYAD)

Ozcan Aydin
10a Northumberland Road
Southampton
Hampshire SO14 0FD

Tel
Fax
E-Mail: ozcanaydin@hotmail.co.uk
Website:
Operational Times

To support and empower Turkish people living in Southampton by providing information, advice and education whilst maintaining and fostering their Turkish identity.

SVS Directory of Local Voluntary/Community Organisations

TWICS

Ames amef
Swaythling Neighbourhood Centre, Hampton
Park Way
Swaythling
Southampton
Hampshire SO17 3AT

Tel 023 8067 1111
Fax 023 8067 2222
E-Mail: info@twics.org.uk
Website: www.twics.org.uk
Operational Times

TWICS is an independent voluntary project which delivers and co-ordinates training for individuals and groups who want to develop skills and abilities in their communities and who want to play an active role in influencing the decisions that affect their lives and communities.

Two Saints Limited

Sally Dyde
35 Waterside Gardens
Fareham
Hampshire PO16 8SD

Tel 01329 234600
Fax 01329 234672
E-Mail: sally.dyde@twosaints.org.uk
Website:
Operational Times
9am - 5pm

Housing and Support services for single homeless people providing good quality accommodation

Two Saints Limited - Day Centre

John Callaway
30 Cranbury Avenue
Newtown
Southampton
Hampshire SO14 0LT

Tel 023 8022 7933
Fax 023 8033 0408
E-Mail: john.callaway@southampton.twosaints.org.uk
Website:
Operational Times
The Centre is open Mon-Fri 9 - 4.15pm. The Society also operates the following Services; Bourne Road (Substance Misuse), Patrick House (50 Bed Direct Access Hostel).

The Day Centre is an Open Access Day Centre for homeless people and others experiencing social disadvantage. It offers the following: Health Care, Housing Advice, Clothing Store, Bathing Facilities, Breakfast and Laundry, Basic Skills Tuition and Advice on Benefits.

SVS Directory of Local Voluntary/Community Organisations

Two Saints Limited - Patrick House

Helena Kurczynska
361 Millbrook Road East
Southampton
Hampshire SO16 SO16

Tel 023 8078 1721
Fax 023 8078 5324
E-Mail: helena.kurczynska@patrickhouse.twsaints.org.uk
Website:
Operational Times

Staff will support and assist residents towards a more settled way of life by referral to a range of supported and independent accommodation or rehab projects.

United Kingdom Islamic Mission

Mr Wasim Darr MBE
186 Priory Road
St Denys
Southampton
Hampshire SO17 2HS

Tel 023 8058 4798
Fax
E-Mail:
Website:
Operational Times

We are involved in religious, social and cultural activities. Multi faith activities. We provide information and free literature on Islam to anyone.

United Nations Association (Southampton Branch)

Miss Margaret Matthews
56 Ethelburt Avenue
Swaythling
Southampton
Hampshire SO16 3DD

Tel 023 8055 7334
Fax
E-Mail:
Website:
Operational Times
9.00am - 6.00pm

The United Association is a membership-based voluntary non-governmental organisation. We campaign educate and fundraise to help turn the ideals of the United Nations into reality. We aim to promote awareness of and support for the principles of the United Nations Charter and the worldwide work of the UN and its agencies.

Unity 101 Community Radio

Rammurti Kalyar (Kelly)
107 St Mary's Road
Southampton
Hampshire SO14 0AN

Tel 023 8023 3239
Fax
E-Mail: kelly@unity101.org
Website:
Operational Times

Empowering local people with transferable skills for social gains, enterprise and community benefit. Celebrating each Asian and ethnic groups culture through music, chat and news.

SVS Directory of Local Voluntary/Community Organisations

University of Southampton - Division of Social Work Studies

Ann Hayter
The Avenue
Southampton
Hampshire SO17 1BG

Tel 023 8059 7263
Fax 023 8023 0944
E-Mail: smc4soton.@.uk
Website:
Operational Times

We offer a wide programme of part-time courses during the day-time, evenings and weekends. New College has a special mission to widen access to higher education and to encourage and facilitate lifelong learning. For a part-time prospectus contact the Student Information Office on 023 8059 7476.

University of The Third Age

Ken Ball
8 Westrow Gardens
Banister Park
Southampton
Hampshire SO15 2LZ

Tel 023 8022 5696
Fax
E-Mail:
Website:
Operational Times

To advance the education of the public and in particular the education of middle-aged and elderly people in the area comprising Southampton and its surrounding locality.

Urban Regeneration

John McAndrew
5 Lumpy Lane
Southampton
Hampshire SO14 0NR

Tel 023 8022 5541
Fax
E-Mail:
Website: www.ukgraffiti.proboards41.com
Operational Times

Engage 12-25 year olds from Southampton and surrounding areas in educational and experiential learning focused on Art, Dance, Multi-Media and Social Conscience. To endorse young people to gain social and personal skills, appropriate peer relationships, community awareness and anti-oppressive practices.

Vedic Society Hindu Temple

79-195 Radcliffe Road
Northam
Southampton
Hampshire SO14 0PS

Tel 023 8063 2275
Fax
E-Mail:
Website:
Operational Times

The advancement of Hindu religion to promote the study of comparative religion and philosophy in the widest sense. To bring about mutual understanding, harmony and unity between eastern and western thoughts. To promote facilities for religious and cultural functions. To enable the Society to meet the day-to-day running expenses of the temple.

Victim Support - Hants & IOW Witness Service

The Courts of Justice
Southampton Combined Courts
London Road
Southampton
Hampshire SO15 2XQ

Tel 023 80330928
Fax 023 80330928
E-Mail: ws.southwestern@victimsupport-hiow.org.uk
Website: www.victimsupport.org.uk
Operational Times
Mon - Fri, 9.00am - 5.00pm

The Witness Service has trained volunteers who provide free, confidential and independent support and information in the court to enable prosecution and defence witnesses to give evidence effectively. This includes explaining court procedure, a pre-trial visit to the court if requested and a volunteer to accompany the witness into the court room if required. Children and adults with learning difficulties may receive emotional support, including home visits by contacting the Vulnerable Witness Support Service on 02392 855370 or vulnerable.witness@victimsupport-hiow.org.uk

Victim Support - hampshire & Isle of Wight

Lisa Jones
77 Leigh Road
Eastleigh
Hampshire SO50 9D

Tel 023 80237348
Fax 023 80234832
E-Mail: lisa.jones@victimsupport.org.uk
Website: www.victimsupport-hiow.org.uk
Operational Times

Victim Support has trained volunteers offering free confidential advice and support to people following a crime. People are referred to us by the police and other organisations or can make direct contact themselves. We also work to raise awareness of the rights of victims and their families and promote Crime Prevention and Community Safety.

SVS Directory of Local Voluntary/Community Organisations

VITALISE

David Bonney
Netley Waterside House
Abbey Hill
Netley Abbey
Southampton
Hampshire SO31 5FA

Tel 023 8045 5845
Fax 023 8045 5449
E-Mail: d.bonney@vitalise.org.uk
Website: www.vitalise.org.uk
Operational Times

Essential breaks for disabled people and carers. To enable disabled people and visually impaired people exercise choice, provide vital breaks for carers and inspirational opportunities for volunteers.

Wessex Cancer Trust - Jane Scarth House

Mrs Jill Dreyer
Jane Scarth House
39 The Hundred
Romsey
Hampshire SO51 8GE

Tel 01794 830374
Fax
E-Mail: janescarthhouse@btconnect.com
Website: www.wessexcancer.org
Operational Times

Jane Scarth House is a centre in Romsey for the emotional support of anyone affected by Cancer; patients, family members, carers (a free service). Offers a befriending service, 1-1 counselling, aromatherapy & reflexology.

Wessex Medical Trust

Wendy Burchall
Building 37 - Room 3107
University Road
Highfield
Southampton
Hampshire SO17 1BJ

Tel 023 8059 9028
Fax 023 8059 7373
E-Mail: wendy.burchall@wesmed.org.uk
Website:
Operational Times

To help fund medical research into common diseases carried out at Southampton University. Funding medical research projects in the form of grants to individual researchers, students and graduates.

West Itchen Community Trust

Rick Harwood
Ropewalk
53 Derby Road
Southampton
Hampshire SO14 ODJ

Tel 023 8038 8580
Fax 023 8023 6057
E-Mail: www.so14.biz
Website: www.wict.co.uk
Operational Times
9am - 5pm

Strapline: Working towards a vibrant community

Mission Statement: * To work as an independent trust to continue with the regeneration of the West Itchen area, to champion its needs and to assist the aspirations of the people living and working there. * To develop the assets of the trust and to assist other organisations in the area to bid for funds.

SVS Directory of Local Voluntary/Community Organisations

West Locality Mental Health Team

Debbie Nelson
No 6 Cannon House
Cannon Street

Tel 023 8087 8040

Fax 023 8087 8079

E-Mail:

Website:

Southampton
Hampshire

Operational Times

Duty Service is in operation between 9am and 12.30pm to deal with crisis/problems that require immediate input.

West Locality Mental Health Team is a multidisciplinary community based mental health team. It offers assessment, treatment and advice to clients experiencing severe and enduring mental health problems between the age range of 18 -65 years.

Weston Adventure Playground

Trish Liddan
Hurstbourne Place
(Behind Canberra Towers)
Weston

Tel 023 8044 5100

Fax

E-Mail: westonadventureplaygrund@fsmail.net

Website:

Southampton
Hampshire SO19 9QE

Operational Times

Wed - Sun TERMTIME Mon - Fri, HOLIDAYS

To provide safe and stimulating play activities for 5-15 year olds.

Weston Church Youth Project

Libbi Beckwith
5 Wallace Road
Weston
Southampton
Hampshire SO19 9GX

Tel 023 81780069

Fax

E-Mail: libbibeckwith@hotmail.co.uk

Website:

Operational Times

All day 9am - 6pm

To establish a community based youth project with a view to promoting the emotional, spiritual, physical and educational development of the young people of Weston.

Weston Community Developments LTD

Anna Atkinson
Whitehouse Surgery
Weston Lane
Southampton
Hampshire SO19 9GH

Tel

Fax

E-Mail: annacatherine@ntlworld.com

Website: http://www.

Operational Times

To promote any activity on weston estate southampon, that will improve residents wellbeing or promote growth of community spirit.

SVS Directory of Local Voluntary/Community Organisations

Weston Court Community Project

Bev Weir
81 Weston Court
Kingsclere Avenue

Southampton
Hampshire SO19 9LB

Tel 023 8091 5067
Fax
E-Mail: aldwifey@aol.com
Website:
Operational Times

To provide and support social inclusion of older people with mobility problems. To encourage community based projects for all older people in local area.

Wheatsheaf Trust

Jackie Powers
Wheatsheaf House
24 Bernard Street

Southampton
Hampshire SO14 3AY

Tel 023 8023 7662
Fax 023 8023 7651
E-Mail: info@wheatsheaftrust.org
Website: www.wheatsheaftrust.org
Operational Times
City Drop in: 1pm - 4.30pm (Monday, Tuesday and Friday)
Millbrook: 1pm - 4.3pm (Monday, Wednesday and Friday)

Dedicated to promoting social inclusion, economic development and life long learning

Who made your pants

Becky John
Fairways House
Mount Pleasant Industrial Estate
Mount Pleasant Road

Southampton
Hampshire SO14 0QB

Tel 023 80225536
Fax
E-Mail: fundraising@whomadeyourpants.co.uk
Website: <http://www.whomadeyourpants.co.uk>
Operational Times

Education, Advisory and social support offered to women, co-op members only at this stage.

Winchester Diocese

Jane Fisher
The Diocesan Office
Old Alresford

Winchester
Hampshire SO24 9DH

Tel 01962 737347
Fax
E-Mail: siona.jessery@winchester.anglican.org
Website:
Operational Times

Womens Institutes - Hampshire County Federation

W.I. House
56 Hyde Abbey
Winchester
Hampshire SO23 7DB

Tel 01962 852721
Fax 01962 864731
E-Mail: hants.cfwi@btconnect.com
Website:

Operational Times

BASSETT - meets at All Saints Church Centre on 2nd Wed 7.45pm BITTERNE - meets at St Johns Hall, Dean Road on 3rd Thur 1.45pm HATCH GRANGE - meets at Parish Centre, West End on 3rd Wed 7.30pm. LORDSWOOD - meets at Community Centre on 2nd Fri 7.30pm WES

Make friends, enjoy music and drama, arts and crafts, public affairs, home economics, a wide variety of sports - a very wide range of activities - available through the W.I. W.I.s provide friendship and learning.

Womens Royal Army Corps Association

Mrs Lin Jenkins
32 Springford Crescent
Lordwood
Southampton
Hampshire SO16 5LE

Tel
Fax
E-Mail:
Website:

Operational Times

Meetings held first Wednesday of each month at Ex-Servicemen's Club, Archers Road, Southampton 7.30 - 9.30pm.

Incorporating ex ATS. Comradship meetings, annual dinner, area and national re-unions, twice annual association magazine.

Woodlands Community Team

Pippa Wood
Minstead Avenue
Harefield
Southampton
Hampshire SO18 5FW

Tel 023 8047 4866
Fax 023 8046 2342
E-Mail: info@woodlands.southampton.sch.uk
Website: <http://www.woodlands.southampton.sch.uk/>

Operational Times

To enable all individuals to realise their potential through learning. Community outreach work, supporting groups, providing learning opportunities for adults.

SVS Directory of Local Voluntary/Community Organisations

Woolston Community Association

Phil Emery
39 West Road
Woolston
Southampton
Hampshire SO19 9AH

Tel 023 8090 6011
Fax
E-Mail:
Website:
Operational Times

Community association for the benefit of residents of Woolston and district. Managing Woolston community centre, Church Road. Putting on varied community social events, e.g. festivals, dances, barbecues, barn dances.

Woolston Community Pre-School 1&2

Penny Maria Bailey
25 Lyndock Place
Woolston
Southampton
Hampshire SO19 9DJ

Tel 02380 433746
Fax
E-Mail: penandroo@talktalk.net
Website:
Operational Times

To enhance the development and education of children primarily under statutory school age by encouraging parents to understand and provide for the needs of their children through community groups.

Woolston Players

Andy Downer
United Reformed Church Hall
Bridge Road
Woolston
Southampton
Hampshire SO19

Tel 023 8057 5750
Fax
E-Mail: LluminART@ymail.com
Website: [http://www.](http://www.woolstonplayers.co.uk)
Operational Times

Workers' Educational Association - Southampton Branch

Derek Metters
c/o Sure Start Central First Floor
St. Mary's Road

Tel 023 8022 4944
Fax
E-Mail: southampton@wea.org.uk
Website:
Operational Times

Southampton
Hampshire

The WEA (Worker's Educational Association) is a national voluntary charity organising adult education on a non-vocational, non-sectarian, non-party political basis. It is recognised by the Further Education Funding Council nationally. Soton branch is not grant aided. Its programme of courses at several centres is normally on a weekly basis, daytime or evening, with the main body of work starting in the Autumn and subsidiary groups in the spring and summer. Wide range of subjects covered in the 'liberal' field and details may be obtained from public libraries in Soton and surrounding areas. Branch membership for those wishing to support the work of the association. Also arranges social events (e.g. concerts).

WRVS (Southampton)

Wendy Shone
Oakwing House
Swan Lane

Tel 01962 852329
Fax 01962 842241
E-Mail: enquiries@wrvs.org.uk
Website: www.wrvs.org.uk

Winchester
Hampshire S023 7AA

Operational Times

WRVS in partnership with the public and private sectors aim to be the premier provider of voluntary assistance to those in need of care in our local communities. Provides: Books on wheels, Magistrates Court Tea Bar, Southampton WRVS Friendly Club, Blood Donor Clinics, Emergency Services in Southampton, Meals on Wheels, Parent & Toddler Clubs, Luncheon Clubs.

WWF (World Wide Fund for Nature) Southampton

Ms Kristina Roefs
26 Bassett Green Village

Tel
Fax
E-Mail:
Website:

Southampton
Hampshire SO16 3LZ

Operational Times

Conserve nature. Ensure that the world's natural resources are not plundered to destruction. Encourage people to adopt lifestyles that reduce pollution and consumption to a minimum.

SVS Directory of Local Voluntary/Community Organisations

Wyndham Court Residents Association

Brenda Russell
149 Wyndham Court
Commercial Road
Southampton
Hampshire SO15 1GU

Tel 07974 492937
Fax
E-Mail: brussell188@aol.com
Website:
Operational Times

To promote the interests of all residents of the area and to assist in maintaining good relations between all members of the community.

YMCA

Tony Frowd
George Williams House
Cranbury Place
Southampton
Hampshire SO14 0LG

Tel 023 8022 1202
Fax
E-Mail: admin@southampton.org.uk
Website:
Operational Times

Training in youth work and child care is available along with advice and counselling. Nursing facilities will be available in the near future.

YMCA Fairthorne Group

Garry Thomasson
Fairthorne Manor
Curdridge
Southampton
Hampshire SO30 2GH

Tel 01489 785228
Fax
E-Mail: info@ymca-fg.org
Website:
Operational Times

Champion and add value to young lives by providing experiences that challenge, enable and develop the individual.

Young Arthritis Care (Eastleigh)

Ms Gail Loynes
29 Monks Brook Close
Eastleigh
Hampshire SO50 9NQ

Tel
Fax
E-Mail:
Website:
Operational Times

SVS Directory of Local Voluntary/Community Organisations

Your Voice Advocacy

Siven Rungien
Portman House
53 Millbrook Road East

Southampton
Hampshire SO15 1HN

Tel 023 8023 8155
Fax
E-Mail: siven@hampshireadvocacy.org.uk
Website:
Operational Times

To provide a good quality advocacy service for older persons 65 years and over who may be vulnerable/or unable to take care of themselves.

(formerly known as Hampshire Advocacy Reference Group)

Youth and Families Matter

Mrs Kelly Price
c/o Testwood Baptist Church
288a Salisbury Road
Totton

Southampton
Hampshire SO40 3LZ

Tel 023 8086 0320
Fax 023 8066 9550
E-Mail: info@youthandfamiliesmatter.org.uk
Website: www.youthandfamiliesmatter.org.uk
Operational Times
The TFM office is open from 9-5pm on weekdays.

Youth and Families Matter is the initiative of Testwood Baptist Church who formed a partnership with Spurgeon's Child Care back in 1993. YFM aims to meet the increasing needs of young people and families in the local community. Through support, group work, courses and practical help we are committed to working with individuals and families to help maximise their opportunities.

Youth Clubs - Hampshire and Isle of Wight

Andy Upson
St Thomas Centre
20 Southgate Street

Winchester
Hampshire SO23 9EF

Tel 01962 852307
Fax 01962 844483
E-Mail: ce.ychiow@gmail.com
Website:
Operational Times

We run a county based programme designed to enrich the experiences offered to young people in order to encourage them to develop physically, mentally and spiritually. This programme includes sporting activities and team building exercises. We are an association of approximately 130 Youth Clubs and projects in Hampshire and the Isle of Wight involving some 17,500 young people and 900 youth workers.

SVS Directory of Local Voluntary/Community Organisations

Youth Information Project

Roy Ford
Room 6 Northam Centre
Kent Street
Northam
Southampton
Hampshire SO14 5SP

Tel 023 8023 5564
Fax 023 8023 5564
E-Mail: roy.yip@realneil.co.uk
Website:
Operational Times

Creating a voice for the youth of Southampton by consultation and information.

Youth Offending Team

Sue Hutton
33 Selbourne Avenue
Harefield
Southampton
Hampshire SO18 5DZ

Tel 023 8046 3336
Fax 023 8047 0060
E-Mail:
Website:
Operational Times

Statutory agency working with Young Offenders aged 10-17years.