



British Red Cross

Get Involved

By learning a few simple first aid skills

YOU could make a real difference

to someone's life



What would you do?

If someone nearby were in crisis

How would you respond?

Anyone can be a life saver, given the right skills

Southampton Voluntary Services in partnership with the British Red Cross are providing courses to empower you with skills, knowledge and most importantly the confidence

British Red Cross 'Everyday First Aid' Course

At Southampton Voluntary Services
Kingsland Square St Marys Street Southampton

10 am - 3 pm

Dates to be confirmed

To reserve a place

Call Karen Ringwald on 023 80216037

Limited numbers only!

No test or writing involved.

**This is a recognition of learning you will
receive a certificate of attendance**